

St. Bede's Catholic College

Specialist Science and Sports College

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Newsletter

Issue 345 17th March 2023

SCHOOL OF ROCK

This week, over 75 students have taken part in the college production of The School Of Rock. We would like to say a massive thank you to the cast, crew and band members for their commitment and dedication over the past 6 months. Their hard work and talent resulted in three superb sold-out performances.



The Performing Arts team are incredibly proud of each of the students involved and it is clear that the cast, crew and band thoroughly enjoyed the experience too. Thank you to all parents and carers for your support and to all audience members who came to watch the production. Watch this space for details of upcoming concerts and performances!



DATES FOR YOUR DIARY 2023

23rd March

Year 9

Progress Evening

27th March

6.00pm

DoE

Parents' Meeting

30th March

Year 12

Progress Evening

31st March

END OF TERM 4

UNIFORM INCREASE

Please be advised that the usual change to uniform prices will be implemented from 1 April 2023.

If you know you are going to need any items within the next couple of months, you might wish to consider purchasing them before this rise. The price rises are a result of supplier increases, not a result of St. Bede's adding costs.

We would like to inform you that we will be investigating whether other suppliers are able to provide uniform at a lower price, with the same quality over the coming months.

REFLECTION - 25 MARCH THE ANNUNCIATION OF THE LORD

We celebrate the feast of the Annunciation of the Lord

The feast of the Annunciation marks the visit of the angel Gabriel to the Virgin Mary, during which he told her that she would be the mother of Jesus Christ, the Son of God.

It occurs 9 months before the birth of Jesus on Christmas Day, the Annunciation marks the actual incarnation of Jesus Christ - the moment that Jesus was conceived and that the Son of God became the son of the Virgin.

The festival celebrates two things:

- God's action in entering the human world as Jesus in order to save humanity
- Humanity's willing acceptance of God's action in Mary's freely given acceptance of the task of being the Mother of God

The story of the Annunciation has produced three important liturgical texts, the Ave Maria, the Angelus, and the Magnificat.

- The angel's greeting to Mary, which is traditionally translated as "Hail Mary, full of grace, the Lord is with thee.
- The Angelus consists of three Ave Marias, together with some additional material. It is said three times a day in the Roman Catholic Church.
- The Magnificat (Luke 1:46-55) is the poem with which Mary responds to the Annunciation and celebrates the power of God.

Reflection: Mary said, "Behold, I am the handmaid of the Lord, let it be to me according to your word." Luke 1:38

Prayer: Dear God, we thank you for your servant, Mary, who joyfully and faithfully brought your son Jesus into the world. Like Mary, may we also bring the light of Christ to everyone we meet. Amen.



ST BEDE'S WAY SPOTLIGHT:

Work Hard, Be Kind and Do the Right Thing

The St. Bede's Way Spotlight identifies someone who stands out as exemplifying one of our three St Bede's Way principles of "Work Hard. Be Kind. Do the Right Thing."

This week the spotlight falls on our junior and senior basketball teams.

The junior and senior boys teams are having a magnificent season both progressing through to the league finals! Earlier this week the senior team were triumphant over Ashton Park and the juniors beat Bristol Metropolitan basketball academy. We wish you every success in the finals!

Congratulations to two talented squads. Your hard work exemplifies our St Bede's Way principles. We are proud of you.



Junior Basketball team



Senior Basketball team

ECO CLUB – ECO BRICKS

This term, our Eco club has been working towards our goal to repurpose 'single use' plastics, instead of them ending up at landfill. Thanks to your support, we have collected a lot of plastic waste that has been cut up into small pieces and used to fill large plastic bottles, to create 'eco-bricks'.



These bricks are then used to create furniture or small structures and is a fantastic way of creating something useful, whilst keeping plastic out of our oceans.

As well as being environmentally friendly, our students are learning about the consequences of using 'single use' plastics and the power of collaborative effort for the good of our planet.

SPORTS NEWS

Congratulations to **Peter** and **Henri** who competed in the **County Sportshall Athletics championships**.

A special congratulations to Peter who is **county champion** in the 2 lap race.

Well done to the year 7 girls football team who played on Monday evening. They dug deep, played some brilliant football and worked really well as a team.



VACANCIES

Governors of St Bede's wish to appoint the following:

SCHOOL MEALS SUPERVISORY ASSISTANT

The usual hours of work are 12.00pm – 1.30pm Monday to Friday, term time only. There is the opportunity of a free school meal or a drink. The hourly rate is currently £10.90

INVIGILATORS to provide support to the examination process within the College.

Employment is offered on a casual, sessional basis and the hours of work would be between 8.30 am to 4.30 pm. The main external examinations take place in May/June each year but internal examinations can take place throughout the year.

The hourly rate of pay is £10.90 which includes payment for a proportion of accrued holiday entitlement.

Successful candidates will be required to undergo a Disclosure and Barring Service check before starting work.

A job description and application form can be downloaded from the website or a hard copy can be posted out to you.

If you have any queries, please contact Mrs Charters on 0117 3772200 or contact@stbcc.org

Further information on vacancies at the college please click [here](#)

LIBRARY NEWS



March is a very busy time in the Library. We are celebrating Women's History Month, British Science Week, Neurodiversity Celebration Week and Young Carers Action Day. Come in to see our books on women scientists, leaders, revolutionaries and computer visionaries as well as everyday women doing amazing things!

We have been particularly excited to read the story of theoretical physicist Professor Ronald Mallett in the Guardian. He lost his father at the age of ten and became obsessed with the idea of cracking time travel to go back and save him. You can read the article [here](#) or in the Library, and also look at *Time Travel with a Hamster* by Ross Welford, a novel about the very same thing. Life imitating Art!

Mrs Hayman's book recommendation

Katya Balen is one of my favourite authors. This is a beautiful, lyrical but extremely sad book which had me crying so much I had to stop reading for a while. Ultimately though, this is a hopeful book, reminding us that no matter what troubles we have had to face there is always something good to look forward to.



Congratulations to **Sam** whose name was drawn from last term's Get Caught Reading entries, and to three quarters of the winning team from our World Book Day Challenge

Coming soon....coming soon.....coming soon

We are waiting not-so-patiently for the shortlists to be announced for the Yoto Carnegie Awards for Writing and Illustration. These are the "Oscars" of young adult and children's book awards and the shortlist will be announced this afternoon. We look forward to shadowing them with our Year 7s and 9s



LCM MUSICAL THEATRE EXAMS

Congratulations to the following students who have performed exceptionally well in their recent music examinations:

Grade 2

Yohannan Lobela - Distinction

Grace Lodge - Distinction

Ruby Reilly - Merit

Grade 3

Ella-Rose Evans - Merit

Grade 8

Henry Bush-Evans - Distinction

Laurie Fleming—Distinction (Highest mark of the day)



SCIENCE WEEK

This week we have celebrated all things Science. Tutor groups participated in a science quiz, a powered car challenge and today we ended the week with the burning bridge of doom challenge! Year 7 students also had the opportunity to meet Maggie Aderin Pocock, British space scientist and science educator via a zoom call in the library, as she introduced her new book.

Congratulations to all students who participated in a bid to win house points.



YEAR 9 VACCINATIONS

All Year 9 children are being offered Meningococcal ACWY vaccination and Diphtheria, Tetanus and Polio vaccination organised and administered by Sirona in college on Tuesday 28th March 2023.

Parents and carers have received the consent form via email and had the opportunity to complete the online consent form. Consent will close on the 23rd March, but if you have not received consent and would still like your child to receive the vaccination, please contact Mrs Bennett at our college reception or further details.

Meningococcal ACWY vaccination helps to protect children against four types of meningococcal bacteria (groups A,C,W and Y) that can cause meningitis (inflammation of the lining of the brain) and septicaemia (blood poisoning).

SAFEGUARDING SPOTLIGHT

Almost half (45%) of young people are checking their mobile phones after they have gone to bed, a Digital Awareness UK poll suggests.

A survey of 2,750 11 to 18 year-olds found one in 10 admitted checking their mobile phones for notifications at least 10 times a night.

How to Cut down on screen-time

- Refrain from using screens 90 minutes before bedtime
- Turn off notifications, or activate "do not disturb", "aeroplane mode" or mute settings.
- Turn the phone off altogether if you can
- Reduce blue light exposure, which can disrupt sleep. For example, many devices have the "night shift mode", which changes the colour temperature of your device to reduce exposure
- Try and break the habit of constant, unprompted device checking
- Consider using a screen time tracker apps, such as RealizD and Moment, that can showcase the amount of time you are spending on your device. Some of these apps allow you to set usage restrictions
- Digital detox - take a break from devices altogether or set times that you will turn your phone off. Keep your phone in a location that prevents you from seeing, hearing or even reaching for it (in a drawer or box)
- Switch the habit - in the 90 minutes running up to bedtime, get stuck into a good book, perhaps try headspace, meditation, or a relaxing bath !
- Think. If we think about the reasons why we are using mobile devices at night time, we would often think twice



COMMUNITY CORNER



Dance Classes

For 11-16 year olds

WHAT?

FUN DANCE SESSIONS IN A VARIETY OF STYLES IN A FUN AND WELCOMING ATMOSPHERE!

WHEN?

MONDAYS 5-6PM

WHERE?

ST BEDE'S CATHOLIC COLLEGE BS11 0SU

WHO?

ANYONE AGED 11-16 YEARS OLD WITH AN INTEREST IN DANCE - NO PREVIOUS EXPERIENCE REQUIRED!

**EMAIL SARAHSTONEDANCE1@GMAIL.COM TO BOOK
FACEBOOK - @SARAHSTONEDANCECOMMUNITY**

College Apps and Websites

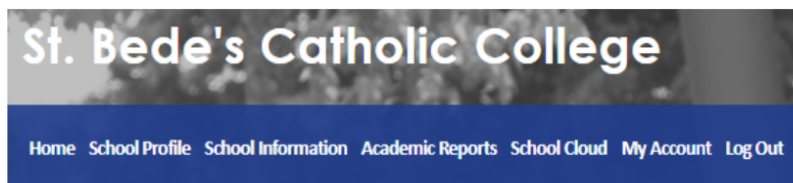
Parent Portal

For:

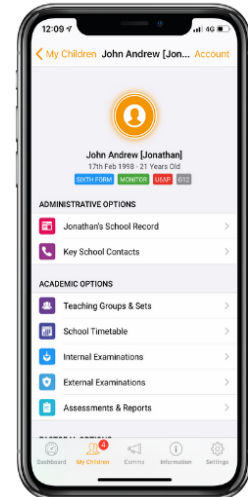
Attendance, Timetable, Exam information, Reports,
School Cloud (parents evening)

If you would like to update your
postal address please email:
contact@stbcc.org

Using a web browser



Now available as an app
from your app store
School Code 50539



Click to find out more about Parent Portal

<https://www.isams.com/platform/apps/iparent/>

My Ed **MY Ed**
BY IRIS

Updating email/telephone numbers

For: Reporting Absence and email school. You can still
email contact@stbcc.org for non-absence related
communication.

ClassCharts

For: monitoring home
learning and rewards and
behaviour

ScoPay

For: Payments

The number of apps we use to communicate is being
reviewed and over the next 12-18 months will be minimised.