

St. Bede's Catholic College

Specialist Science and Sports College

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Newsletter

Issue 352 20th July 2023

MESSAGE FROM PRINCIPAL

As we come to the end of another academic year, I take stock and reflect on the successes of the year.

The Catholic Life of the college continues to thrive, with student leadership across prayer and worship increasing in all year groups. Our joint understanding of Catholic Social Teaching has grown, as well as how we can practically apply it in our daily lives.

Students have welcomed the new College Council and celebrated our first Culture Week. Residential trips to Germany, Switzerland, Iceland, Italy, Spain and Austria were a great success.

The Arts continue to flourish with choirs, band, School of Rock and the art shows highlighting the talent and the inclusivity of our work in this area.

Sports participation continues to increase and students have had success at city, regional and national level in sports including football, netball, rugby, cricket and athletics.

Each student has had their own personal journey through this year, with highs and lows, successes and disappointments, supported throughout by their friends and our staff.

I also want to use this opportunity to wish our best to students and staff that are moving on to pastures new this summer. They have all brought their own personality and gifts to our community and we know they will go on to many future successes.

PRAYER FOR THE END OF THE SCHOOL YEAR

At the end of this school year we give thanks to God:

For all the teaching and learning that has taken place in our school, both in and outside the classroom,

For the talents and gifts that have been shared and the challenges that have been faced;

For the respect and care that has been given.

For the faith that has been lived in our daily struggles,

For the hope that has lifted our hearts on the dark days

And for the love that has kept us going.

We give thanks for the community that we are, and we ask you Lord—

Bless us all, pupils and staff

Bless our families as we take our holidays.

Pour out your love on us that we may return renewed and refreshed to continue our journey together.

Amen.



REFLECTION—22nd July Feast of St Mary Magdalene

St. Mary Magdalene is one of the greatest saints of the Bible and a legendary example of God's mercy and grace. The precise dates of her birth and death are unknown, but it is known that she was present with Christ during his public ministry, death and resurrection. She is mentioned at least a dozen times in the Gospels.



The Gospels agree that Mary was originally a great sinner. Jesus cast seven demons out of her when he met her. After this, she told several women she associated with and these women also became followers.

During Jesus' ministry, it is believed that Mary Magdalene followed him, part of a semi-permanent entourage who served Jesus and his Disciples.

Mary likely watched the crucifixion from a distance along with the other women who followed Christ during His ministry. Mary was present when Christ rose from the dead, visiting his tomb to anoint his body only to find the stone rolled away and Christ, very much alive, sitting at the place they laid Him. She was the first witness to His resurrection.

Reflection:

"The story of Mary of Magdalene reminds us all of a fundamental truth... A disciple of Christ is one who, in the experience of human weakness, has had the humility to ask for his help, has been healed by him and has set out following closely after him, becoming a witness of the power of his merciful love that is stronger than sin and death."

Pope Emeritus Benedict XVI

Prayer: Prayer from the Feast of St Mary Magdalene

O God, whose Only Begotten Son entrusted Mary Magdalene before all others with announcing the great joy of the Resurrection, grant, we pray, that through her intercession and example we may proclaim the living Christ and come to see him reigning in your glory. Amen

ST BEDE'S SUCCESSFUL IN SECURING SSAT LEADERSHIP LEGACY PROJECT

We are delighted that Miss Brooks has been accepted onto the prestigious Leadership Legacy Project by SSAT, the Schools, Students and Teachers network.

She will be part of an impressive group of future education leaders from across the country designated as SSAT Leadership Fellows. Successful Leadership Fellows are all in their first 2-5 years of teaching and have been selected by their headteachers as already showing the potential to become outstanding school leaders. Involvement in the programme demonstrates the college's commitment to developing the next generation of system leaders.

We already know the impact of this project at an individual level is very impressive. Leadership Fellows enrolled on previous years' programmes have achieved increased leadership responsibilities at an early career stage, through exposure to a wide range of knowledge and information which boosts confidence levels. We also know the activities that the Fellows undertake have impact at classroom and whole school level and bring additional benefits in terms of whole school performance.

ssat
the schools, students and
teachers network

STAFFING

As we approach the end of the year, we have 10 staff who are leaving us for pastures new.

Ms F D'Arcy
Support Teacher
Retirement

Miss L Simpson
SENDCO and English Teacher
Moving to a new school

Miss L Wade
Community Sports and PE Teacher
Moving to a new school

Miss C Hayre
Science Teacher
Moving to a new school

Dr J Walsh
Science Teacher
Moving to a new school

Ms C De Wit
Learning Support Assistant
Moving to a new school

Mr S Rutherford
English Teacher
Moving to a new school

Mr I Hicks
Academic Mentor
Seeking a new adventure

Miss H Cox
Science Teacher
Moving to a new school

Miss I Wilkinson
Learning Support Assistant
Training to become a Teacher

Mr E Jones
Cover Supervisor
Training to become a Teacher

Our sincere thanks for the service of all staff leaving, and our good wishes go with them, particularly **Francesca D'Arcy** who has served St. Bede's for 23 years.

Fran has been an incredible source of support, advice and guidance for so many of our young people as well as a fabulous colleague who will be sorely missed.

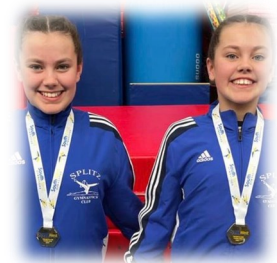
In the next newsletter we look forward to sharing with you the names of the new staff who will be joining us.



ST BEDE'S WAY SPOTLIGHT

Work Hard, Be Kind and Do the Right Thing

The St. Bede's Way Spotlight identifies someone who stands out as exemplifying one of our three St Bede's Way principles of "Work Hard. Be Kind. Do the Right Thing."



This week the spotlight falls on year 7 students, **Jasmine** and **Maisie**.

Jasmine and Maisie have been a part of Splitz Gymnastic Club in Weston Super Mare for four years, tumbling and competing.

After competing in the **South West Tumbling competition** recently, we were delighted to hear that both girls were successful at achieving Gold!

Congratulations Jasmine and Maisie, your hard work exemplifies our St Bede's Way principles. We are proud of you.

DATES FOR YOUR DIARY 2023

21st July
INSET DAY

Last Day
of Term 6

17th August

A Level
Results Day

24th August

GCSE
Results Day

1st September

INSET DAY

4th September

INSET DAY

5th September

Students return
to college



BARCELONA TRIP

Last week, during the College's Enrichment week, 50 Year 8 and Year 9 students travelled to Barcelona.

A varied programme of activities was on offer, including a visit to Camp Nou, the famous Basilica - Sagrada Familia, Gaudi's house and the surrounding area of Parc Guell. The students also visited the Gothic quarters of the city, walked down Las Ramblas and had an opportunity to visit the famous indoor market, La Boqueria. A quick trip to the beach was a welcome treat, where they could relax and kick a ball.

The final day was a fun-filled trip to the theme park Portaventura.

Despite the scorching heat, all had a fantastic time and enjoyed their Spanish experience.



DESCARTES AND PASTEUR 'SLEEP OUT'

Last Friday Descartes and Pasteur joined forces, once again, to embrace a challenging experience by sleeping out over night. The idea was for pupils from years 7 to 10 to sleep under the stars and out of our comfort zone.

However, thanks to the British weather we ended up in corridors and window sills (still out of our comfort zones!) to raise awareness, and funds, for Shelter. We are really looking forward to further events to support the charity and the many homeless in Bristol.



LEADING ROLE FOR ARETÉ STUDENT

Congratulations to Areté student **Henry**, who recently played Marius in Les Misérables at The McMillan Theatre in Bridgewater.

Areté students had a wonderful time at the theatre supporting him. Well done Henry!



WORLD CHAMPIONSHIP QUALIFICATION

Congratulations to year 7 student **Tia**, who along with her Dance Company BellaTrix, has qualified for the Hip Hop World Championships. The competition will take place in Florida in April 2024. Tia, this is a tremendous achievement! Well done!



RESULTS DAY AND SIXTH FORM ENROLMENT

A Level Results Day — Thursday 17th August

From 8.15am on Thursday 17th August, students will be able to log on to UCAS track to check the status of their application.

Year 13 results will be available to collect from Lecture Theatre from 8.30am to 11.00am

GCSE Results Day — Thursday 24th August

GCSE Results can be collected from the college between 9.00am—11.00am

Sixth Form Enrolment and confirmation of your place within the Sixth Form will happen on Thursday 24th August, once you have collected your GCSE results.

Where students have met the entry requirements for the Sixth Form and the subjects they have selected to study, there will be an online form to complete from home. Entry requirements can be found under the Sixth Form tab on our website. Enrolment will close at 4pm on Friday 25th August. Please ensure you have enrolled by this deadline in order to secure your place. Late applications to enrol will only be accepted subject to the availability of places and we are expecting to be oversubscribed this year so encourage you to enrol early. Course places are subject to spaces in the class being available, as well as entry requirements. Please enrol early to avoid disappointment.

For students who have not met the Areté entry requirements for the subjects they would like to study, there will be a slip in the results envelope asking you to stay on the College site for further discussion in E5 (the computer suite)

ENRICHMENT WEEK 2023

What a week! Enrichment Week 2023 did not disappoint!

With 26 Master Classes, 3 residentials, 3 off-site visits, 8 external visitors, sport and Harry Potter Day, St. Bede's students certainly had a breadth of new activities to try!

It was wonderful to see students and colleagues so engaged in every activity taking place across the College and I think some were very surprised at sessions they enjoyed and talents they didn't know they had! Well done all!

Now to start planning Enrichment Week 2024!



SEACOLE CHARITY EVENT

On 22nd June, over 60 pupils and staff representing Seacole House took part in a colour run at the school. Together we have raised over **£420** and have plans to reach a new target of £500 in September. Our chosen charity is Children's Hospice South West.

Thank you to all who took part and helped out on the day.

Have a lovely restful summer and see you in September.

Mrs Turri



CAMBRIDGE CHEMISTRY CHALLENGE

This term some Year 12 chemistry students have been taking part in the 'Cambridge Chemistry Challenge' This is an Olympiad style competition which is specifically tailored for the Year 12 curriculum – providing an extra challenge to our most able students. This competition aims to stretch and challenge students interested in chemistry, taking them significantly beyond the syllabus and encourages them to think about the subject in the way they would at university.

When the students first encountered a past paper, the questions were very difficult and initially they all felt very daunted by the prospect of taking part. However, with a lot of hard work and preparation we were delighted that this year's cohort achieved the best results ever from St Bede's!

In total, 8 students received a certificate – including two students who came in the top 10% nationally. We are incredibly proud of their hard work and effort that led to the achievements of all those who took part. These students will now be looking ahead to compete in the Chemistry Olympiad in January, where we hope they can repeat their success!



**ADVERT TO SUPPORT OUR COLLEAGUES
WITHIN THE NEWMAN CATHOLIC TRUST**

Lead Governance Professional



At an exciting time for their Trust, the Board of Directors at the Cardinal Newman Catholic Educational Trust presents an exceptional opportunity for an experienced clerk to become their Lead Governance Professional.

A full job description and person specification are available on the Newman Catholic Trust website: www.newmancatholictrust.com, or can be requested via enquiries@newmancatholictrust.com

EXTENDED PROJECT QUALIFICATION

Last week the Year 12 EPQ (Extended Project Qualification) students attended a session with Dr Rob Joy from the University of Southampton, who delivered a practical and informative workshop on how to write their EPQ. This was really helpful to the students, as they have the huge task of writing the first draft of their 5,000 essays over the summer holiday. Students also wisely used the opportunity to get History and Politics advice from Dr Joy.

Good luck to Year 12 students writing those essays over the summer. We are looking forward to reading them.

UNIFORM

In order to support families with the **collection of uniform**, the college reception will be open from 9.00am to 3.00pm on **Monday 4th September**. All uniform orders should be made via SCOPAY prior to these dates.

If your child has borrowed college uniform from reception this term, please do ensure that it is returned to college as soon as possible.

If you have any uniform items that no longer fit, please do consider passing it onto the college so that we may use this for spares. We would be most appreciative of PE kits including shorts and blazers/ties.

HOLIDAY ACTIVITIES

Families in Focus and Bristol City council have put together a booklet of activities taking place in the summer for families in Bristol.

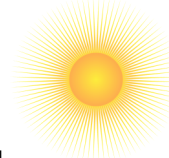
To view the information please click [here](#)

REVISION GUIDES

Congratulations to our students who have completed the 'exam season'.

If you have borrowed CGP Revision guides etc from the English Faculty - please return these so they can be used next year.

SAFEGUARDING SPOTLIGHT SUN SAFETY



NHS Advice for adults and children on sunscreen and sun safety in the UK and abroad.

Sunburn doesn't just happen on holiday – you can burn in the UK, even when it's cloudy. There's no safe or healthy way to get a tan. A tan doesn't protect your skin from the sun's harmful effects. Aim to strike a balance between protecting yourself from the sun and getting enough vitamin D from sunlight. Sunburn increases your risk of skin cancer.

Sun safety tips

- spend time in the shade when the sun is strongest. In the UK, this is between 11am and 3pm, March to October
- make sure you never burn
- take extra care with children

Wear Sun-Screen

- Don't rely on sunscreen alone to protect yourself from the sun - cover up with suitable clothing.
- When buying sunscreen, the label should have: a sun protection factor (SPF) of at least 15 to protect against UVB at least four-star UVA protection
- Make sure the sunscreen is not past its expiry date. Most sunscreens have a shelf life of two to three years.

ST BEDE'S HAS REDUCED ITS CARBON FOOTPRINT!

A new heating system was introduced at St Bede's in March 2022, which uses solar panels to generate power instead of using our old oil powered boiler.

Now the first year is complete, we have calculated we have saved 147 tonnes of CO2 equivalent. These emissions are the same as driving 882,000 miles in a diesel car.

We are proud of this improvement, but continue to look for ways to make the college more sustainable.

LUNCH MEALS NEW PRICES FOR SEPTEMBER 2023

The college's catering provider, Chartwells, has updated us with the prices for lunch meals from 1st September 2023. Other items will rise by a similar percentage.

Main meals, including halal and special diet meals, will now be £2.75. The Free School Meal allowance is also to a maximum of £2.75

VACANCIES

We have a number of vacancies available at St. Bede's:

- Cover Supervisor
- Attendance and Student Support Officer
- SGO and Sports Facility Manager
- SMSA
- Mental Health and Wellbeing Practitioner

Closing dates for all positions is 24th August.
For further information please click [here](#)

MAKE TIME FOR YOUNG CARERS DAY OUT

Wednesday 5th July saw the gathering of amazing Young Carers across Bristol to celebrate them and treat them to a day of fun and time out.

Twelve of our students ranging from Year 7 to 13 signed up for the opportunity.

The students were treated to a choice of workshops ranging from arts based activities including graffiti, wellbeing opportunities, boxing and music making.

Some of the students fed back afterwards: " It was fun to go out and have a break, meet new people, make new friends and have a new experience going out of my comfort zone and try something new."

" The day was a lot of fun. It helped me take a break and refresh my mind."

" I loved the graffiti - trying something new"

" Also hearing others worries but meditating was relaxing".

It was an opportunity for our St Bede's Young carers to spend time together and get to know others in different year groups.

Delicious snacks and lunch were provided. Bristol and South Gloucestershire Young Carers service in partnership with Creative Youth Network arrange this day as a way to thank Young carers for all they do for their family.

We want to support our young carers in college and so have an operational lead contact. This will be Miss Smith from September. If you would like to speak to her about any concerns or have any questions about young carers do get in touch.

St. Bede's Catholic College Term and Holiday Dates 2023/2024

Term 1: Friday 1 September 2023 to Friday 20 October 2023

Term 2: Monday 30 October 2023 to Friday 15 December 2023

Term 3: Tuesday 2 January 2024 to Friday 9 February 2024

Term 4: Monday 19 February 2024 to Thursday 28 March 2024

Term 5: Monday 15 April 2024 to Friday 24 May 2024

Term 6: Monday 3 June 2024 to Tuesday 23 July 2024

Inset on:

Friday 1st September 2023

Monday 4th September 2023

Friday 20th October 2023

Friday 9th February 2024

Monday 22nd July 2024

Tuesday 23rd July 2024

College will finish at 2:15pm (dates to be confirmed) for in-service training (bus departure will be adjusted accordingly)

Hello and goodbye! Hello Summer holidays and goodbye to a frantic school year. Here is a list of support networks that you can contact for help or just enjoy the blogs, videos, ideas and other resources they offer.

Wellbeing activities to download

<https://www.annafreud.org/schools-and-colleges/resources/my-self-care-plan-secondary/>

<https://www.annafreud.org/on-my-mind/self-care/>

Anna Freud
National Centre for Children and Families

**In crisis?
Need support?**

24
hours a day
7
days a week

Text AFC to 85258

Text the free, anonymous crisis textline

All texts are answered by trained volunteers, with support from experienced clinical specialists

Community Children's Health Partnership

NHS

11-19 YEARS OLD?

We help young people with all kinds of things like ...

Mental Health
Bullying
Alcohol
Self Harm
Healthy Eating
Relationships
Drugs
Smoking

Message us for confidential advice and support and to chat with a School Nurse.

ChatHealth

**Send a message to:
07312 263093**

The service is open on Monday to Friday from 9am-5pm.

Service provided by **Sirona** Care Health

Medical and Emergency Services

Emergency services: Telephone 999,

Non urgent Police: Telephone 101

NHS: Telephone 111

App corner

Smiling Mind

Move Mood

Mood Meter

Daylio

Mind Shift

Wysa

Finch

SAM

Clear Fear

THE MIX
Essential support for under 25s

[Themix.org.uk/mental-health](https://themix.org.uk/mental-health)

Summer holidays can provide amazing memories that you will treasure when you are old - enjoy your Summer and take good care of yourself!

<https://www.otrbristol.org.uk/>

OTR Off
The Record

YOUNGmINDS

<https://www.youngminds.org.uk/>

HOUSE CUP

After lots of hard work and effort in their studies, kindness and in trying to do the right thing, as well as supporting the House (and College) on inter-house events, Pasteur House are delighted to win The House Cup!

We are so excited about what next year will bring too!

Well done Pasteur!



Save the Date!:



***Everyone Welcome!
All Houses!!***



**Pasteur & Descartes
Family Quiz
22nd September 2023**
Venue: St Bede's Catholic College
Doors open @ 6pm (6.30pm start)



Family Fun. Raffle. Prizes. Entertainment. Quiz

Any Raffle Prize donations, gratefully received.
Please see Ms Sharp or Ms Johnston



**Raising funds for our House Charities:
Shelter: The Housing and Homeless
Charity**



LIBRARY NEWS

Top Readers –

Congratulations to our top borrowers of 2023. We look to seeing you all again next year!

Get Caught Reading –

Congratulations to **Niels** who won this term's Get Caught Reading prize. This has been a great success this year and will be back in September.



Over enrichment week the library ran Manga drawing workshops.

We have been very fortunate to have some beautiful new books for our summer displays.

Summer Reading – We have been asking students and staff to recommend us books to read over the summer holidays. Needless to say we are going home with bags full of books to enjoy over the break. Don't forget to check out your local library. Happy reading everyone! We can't wait to hear about what the rest of the school community has enjoyed reading when we get back in September.

Stop press! We are delighted to be able to offer all St Bede's pupils the opportunity to read First News online over the summer holidays. First News is a weekly newspaper aimed at 7-14 year olds. Follow the link below and use the code SMR-E8CPQK4C
<https://subscribe.firstnews.co.uk/summer-reading/>



THINK FORWARD

Resilience Lab for School Children Summer Programme

PICK & MIX

Come to any or all!

Tuesdays
2 - 3pm
at Greenway Centre

Activities to build
resilience to change,
challenges and school
worries. Ages 7-12.

25th July
Pressure Proof
1st August
Making Friends
with Stress
8th August
Strengths
15th August
Thinking Traps
22nd August
Endings
29th August
New Starts

MOVING ON UP

to year 7 or 8

Tuesdays
4:15 - 5:15pm
at Greenway Centre

A course of fun
activities to help
you deal with
change and
prepare for a
new school term.

5 x sessions

- 22nd August
- 29th August
- 5th September
- 12th September
- 19th September

TO SIGN UP



SCAN ME

For further info email:
katemartey@southmead.org
tel: 0117 950 3335

Open to children registered at GP surgeries:

Gloucester Road. Greenway. Horfield.
Monks Park. Sea Mills. Shirehampton.
Southmead & Henbury.
Westbury-on-Trym. Ridingleaze.
Bradgate. Avonmouth.
Coniston. Falldon Way.



COACHING WITH SOPHIE AGES 13-15 HOLIDAY CAMP

13-15 AND STILL WANTING SUMMER FUN
WITH YOUR FRIEND'S PLAYING
FOOTBALL ALL DAY?
CWS HAS YOU COVERED!!

SGS COLLEGE WISE CAMPUS
(outdoor/indoor 3g)
NEW ROAD
STOKE GIFFORD
BRISTOL
BS34 8LP

WEDNESDAY - 26TH JULY

2ND, 9TH, 16TH, 23RD AUGUST

9AM - 3PM

AGE 13-15

JUST £15 PER DAY



TO BOOK/MORE INFO

PLEASE EMAIL -
COACHINGWITHSOPHIE@HOTMAIL.COM