

St. Bede's Catholic College

Specialist Science and Sports College



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LOUIS PRICE DEFEATS ENGLAND NUMBER 1 TO WIN MAJOR CHAMPIONSHIPS

Congratulations to Year 8 pupil **Louis Price** who showed great composure to win the U13's title at the East Midlands 4 Star Junior Table Tennis Open last Saturday. The competition, which is seen as one of the 'majors' in the UK Table tennis calendar, saw Louis come away with the top prize!

Having progressed safely through his group, Louis played Wales Number 1 Louie Evans in the quarter finals, Thomas Rayner from Durham in the semi-finals which then set up a Final against the England number 1, in both the under 13's and under 15 age groups, Jamie Liu. To the surprise of the large crowd, Louis won convincingly 3-0.



Following intense training with the Swiss National Team over the Christmas period Louis is now looking forward to playing in the Junior British League, the Bath Grand Prix as well as International tournaments in Hungary and at the Swedish Open in February. Good Luck Louis!

ESU CHURCHILL NATIONAL PUBLIC SPEAKING COMPETITION - SUCCESS

Following a successful first round in November, two teams from St Bede's participated yesterday evening in the **Bristol Final** of the **ESU Churchill National Speaking competition** at QEH. Both teams competed against speakers from Badminton, QEH, Red Maids', Colston's and Castle school.

In a close competition both **St Bede's Team 1** with Red Maids' team were selected to go through to the **Regional Final in Devon** in March. Congratulations to **Peter Savery, Daniel Layden** and **Daniel Long**.

In addition **Peter Savery** was awarded **Best Speaker** on the evening with a highly thought provoking speech entitled: **"Can we no longer trust the experts."**

St Bede's Team 2 consisting of **Gabrielle Forster, Shanaz Sharonsenthil** and **Jansen Roy** performed admirably and are deserving of huge praise.

St Bede's was the only school to have two teams selected for the Bristol Final.



DATES FOR YOUR DIARY

18th JANUARY 2017

Year 9

Meningitis Vaccination

20th JANUARY 2017

Year 13

Mock Exams end

26th JANUARY 2017

6.30pm Year 8

Curriculum Evening

30th JANUARY 2017

Week of

Year 12 Exams

2nd FEBRUARY 2017

Year 11

Parents Evening

4.30pm—7.30pm

Clothes for a Cause

Thank you to all who contributed to Clothes for a Cause over the last few weeks.

HORSE RIDING LESSONS

We were pleased last week to hear we have received funding to offer pupils aged 14 or over riding lessons at Avon Riding Centre in Henbury.

The lessons will take place on Thursdays after school and will cost £10 per lesson.

For further information, pupils should see Miss Bassett.

DUKE OF EDINBURGH

Ms Hughes was delighted this week to present our Year 11 and Sixth Form students their certificate and badge following successful completion of the Duke of Edinburgh Award. Students have been working over the last year to complete their Bronze and Silver awards.



Congratulations to: **Amelia Villiers-Prosser, Rebecca Lowe, Caitlin Baber, Naoimh Dolan, Darragh Sinclair, Daniel Long and Samuel Brady** who achieved Bronze and **Lachlann Peacock, Joseph Gilbert, Ruby Fernandez and Jade Merry** who achieved Silver.

IRELAND RUGBY SUCCESS



Congratulations to past pupil **Iwan Hughes** who received his first cap for Ireland in the U18 European Sevens Championship recently. Iwan has since spent time in a training camp in Dublin and played against Portugal with the team.

We were thrilled that Iwan has given us his Ireland shirt which will be framed and placed in our Sports Department alongside **Rugby England International** and past pupil **Joe Joyce** and **Bristol Rovers** footballer and past pupil **Joseph Anyinsah**.

INSPIRATIONAL TEACHERS AWARD

It was with great delight that we heard that **Mrs Lindsay**, our Religious Formation and Law teacher has been nominated for a **University of Oxford Inspirational Teachers award**. Mrs Lindsay was nominated for raising aspirations and fuelling enthusiasm in A Level Law by ex pupil **Carys Greenaway** who left **Areté** in July having secured a place to study **Law at Oxford University**.

In her letter of nomination, Carys wrote: *'I would like to nominate Mrs Lindsay so she can receive recognition for all the help and motivation she has given to enable me to exceed my expectations of exam results and university. Although we may not have appreciated her enthusiasm on a Monday morning, Mrs Lindsay was constantly full of energy and excited to help us understand Law.'*

Congratulations Mrs Lindsay and long may you continue to inspire.

YEAR 8 BOYS NATIONAL CUP FOOTBALL DREAM IS OVER FOR THIS YEAR

Our Year 8 boys national cup journey ended on Tuesday of this week after a 2 - 0 defeat at The Forest School in Reading in Round 6 of the competition. Roared on by over 300 spectators, St Bede's settled quickly and looked comfortable passing the ball around on a damp pitch. Goal chances were very few and with their first shot at goal The Forest School scored late in the first half. More of the same followed in the second half and despite creating more chances we only troubled their goalkeeper once, with a shot from **Dylan Kadji**, outside of the box. As is always the case, as St Bede's chased the game late on, they were caught on the break and a second goal was conceded and the game lost.

The boys should be very proud of their efforts this year as when they started their journey back in September **over 670 schools** were in the competition. This fixture was a **last 32** game.

A special mention and thank you to the two parents who travelled down to support the boys, it was very much appreciated.

YEAR 9 UPPER SCHOOL CURRICULUM EVENING

Our Year 9 Upper School Curriculum evening was held yesterday evening and attracted large numbers of pupils and parents.

Ms Hughes spoke about the choices for pupils entering Key Stage Four in September and outlined the changes to the GCSE grading system.

Year 9 Parents Evening is on 16th March where parents will get the opportunity to discuss their child's progress with teachers and ask any questions relating to option choices.

Option forms must be returned by 21st March 2017.

READING WELL

SHELF HELP BOOKS FOR YOUNG PEOPLE'S MENTAL HEALTH

Bristol Libraries have been given funding by the local health authority to provide free collections of the Reading Well Shelf Help books in public libraries and secondary schools. *'Shelf Help Books for Young People's Mental Health'* recommends books for 13-18 year olds with advice and information to help young people understand and manage their mental health, wellbeing and emotional resilience.

The collection of 32 books are now available in the College Library. Further information can be found at: <http://reading-well.org.uk/>

THE LITTLE SHOP OF HORRORS

Following the successful auditions for this years production of **'The Little Shop of Horrors'** the cast has now been decided. Rehearsals started yesterday and we are all very excited. We will continue to update you in future newsletters.

Miss Calcaterra and Mr Lewis.



Revision guides

We are now taking orders for Science Revision Guides for the **NEW GCSE AQA specification for Year 10**. Order forms can be collected from the prep room – B9 and must be returned to the Finance Office. Last date for orders is 27th January for delivery before February half term. Thank You.

CONSULTATION ON ADMISSIONS POLICIES 2018-2019

The Trustees of St Bede's Catholic College are consulting on the main school Admission Policy and the Sixth Form Admissions Policy for the academic year 2018-2019.

The proposed policies and a map of the catchment area can be found on the school website www.stbedesc.org.

If you require a paper copy please contact the school office on 0117 377 2200. The consultation period runs from 14th December 2016 to 25th January 2017. If you have any comments you would like to make about the policy please e-mail them to c.walker@stbcc.org

EUROPEAN DAY OF LANGUAGES

*"If you talk to a man in a language he understands, that goes to his head.
If you talk to him in his language, that goes to his **heart**."*

Nelson Mandela



The Modern Foreign Languages Department organised a languages day today. They wanted to celebrate the importance of learning a language and also heighten awareness of the cultural richness that speaking another language can bring. As part of the day, students who are bilingual, came forward to be part of a short video to show how their language sounded (which would be shown during tutor time).

The languages spoken in the video were numerous; Portuguese, Spanish, Polish, French, Dutch, Romanian, Lithuanian, Italian, Tagalog, Mandarin Chinese and Malayalam. We were very pleased and grateful for their input. During morning registration, pupils were also given a quiz based on different cultures.

Teachers were asked to design and display a poster on their door. They could choose to mention a country that they had visited that had made an impression on them and why, or a language they would like to learn and why. Judging by the numerous posters, we have a well- travelled staff!

Croissant and pain au chocolat were on sale at break time with year 11 pupils serving and speaking in French. At lunch time, pupils had the choice of joining in with salsa dancing (a good way to work off those French pastries!) or watching a Japanese animated film.

All staff were encouraged to greet pupils in different languages at the start of the lessons throughout the day. It has been a really enjoyable day.

LETTERS TO OUR HEROES

Back in September, Year 7 pupils were writing letters to their heroes.

It has been fantastic to come back to school after the Christmas break and find that some lucky pupils have received responses from the authors who they wrote to.

The English department have thoroughly enjoyed reading letters from **David Walliams** and **J. K Rowling**! It is so exciting to see our Year 7 pupils becoming inspired by the authors whose books they love to read.

Left: **Caitlyn Ioele** and **Hannah Orrow** with their letters from David Walliams and **Mara Lancaster** with her letter from J.K Rowling.

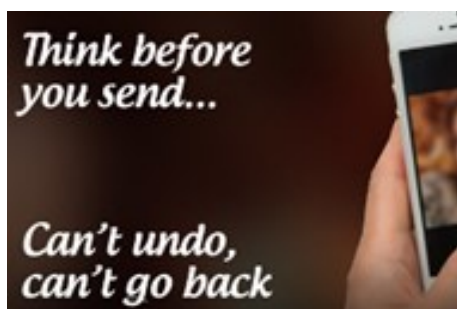


YEAR 10 FACE THEIR PHOBIAS IN PSYCHOLOGY LESSONS

Year 10 Psychology pupils came face to face with their worst phobias during a psychology lesson on atypical behaviour yesterday. Tom, from Eco Animal Encounters Bristol, visited St Bede's with a range of animals including a 10ft python, tarantulas and jungle frogs. During the course of the lesson we explored possible therapies used to combat phobias. Treatments included Systematic Desensitization, Implosion Therapy and a technique known as Flooding which involves immersing a client in their fear!



SAFEGUARDING SPOTLIGHT



Would you take a child out late at night, drop them off at a place they have never been to before, with people they have never met and without taking anyone's contact details? Almost certainly not, yet that is what many people do on-line, leaving children un-supervised in a potentially dangerous place"

Nick Robinson – Radio 4 Today Programme 05/01/17

Do you think you know enough about who can see and use the images and information you send or upload?

The findings of a project called 'Growing Up Digital' has been released recently by the Children's Commissioner for England. The report found that Children and young adults do not always understand what happens to photographs and personal information sent on social media. Another issue is that many find the rules that you sign up to when you use apps are far too complicated to be understood. Pupils at St. Bede's will continue to learn about how to stay safe on-line in their ICT and PSHCE lessons, including how to use privacy settings and understand the dangers of sending and receiving images and video content on-line.

Two key points to help to keep you safe on-line

Guard personal information: Never post any personal information - your address, email address or mobile number - publicly online. Just one piece of personal information could be used by a complete stranger to find out even more. If you want to include your birthday in your profile it's safer not to actually display it publicly - providing your full date of birth makes you more vulnerable to identity fraud.

Photos and videos: Be very careful about which photos and videos you share on social media sites - avoid photos of your home, work, school or places you're associated with. Remember, once you've put a picture of yourself online, other people may be able to see it and download it - it will not just be yours any more, and could be sold on to a stranger.