

St. Bede's Catholic College

Specialist Science and Sports College

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Newsletter

Issue 337 11th November 2022

REFLECTION – 15 NOVEMBER ST EDMUND OF ABINGDON

This week we celebrate the memorial of St Edmund of Abingdon

St Edmund was born in 1175. He was a merchant who became a monk. He has links with our Diocese as he was appointed vicar of the parish of Calne, in Wiltshire and later appointed treasurer and Canon of Salisbury Cathedral.



In 1233 he became Archbishop of Canterbury, where, he advised King Henry III for a while, but resigned in 1240 due to a dispute. He died, the same year, in France on his way to see the Pope.

Edmund's life was one of self-sacrifice and devotion to others. From boyhood he practised self-discipline; such as fasting on Saturdays on bread and water, and wearing a hair shirt. After snatching a few hours' sleep, most of the night he spent in prayer and meditation.

Reflection: "Therefore learn as if to live forever; live as if to die tomorrow."

Quote from St Edmund

Prayer: Prayer of St Edmund of Abingdon

Into Thy hands, O Lord, and into the hands of Thy holy angels, I commit and entrust this day my soul, my relations, my benefactors, my friends and my enemies, and all Thy people. Illuminate my heart with the grace of Thy Holy Spirit; grant that I may ever be obedient to Thy commandments; suffer me not to be separated from Thee, O Lord Jesus Christ, who lives and reigns with God the Father and the Holy Spirit for ever and ever. Amen.

ST BEDE'S WAY SPOTLIGHT: Work Hard, Be Kind and Do the Right Thing

The St. Bede's Way Spotlight identifies someone who stands out as exemplifying one of our three St Bede's Way principles of "Work Hard. Be Kind. Do the Right Thing."

This week our spotlight highlights year 13 student **Brian**. Last week, we received a lovely email from a family whose vehicle had broken down at St. Bede's whilst they were using our community sports facilities. The email read: *I went to wait in the reception area of the sports department and met Brian (he works after school within the sports department overseeing the facilities) He was very understanding and on such a wet night let me wait in the PE office. I was able to chase the rescue service from the warm and dry. They were having a busy night and my call seemed to be taking an age. Brian rearranged for his parents to pick him up a little later to allow the gates to remain open for me to drive off your site once the rescue truck turned up. I am so very grateful for his actions and conversations during a challenging time.*



I wrote this in hope that you are able to recognise Brian's actions and thoughtfulness in some way.

Brian, your kindness exemplifies our St Bede's Way principles. We are very proud of you! Well done.

MESSAGE FROM THE PRINCIPAL

It was a delight to welcome so many families to our open evening for Areté last week. Despite the poor weather, the college was abuzz with staff and students speaking with enthusiasm and confidence about their subjects and this was well received by all that visited. The new building plans were displayed by the architects and so it was exciting to see the vision for the sixth form over the next 12 months.

I was so proud of all our singers and musicians that took part in the Education Mass in the Cathedral last Thursday. The mass is a wonderful annual occasion, where all involved in Catholic education from across the diocese come together to recommit themselves to our school communities. It is always extra special when a school is asked to lead the music, and the St. Bede's choir and orchestra were wonderful, representing the college fantastically. Thank you to all the staff and students involved. **God bless, Rob King**

A LEVEL ART WORKSHOP

The A 'Level Art students were given the opportunity last Friday, to attend an exhibition of Rodin and Degas Impressionist Sculpture at the Holburne Museum in Bath.

During this time, they had a guided tour of the exhibition, studying and analysing, before enjoying a fully tutored life-drawing workshop in the spacious art studio. The experience the students gained from drawing the model will help them in extending their knowledge of how to draw the human form as well as help them to research further, the work of other artists, informing their own personal Investigations later this year.



FOR THE ATTENTION OF YEAR 10 PARENTS AND CARERS

Year 10 Progress Evening will be taking place virtually on **Thursday 24th November 4pm-7pm**. In order to book appointments, you must have registered on Parent Portal using the details emailed to you at the end of September. Academic reports were also published on the Parent Portal on Monday 7th November.

PRE-LOVED UNIFORM

We are endeavouring to become a more sustainable school, whilst also reducing uniform costs for families. If you have any official school uniform that no longer fits your child(ren), which is still serviceable, and you would be happy to donate to the school, please send it in with your child to reception. We will then advertise it on our new Pre-Loved Uniform site for anyone who needs it, for a nominal cost.

Please note official uniform is PB Sports PE Kit and Trutex blazers, trousers and skirts, please do not send in uniform from any other supplier as we will be unable to use it, unless it is shirts/blouses. The Pre-Loved Uniform site will be advertised once we have uniform available, hopefully after Christmas.

DATES FOR YOUR DIARY 2022

21st November

Year 11 Mock
Exams commence

21st November

Year 7 Viney Hill
Retreat depart

23rd November

Year 7 Viney Hill
Retreat return

2nd December

Year 11 Mock
Exams end

7th December

Year 11 Wellbeing
and Careers Day



Please follow
St. Bede's
Catholic College
on Twitter

stb_bristol



ARMISTICE DAY We will remember them

We were so pleased that some of our students wore their service uniforms to college on today in memory of those who died fighting for their country.



At 11.00am, each member of our college community were respectfully upstanding in silence to mark the occasion. The generosity of our students during this time, has been outstanding with money being raised for the Poppy Appeal.

The students who are part of the Army Cadets, Scouts, Senior Leaders and Guides wore their uniforms with pride throughout the day.

REQUEST FOR HELP - ROAD SAFETY

We are trying to raise the profile of the need for a pedestrian crossing on the Long Cross to allow safer crossing for students walking to school or arriving on public buses. Please use the link below, scan to Lawrence Weston and click on the red dot next to the college. Please click on the heart icon to show your support.

<https://bcc.maps.arcgis.com/apps/CrowdsourceReporter/index.html?appid=2365214eb7c64b1da49bc904611e108e>

ST BEDE'S ALUMNI SUCCESS

Congratulations to past pupil **Isobel Patel** (2016-2021) who has been selected onto the Western Storm Academy cricket programme representing South West England and Wales. Isobel, we wish you every success for the future.

EXAMINATION CERTIFICATES

If you have a child who sat GCSE or A level examinations in the summer 2022 certificates will be available to collect from the 5th December.

WORLD CUP CHARITY EVENT

On 21st November students and staff are welcome to wear a football shirt or world cup team colours (school shoes, trousers/skirt and blazer must be worn) for a donation of £1.00. Money raised will go towards our college charity, the World Wildlife Fund.



ACADEMIC REPORTS AND PROGRESS EVENING DATES FOR YOUR DIARY



In order to access reports and book progress evening appointments, you need to have registered for the Parent Portal. Registration information was emailed in September.

If you have still not activated your account, please do so and let us know if you have any difficulties. Once you have registered your Parent Portal account, you have the option of using the internet browser version or the mobile app version - iSams Parent. The school code for the app is 50539 and the login details are the same.

	Academic Reports			Progress Evening
	1	2	3	
Year 7	7 th October	8 th February	30 th June	2 nd March
Year 8	4 th November	24 th February	16 th June	10 th November
Year 9	15 th November	3 rd March	23 rd June	23 rd March
Year 10	7 th November	24 th February	23 rd June	24 th November
Year 11	14 th October	11 th January		12 th January
Year 12	7 th October	20 th January	9 th June	30 th March
Year 13	14 th October	3 rd February		8 th December

We will still be using School Cloud for the appointments but the login method has changed to match your Parent Portal credentials. Please contact the College us via contact@stbcc.org if you need your registration details to be resent.

HOW TO GET COST OF LIVING SUPPORT

The rising cost of living is impacting people across Bristol in different ways. To help support people most impacted, including those who have not faced financial challenge before, the council has a cost of living support webpage: www.bristol.gov.uk/cost-of-living

It provides advice and guidance on topics including housing, benefits and financial help, employment and skills, mental health and wellbeing, and provides links to useful websites and community organisations. It also includes information on the city and the network of Welcoming Spaces where people can meet up, socialise, keep warm and access support relating to the cost of living crisis. There are now 37 spaces open in the city.

The Citizen Service Point, located at 100 Temple Street, BS1 6AG, is also on hand if you need help using the council's services or need access to a computer. The opening hours are Monday, Tuesday, Thursday and Friday 9am to 5pm, Wednesday 10am to 5pm. The service is closed on bank holidays. You can also call the We Are Bristol phone line on 0800 694 0184, Monday to Friday 8.30am to 5pm

RUGBY

The college teams have been progressing very well over this term and played some attractive and free flowing rugby. Mr Johnson was also very pleased to see several players join the teams that had not previously played.

The year 7 team had their festival this week and performed extremely well. They definitely put into practice the skills learnt in training and moved the ball around confidently. They kept possession and controlled a large percentage of their games. The results of the festival should be announced shortly.

The year 8 team played through some horrific weather during their festival. Their grit and determination was fantastic, and their team spirit could not be faulted. Out of 6 teams they finished second, congratulations to all.

The year 9 team also finished second in their festival and were narrowly beaten by RGS in the final. We could meet RGS again in the Bristol and Area Cup finals as the boys finished unbeaten in their league. The finals will take place at North Bristol RFU, Almondsbury BS32 4AG on Wednesday 23rd November from 1.00—5.00pm. Parents are very welcome to come and support.

Year 10 made an amazing start to their season convincingly beating Clifton College in their first game. Unfortunately since then, the team have been hampered with injuries which massively affected their performance in their festival, as they finished third. However, their performances in the Bristol and Area Cup have been more consistent, and after beating BCCS this week they have joined the year 9 team in the finals. Their finals will also take place at North Bristol RFU but on Thursday 24th November from 1.00pm—5.00pm. Again parents are very welcome to come and support.

WE HAD BEARS IN COLLEGE!

All members of the boys and girls rugby teams were treated to an audience with ex students and Bears players **Joe Joyce** and **George Kloska**.

Joe and George enjoyed catching up with their teachers and then took questions from the students. They discussed the highs and lows of being a professional rugby player and also shared some funny stories from their time at St. Bede's.

Students were able to take photographs and received autographs from the players.

There was a fantastic atmosphere around College. Thank you to Joe and George for giving up their time.



ACCESSING FOOD DURING THE COST OF LIVING CRISIS

If you're struggling to afford food at the moment, there are organisations and schemes across the city which can help you. There are a number of foodbanks across Bristol for those who are eligible, with friendly volunteers available to talk about your needs and how they might be able to help:

- ☐ North Bristol and South Gloucestershire Foodbank <https://nbsg.foodbank.org.uk/>
- ☐ Bristol North West Foodbank and Homebank www.bristolnorthwestfoodbank.org.uk
- ☐ South and East Bristol Foodbank <https://eastbristol.foodbank.org.uk>

Visit the Too Good to Go website to find out how you can buy food from cafes, restaurants and shops at a reduced price, when it hasn't sold in time. <https://toogoodtogo.org/en>

On the Olio website you can find people giving away free food to their community. <https://olioex.com/>

Here are some top tips to help you save money on food from our Foodbank partners:

- ☐ Plan your meals – buying food for the week helps to cut down on impulse buys
- ☐ If you can, buy food like rice and pasta in bulk – it is often much cheaper per 100g than smaller bags
- ☐ 'Reduced to clear' foods can help save money – but think about when/how you'll eat them before you buy
- ☐ Buy what you need - buying loose fruit and veg can help you save money by buying only what you are going to eat

SAFEGUARDING SPOTLIGHT

"On site, out of sight"

Reminder

As you are aware, our college policy on mobile phones, recognises the safeguarding benefits of young people having mobile phones for the journey to and from college.



The policy is "on site, out of sight", meaning students can bring mobile phones to college but they must be kept out of sight when in college – either in their bag or in their locker, switched off. Bringing a mobile phone will be at the student's own risk and the college will not accept responsibility for damage or loss of any such item. A failure to keep mobile phones, in any area of the college including Reception, "out of sight" will result in them being confiscated. Collection of confiscated items by parents from the college reception can be arranged by appointment.

Therefore, under no circumstances should children be phoning or texting home to report any discomfort or illness. Children who are feeling unwell must report to First Aid in the college as directed by a member of college staff.

NUT FREE SCHOOL

A polite reminder that we are a nut free school

Please do not send your child in with any product that contains nuts – we have a number of students at St. Bede's with severe allergies and proximity to or contact with them is potentially life threatening for those children.



Please do speak with your children about purchasing items from the Lidl bakery before college, many of which contain nuts.

LIBRARY NEWS

We have started November in the Library by marking Remembrance Day. Thank you to the pupils who helped to put our display together.



We have launched this year's department slamdown for Non-Fiction November with what promises to be an epic battle, pitting the two floors of C Block against each other.



Will the Library be providing cake for Art and Music staff or for Food and DT? Leaving aside our worries of our baking skills not being up to Food's standards, the results are in the hands of our Library borrowers.

Are you **Team Art & Music** or **Team DT and Food**? Come to the Library to borrow a non-fiction book, give Mrs Nicks or Mrs Hayman a fact you've learnt and **earn yourself an Achievement point**.

Bookbuzz 2022

We were delighted to be involved in the English Department's gift of a new book for every Year 7 pupil. Mrs Hayman's favourite so far has been Orion Lost. If it was your Bookbuzz choice, drop by the Library to compare notes. If it wasn't, you can read the first few chapters by clicking on the image here and the book itself is available to borrow from the Library. We are ordering a few more of Alastair Chisholm's other books too. Keep an eye out for them on the New Book display in a few weeks!



Bristol Teen Book Award



This year's Bristol Teen Book Award is well underway. All students in year 9 and above are encouraged to get involved by borrowing, reading and voting for their favourite. The winner is chosen by pupils across Bristol, with the opportunity to meet the Authors at the award's ceremony early next year. Mrs Nicks is currently 123 pages into The Sound of Everything by Rebecca Henry and finding it quite gripping. Anyone wishing to take part is very welcome, pop into the library and speak to the librarians.

WEAR IT PINK UPDATE...

Once again thank you to all who took part in the College annual 'Wear it Pink' day in order to raise funds for Breast Cancer Awareness. A fun day was had by all. The total amount raised was **£628.16!** Well done.

CHRISTMAS DINNER

This year the Christmas meal will be on Wednesday 14 December, on this day no other meal options will be available either at break or lunch. We are therefore going to ask the tutors to find out from their tutees whether or not they want the Christmas meal.



The Menu this year:

Mains

Either Roast Turkey or Roasted Vegetable and cranberry slice

Sides

Roast Potatoes, Carrots, Broccoli, stuffing, cocktail sausages and Gravy

Dessert

Sticky Toffee Pudding, Chocolate orange Muffin, or steamed Chocolate Pudding served with Custard

The meal will cost £2.50, free to Free School Meal children, and must be ordered and paid for, if not FSM, in advance.

If your child wishes to participate in the Christmas lunch, they must inform their tutor by the 30th November including whether they want Turkey or the Vegetarian option; this includes students on Free School Meals as unless it is ordered it will not be available on the day.

For those students that pay for their food, we will deduct the money from their account on the 1 December; please ensure they have sufficient money in their account. Unless they are not in on the day they will be charged whether they have the meal or not, as the meals will be cooked to orders only.

FLU VACCINATION

Thousands of primary and secondary school children are being offered the free flu vaccine this winter. The UK Health Security Agency is urging everyone eligible for a free flu vaccine to take up the offer due to an expected increase in respiratory viruses this winter, including flu and Covid.

Our Immunisation Team are visiting the College on the **6th January 2023** and will be seeing years 7, 8 and 9. A consent form was sent to you for your child via email earlier this month.

If your child is in years 10, 11 or Sixth form, or you would like to receive the flu vaccination for yourself or a family member, please have a look at the following websites for more information: <https://www.sirona-cic.org.uk/nhsservices/services/school-age-flu-vaccination/> or <https://www.nhs.uk/conditions/vaccinations/book-flu-vaccination/>

CHARITY QUIZ NIGHT

Friday 18th November - 7.30pm
Newman Hall, Sacred Heart Parish, Westbury

Quiz Night for all abilities including Skill Challenge! All proceeds to HCPT - The Pilgrimage Trust - taking children with additional needs to Lourdes every Easter. Max 6 players a team: £10. Bar available and hot dogs with veggie option. Cakes for dessert.