



Dear families,

Last year the Gold DofE students successfully helped to run our Bronze DofE training hike and we would like to do the same thing this year. The first step is to have the Gold DofE students walk the training hike themselves. It is not a difficult route in terms of navigation or fitness, but is a good opportunity for students new to DofE to learn in a local environment and also for those who have done DofE before to dust off their skills before our training hike in the Brecon Beacons.

The hike is roughly 3 hours long and will be on **Thursday 2nd February from the start of lunch until around 4pm**. This is when they would normally be in DofE as an enrichment activity so no lessons will be missed.

The route starts on the outskirts of Bristol and ends at the school, so students will be able to get transport home from school. Any students who need to take the school bus to get home will be driven from their location back to school at the correct time so they can catch the school bus.

Students will need to wear clothing suitable for hiking (which they can wear all day) including walking boots and will need to bring with them: waterproofs, small rucksack with water, lunch and any medication (such as inhalers) that may be needed. The hike will still go ahead if it is raining.

In order for your child to take part in this activity can you please complete the permission slip below and return to Dr Walsh in B7 by Thursday 26th January.

Kind regards

Dr Walsh - DofE Manager - j.walsh@stbcc.org

DofE Gold short training hike consent form – Thurs 2nd Feb

Name of pupil:

Tutor Group:

Declaration:

- (1) I agree that my child may participate in this DofE training hike
- (2) I agree that my child is fit to participate in the activities to be undertaken
- (3) The medical information and emergency contact details that the school holds for my child is correct. If this is not the case, I will contact the school ASAP to update this information.
- (4) I give permission for any medical treatment that might be necessary whilst my child is on the trip.

Name of Parent/Carer:

Signature:

Date: