

St. Bede's Catholic College

Specialist Science and Sports College

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Newsletter

Issue 343 10th February 2023

JACOB BROWSE 2008-2023



Our thoughts and prayers continue to be with the family and friends of Jacob Browse who died last week.

A memorial and celebration service for Jacob's life was held in college on Thursday where we remembered what a wonderful and joyous young man he was.

Eternal rest grant unto him, O Lord, and let perpetual light shine upon him. May he rest in peace. Amen

MESSAGE FROM THE PRINCIPAL

Culture Week - wow, what a success! We were all so pleased with the engagement of students of all ages and backgrounds in our inaugural Culture Week.

Students embraced opportunities to share food, language, fashion, dance and music from their cultural backgrounds with others in our community. The atmosphere was joyous as students supported each other and learned more about other countries and cultures. We are excited about looking for further opportunities to celebrate with our young people, but also involve you from their families. We will keep you posted.

For the expanding grandeur of creation, worlds known and unknown, galaxies beyond galaxies, filling us with awe and challenging our imaginations:

We give thanks this day.

For this fragile planet earth, its times and tides, its sunsets and seasons:

We give thanks this day.

For the joy of human life, its wonders and surprises, its hopes and achievements:

We give thanks this day.

For our human community, our common past and future hope, our oneness transcending all separation, our capacity to work for peace and justice in the midst of hostility and oppression:

We give thanks this day.

Amen

God bless,

Rob King



DATES FOR YOUR DIARY 2023

10th February

INSET DAY
Ski trip 1 and 2
depart
END OF TERM 3

18th February

Ski trip 1 and 2
return

20th February

**START OF TERM 4
WEEK A**

22nd February

Ash Wednesday

23rd February

College will close
at 2:15pm for
staff training

24th February

Careers day and
mock interviews

27th February

Sixth Form CERN
trip depart

27th February

Great Big Dance
Off competition

1st March

CERN trip return

1st March*

Year 7
Progress Evening
*please note new date

1st March

Year 10
GCSE Theatre
trip, Bath

PRAYER LIST

This week we invite our college community to pray for:
The Browse family and **Anne E.**

We welcome your suggestions for people to pray for in
our next newsletter. Please follow the link below:

<https://forms.gle/tGDJh7KTpEvkXu8U8>



REFLECTION – 14 FEBRUARY

On Tuesday we celebrate St Valentine's Day

There are many theories on how Valentine's Day began, but one begins in Rome in the year 268. Emperor Claudius II wanted a team of young men to fight in his armies. He found that when young men are in love, they tended to be more cautious. To insure large numbers of soldiers for his armies, Claudius outlawed marriage for those young men. However, Young men and women still fell in love and wanted to become couples in the eyes of the church. A brave priest named Valentine thought the law was unjust.



Putting his life in danger, Valentine performed marriage ceremonies, doing so in secret and hidden from the eyes of authorities.

Still, word of Valentine's secret ceremonies made its way back to Claudius. The priest was found and put to death.

Reflection: "As I have loved you, love one another" John 13:34

Prayer: Prayer to St Valentine

St Valentine, lover of Christ and of the Church, we ask your intercession that we may learn how to love God above all things, and to selflessly love one another. Amen

BLIND BOOK DATE

For the second year running, to celebrate Valentine's Day, the staff at St Bede's embraced the opportunity to share our favourite books secretly.

We covered our book and provided a few clues about the genre or setting etc. It was a lovely experience with lots of people intrigued by the different novels, recommendations and by who their original reader could be.

A few Year 12s also got in on the act - spreading the love of books and reading-such fun!



CULTURE WEEK 2023



FUTURE QUEST UPDATE

We are lucky to be working with Future Quest once again this year to offer our students experiences relating to wellbeing, careers and mentoring.

So far, we have had around 50 students in Year 10 learning about healthcare professions such as physiotherapy and pharmacy. Year 11 have enjoyed a coaching session with Inclusive Futures exploring how their personal values reflect their chosen careers paths and we have welcomed a new Year 12 cohort into the healthcare programme exploring access to careers alongside our partners at UWE.

BE HER LEAD GROUP

On a Wednesday lunchtime a group of students get together to form the **Be Her Lead** group, which aims to create brave, respectful and empathetic spaces in school for students to connect and support each other. We nurture wellbeing and growth and help girls to take ownership in their futures. This week the girls have explored being heard and being silenced and collaboratively wrote this poem:

*I am silent when I feel uncomfortable
When I speak out I am empowered
The colour of my silence is black
When I speak out I feel relieved
The colour of my voice is black
The sound of my words is like water breaking free from a lock
The colour of my silence is grey
The sound of my words are loud and clear
The words of others sound of privilege and importance
When I speak out, I feel powerful, brave and pleased with myself
The sound of my voice is like stupidity
The sound of my voice is like an instrument that can do melody or
intense music
The silence around feels like no one is in the room
The taste of my silence is like gum
The silence inside me feels like a ring
The silence inside me feels like a cloud, light and airy
When people listen to my voice they hear a mockingjay
The sound of my voice tastes like a crispy spring roll.*

Be Her Lead



ST BEDE'S WAY SPOTLIGHT:

Work Hard, Be Kind and Do the Right Thing

The St. Bede's Way Spotlight identifies someone who stands out as exemplifying one of our three St Bede's Way principles of "Work Hard. Be Kind. Do the Right Thing."

This week the spotlight falls on **Emily**.

As part of her GCSE English Language Speaking and Listening presentation, this week, Emily presented in our Pasteur Assembly. The subject was India; Emily explored food, dance, race and class as well as arranged marriages; it was so informative as well as a celebration of Indian Culture. It ties in beautifully with our Culture Week and the St Bede's S.A.L.A.D day (Speaking and Listening Active Development Day)

Emily is always prepared to embrace a challenge and push herself out of her comfort zone. Emily danced in Culture Week too. **Congratulations Emily, your hard work exemplifies our St Bede's Way principles. We are proud of you.**



UNLOCK CYBER CHALLENGE FOR YEAR 8 STUDENTS WEDNESDAY 15 MARCH 2023

The Unlock Cyber challenge is a series of cyber security challenges hosted online by a company called Immersive Labs who provide world-class cyber security training to organisations and governments across the globe and they're based here in Bristol.



We plan to enter 28 Year 8 students from St Bede's for the 2023 UC Challenge, would you or your child like to be one of those students?

If so, Immersive Labs have created a set of training modules that competitors can now access to build up their cyber security skills in preparation for the challenge in March.

If you are a member of our lunchtime Coding Club or you took part in the 2022 CyberFirst Girls' Competition then the login details for Immersive Labs have been posted on the Google Classrooms for both. Otherwise please email Mr Bogle on l.bogle@stbcc.org to be given the access code and website link needed to create an Immersive Labs account.



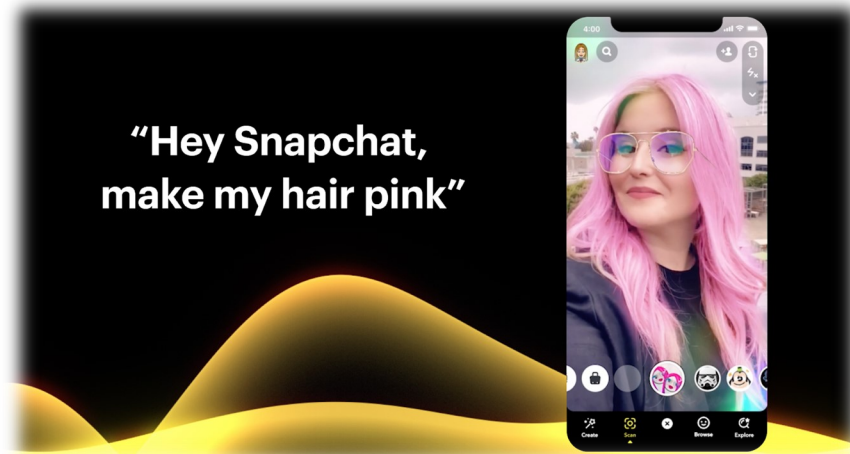
CONFIRMATION IN ST BONAVENTURE'S CHURCH

This year's Confirmation programme at St Bon's will be starting in March; the Confirmation Mass will be on 26th May 2023. Your child must be in year 9 or above to join the programme. To learn more about the Confirmation and to fill out the application form please visit: <https://stbonsbristol.com/sacraments/>

MORE SNAP, LESS CHAT!

Last autumn, some of our Year 12 Computer Science students took part in the Snap AR Lens Challenge.

Snap, the camera and social media company that owns brands such as Snapchat and Bitmoji, invited 16-18 year old students in the UK to make their own Augmented Reality experiences using Snap's Lens Studio following a successful Challenge run earlier in the USA.

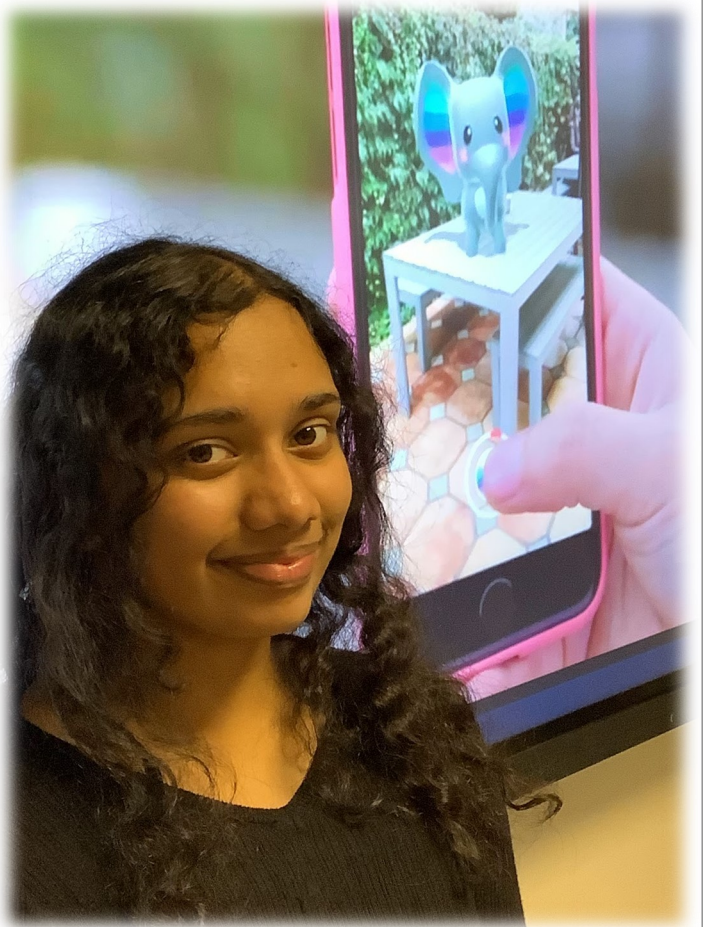


This week we were informed by a member of Snap's AR Lens Challenge Team that **Anna Sony James' entry was selected as one of the winners!** As a result, Anna has been invited to attend an all-expenses paid work experience day at Snap's head office in London in March. The day's itinerary includes networking sessions with Snap professionals, a workshop with an AR Lens Creator and a tour of the Vogue Exhibition.

Unfortunately, Anna will be unable to attend this event as she will be in Switzerland on an A-Level physics trip visiting CERN, the largest particle physics laboratory in the world administered by the European Organization for Nuclear Research.

Despite the amazing achievements established at CERN, from the invention of the World Wide Web in 1989 to the creation of antimatter in 1995 and the Higgs boson in 2012, the scientists there have yet to discover a method of letting Anna be present in 2 parts of Europe at the same time.

Leroy Bogle, ICT and Computer Science Department.



Thank you for allowing us to print your photograph

LIBRARY NEWS

Children's Mental Health Week

This week is Children's Mental Health Week. We can all benefit from some help from time to time.

The Library has a great selection of 'Shelf Help' books as well as lots of fiction reflecting issues that we may have and supporting our empathy towards others.



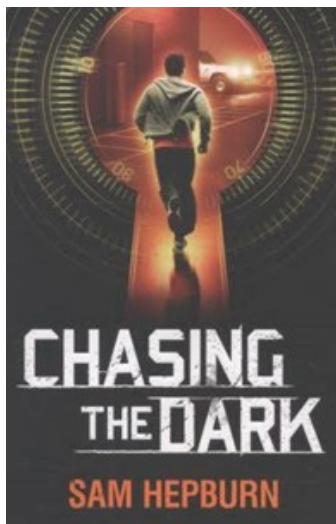
Don't forget you can search the Library catalogue for any particular topic to see what we have and that you can always contact Student Support or a member of the 121 team for help

Blind date with a book

Staff and students have been taking the plunge into a Blind Date with a book this week, basing their decision on a couple of sentences put together by Mrs Nicks and Mrs Hayman. This is a great way to challenge yourself to read out of your comfort zone and the display will still be up after half term so pupils can still drop by to choose their date. The hearts are spreading over our wall, but we would love to hear more of your favourite books. Share the book love!

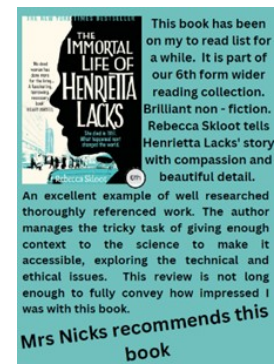
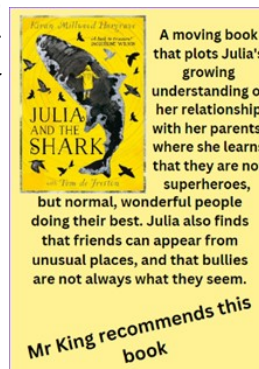


Book recommendations



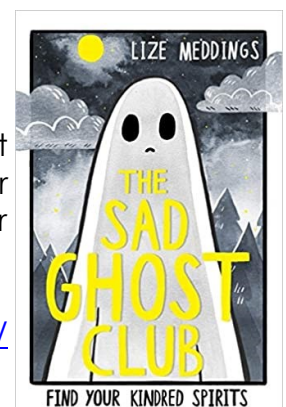
Thank you to the Year 8 child who recommended this to me – I would not have picked it up myself but it's a great gateway to the Cold War thriller genre. Mrs Hayman

Click on the covers to access more information



Winner of the Bristol Teen Book Award 2023 was ... The Sad Ghost Club. The Sad Ghost Club is a club for anyone who's ever felt sad or lost. It's the club for those who don't feel like they're part of any other club.

Borrow the book from the Library or check out a preview here <https://bit.ly/40Cmj2t>



SAFEGUARDING SPOTLIGHT

Almost half (45%) of young people are checking their mobile phones after they have gone to bed, a Digital Awareness UK poll suggests

A survey of 2,750 11 to 18 year-olds found one in 10 admitted checking their mobile phones for notifications at least 10 times a night.

How to Cut down on screen-time

- **Refrain** from using screens 90 minutes before bedtime
- **Turn off notifications**, or activate "do not disturb", "aeroplane mode" or mute settings.
- **Turn the phone off** altogether if you can
- **Reduce blue light exposure**, which can disrupt sleep. For example, many devices have the "night shift mode", which changes the colour temperature of your device to reduce exposure
- **Try and break the habit** of constant, unprompted device checking
- **Consider using a screen time** tracker apps, such as RealizD and Moment, that can showcase the amount of time you are spending on your device. Some of these apps allow you to set usage restrictions
- **Digital detox** - take a break from devices altogether or set times that you will turn your phone off. Keep your phone in a location that prevents you from seeing, hearing or even reaching for it (in a drawer or box)
- **Switch the habit** - in the 90 minutes running up to bedtime, get stuck into a good book, perhaps try headspace, meditation, or a relaxing bath !
- **Think.** If we think about the reasons why we are using mobile devices at night time, we would often think twice



VACANCIES

Governors of St Bede's wish to appoint the following:

School Meals Supervisory Assistant

The usual hours of work are 12.00pm – 1.30pm Monday to Friday, term time only. There is the opportunity of a free school meal or a drink. The hourly rate is currently £10.50

Invigilators to provide support to the examination process within the College.

Employment is offered on a casual, sessional basis and the hours of work would be between 8.30 am to 4.30 pm. The main external examinations take place in May/June each year but internal examinations can take place throughout the year.

The hourly rate of pay is £10.50 which includes payment for a proportion of accrued holiday entitlement.

Successful candidates will be required to undergo a Disclosure and Barring Service check before starting work.

A job description and application form can be downloaded from the website or a hard copy can be posted out to you.

If you have any queries, please contact Mrs Charters on 0117 3772200 or contact@stbcc.org

Further information on vacancies at the college please click [here](#)

Please note that the Year 7 Progress Evening will now take place on Wednesday 1st March and not Thursday 2nd March as previously advertised.

A FREE OPPORTUNITY FOR YEAR 8 TRAILBLAZERS AND YEAR 9 ADVENTURERS



CyberFirst Trailblazers and CyberFirst Adventurers are **free half day events** created for Year 8 and Year 9 students by the National Cyber Security Centre.

This is the first in a series of CyberFirst events which will start each student on the exciting path of considering which GCSEs they will take and how Computer Science can play a key role in future career prospects. They're free, fun and interactive sessions which open young minds to a world of new possibilities and focus on how to work safely and securely within those opportunities.

An accompanying parent or guardian is welcome to attend for a specifically designed talk and some light refreshments.

The **Year 8 Trailblazers** event comprises of:

- **Go Create** – Learn the basics of how to customise a website and generate enthusiasm to contribute to the World Wide Web.
- **Digital Detective** – Use digital forensics to identify the first person who has contracted a disease and learn how open source intelligence can lead to finding out more information about this person.
- **Creative Computing** – Look into how creative design, arts and technology work together. Take a closer view on how the media industry and advertising combine these elements while having the chance in teams to create your own advert sequence using stop motion.

The **Year 9 Adventurers** event comprises of:

- **The Data Games** – Understand and use big data to create the perfect team using a set of sports results, compare with others and learn the interpretation of data.
- **Crack the Code** – Against the clock you will work within teams to unlock various devices, during this you will get a taste of cryptography, language analysis and understand some cyber security terms. But don't be distracted as the timer won't stop until you Crack the Code.
- **Engineering** – 3D printers have started to revolutionise the engineering industry, have a look into how technology and engineering fit together and move into the future in partnership. Have the chance to create your very own model using 3D design software.

These events are taking place on **Saturday 4th March 2023** in **Bristol**. Trailblazers run from 9am to 12.45pm and Adventurers run from 1pm to 4.45pm.

To reserve your place (or your child's place), please visit the link below. Feel free to speak to Mr Bogle or to your ICT teacher for more information. Please note, this is not a school run event and you will have to arrange your own transport to and from the venue.

<https://www.qa.com/training/courses/cyber-security/cyberfirst/trailblazers-and-adventurers>

College Apps and Websites

Parent Portal

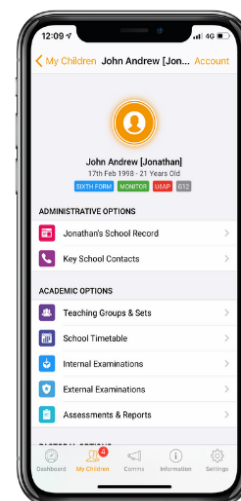
For:

Attendance, Timetable, Exam information, Reports,
School Cloud (parents evening)

Using a web browser



**Now available as an app
from your app store
School Code 50539**



Click to find out more about Parent Portal

<https://www.isams.com/platform/apps/iparent/>



For: Reporting Absence and email school. You can still email contact@stbcc.org for non-absence related communication.

ClassCharts

For: monitoring home learning and rewards and behaviour

ScoPay

For: Payments

The number of apps we use to communicate is being reviewed and over the next 12-18 months will be minimised.

ST BEDE'S SIXTH FORM
PRESENTS

YEAR 13

7
JULY
2023

Prom

£31.50
PER
PERSON

Ashton Gate Stadium

7pm till late
2 Course Meal

PLEASE PAY ON SCOPAY

COMMUNITY CORNER



Dance Classes

For 11-16 year olds

WHAT?

FUN DANCE SESSIONS IN A VARIETY OF STYLES IN A FUN AND WELCOMING ATMOSPHERE!

WHEN?

MONDAYS 5-6PM

WHERE?

ST BEDE'S CATHOLIC COLLEGE BS11 0SU

WHO?

ANYONE AGED 11-16 YEARS OLD WITH AN INTEREST IN DANCE - NO PREVIOUS EXPERIENCE REQUIRED!

**EMAIL SARAHSTONEDANCE1@GMAIL.COM TO BOOK
FACEBOOK - @SARAHSTONEDANCECOMMUNITY**



Community Children's Health Partnership

School Health Nurses
Free webinars for parents and carers

Practical and informative online sessions from your expert team of local School Health Nurses.

Our webinars last between 30 and 45 minutes, with the opportunity to ask questions throughout. They're suitable for parents and carers of children and young people of all ages.

Topics include:

- Keeping your child happy and healthy
- Healthy eating and physical activity
- Supporting your child's emotional wellbeing
- Eating disorder awareness
- Dental health
- Sleep

Find out more and book your free space:
cchp.nhs.uk/schoolnursewebinars



Service provided by

Sirona
care & health



Ridingleaze Street Party

Thursday 16th Feb 2023 11am – 3pm

Ridingleaze High Street BS11 0QB

The street will be temporarily pedestrianised between 10am-4pm

- **Family-friendly fun and free activities!**
- **Plenty of safe space to play, socialise and shop!**
- **Free bike checks!**
- **Free refreshments!**

To find out more, please contact:
E: oliver.wheeler@sustrans.org.uk
T: 07754180166

Sustrans is the charity making it easier for people to walk and cycle.

We connect people and places, create liveable neighbourhoods, transform the school run and deliver a happier, healthier commute.

Join us on our journey.

www.sustrans.org  [sustrans](https://www.facebook.com/sustrans)  [@sustrans](https://twitter.com/sustrans)
Registered Charity No. 326550 (England and Wales) SC039263 (Scotland)
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