

St. Bede's Catholic College

Specialist Science and Sports College

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Newsletter

Issue 332 15th July 2022

REFLECTION

We celebrate the Feast of St Mary Magdalene on 22nd July

St. Mary Magdalene is one of the greatest saints of the Bible and a legendary example of God's mercy and grace. The precise dates of her birth and death are unknown, but it is known that she was present with Christ during his public ministry, death and resurrection. She is mentioned at least a dozen times in the Gospels.

The Gospels agree that Mary was originally a great sinner. Jesus cast seven demons out of her when he met her. After this, she told several women she associated with and these women also became followers.

During Jesus' ministry, it is believed that Mary Magdalene followed him, part of a semi-permanent entourage who served Jesus and his Disciples.

Mary likely watched the crucifixion from a distance along with the other women who followed Christ during His ministry. Mary was present when Christ rose from the dead, visiting his tomb to anoint his body only to find the stone rolled away and Christ, very much alive, sitting at the place they laid Him. She was the first witness to His resurrection.

Reflection:

"The story of Mary of Magdalene reminds us all of a fundamental truth... A disciple of Christ is one who, in the experience of human weakness, has had the humility to ask for his help, has been healed by him and has set out following closely after him, becoming a witness of the power of his merciful love that is stronger than sin and death." Pope Emeritus Benedict XVI

Prayer: Prayer from the Feast of St Mary Magdalene

O God, whose Only Begotten Son entrusted Mary Magdalene before all others with announcing the great joy of the Resurrection, grant, we pray, that through her intercession and example we may proclaim the living Christ and come to see him reigning in your glory. Amen



DATES FOR YOUR DIARY 2022

21st July

Last day of college
for pupils

22nd July
INSET DAY

18th August
GCSE Results Day

25th August
A Level Results Day

1st September
INSET DAY

2nd September
INSET DAY

5th September
Pupils return
to college

PRAYER LIST

This week we invite our college community to pray for: Marie N, Rachel H and the Maher Family

We welcome your suggestions for people to pray for in our next newsletter. Please follow the link below:

<https://forms.gle/qq5Te9HiCgtPgKMU7>

DUKE OF EDINBURGH

Bronze

Well done to the 108 year 9 DofE Bronze award students who completed their 2 day, 1 night expedition in the Cotswolds. Teams had to navigate the Cotswold Way from Hawkesbury Upton, staying near Dursley and then finishing in King's Stanley carrying all of their equipment, navigating and hiking through the hills!



Gold

Well done to the eleven year 12 and five year 13 students who completed their Gold Expedition in the Brecons. 4 days and 3 nights in the wind, rain, sun and heat! They navigated the hills and on day 3 summited Pen-Y-Fan. Although the picture isn't of the summit, is it an example of the stunning views from the trip. An amazing achievement - well done!

Silver

At the time of writing this we are halfway through the 4 silver assessed expeditions (15 year 11 and 75 year 10 students). 3 days and 2 nights in the Forest of Dean. The warm temperatures have added to the difficulty of the expedition but teams are coping very well in the heat and impressing everyone with their resilience. Pictured is one of the teams taking a break at lunch in the middle of day 2. Well done to everyone! Finally, a HUGE thank you to all the staff members who have made these expeditions possible.

Look out for information in OCTOBER for next year's DofE.

Dr Walsh



SPORTS LEADERS

Year 10 and Year 11 Sports Leaders this year contributed 560.5 hours of volunteering to support Primary school sports events for North Bristol schools. They supported 28 events across the year in a range of sports from Athletics to Football. 84% of leaders were female. 38% were White British with 51% from a BAME community.

Throughout the year they completed some modules on skills and qualities of a good leader, how to manage an event, and different ways to set up, coach, support and score different sports.

The children developed valuable skills such as timekeeping, organisation, communication, empathy and responsibility. They were challenged to not only be a role model to younger students, but to motivate them, promote fair play and be creative and flexible on the day. The Sports Leaders all worked tremendously hard and showed great independence and grew in confidence towards the end of the year. A massive well done, and thank you for all your hard work this year!

JOURNEY TO U and BEDE'S BABY BUNDLE 4 U

Over the last four weeks, Pasteur and Descartes pupils have travelled 4,379 virtual miles completing activities such as walking, running, training sessions, reading, drawing and baking to name a few, and have arrived in Ukraine via eight capital cities. As a reward for all their hard work, the miles were collectively added, which allowed each capital city to unlock two fun activities for pupils to participate in. Great fun was had by all enjoying some well known and some new activities for example - bocce, just dance, handball and rounders. Along the way, pupils have written thoughts and prayers on over 200 beautiful peace doves (on display in the college), each representing a child's life lost in the conflict in the Ukraine.

For us, raising awareness of the plights and suffering of those less fortunate than us, is just as important as raising funds to support them. In addition to our sponsored activity- 'Journey 2 U', we launched 'Bede's Baby Bundle 4 U' to donate much needed supplies for the families in the Ukraine. These came in the form of a plethora of wet wipes, baby milk, nappies, sudocrem and nappy sacks. The kindness and generosity of our young people, their families and our staff has been overwhelming.

With an appreciation of the current climate and challenges that many of our own families are facing, we cannot thank you enough for your compassion and continued support. Ms Sharp and Ms Johnston thank you from the bottom of their hearts - you are all an inspiration!

Our final amount raised TBC as the sponsorship money and donations are still rolling in!



TRAMPOLINING SUCCESS

Congratulations to year 8 student **Ellie** who achieved a great result in a regional trampolining competition last weekend.

Ellie, won individual silver medal at the **South West Regional Trampolining challenge cup** finals in her category. The competition, held at The University of Bath, also saw her win gold in the team event.

This great achievement means she will now be training with the South West Trampolining Squad. Congratulations Ellie!



BEAT BULLYING - BE AWARE

On 7th July, Ms Sharp and a team of pupils from Pasteur House, from year 8 to year 13, made a visit to St Bernard's, Shirehampton, one of our partner primary partner schools. The pupils delivered their own assembly warning of the dangers of the internet, social media and the many aspects of bullying. The honesty and integrity of the pupils involved appeared to have a big impact on the audience of Years 3, 5 and 6 as they embraced the pupils of St Bede's with a plethora of questions. So powerful was the experience, that the Head Teacher, Mr Jordan, said that the pupils 'are still talking about it now'.

We feel passionately against any form of bullying and believe that education is the way forward; by 'owning it' ourselves we should, ultimately, make a valuable difference. We are looking forward to working with St Bernard's and our other partner schools so that we can ensure a perfect and safe environment is achieved, for all, all of the time.



ENRICHMENT WEEK

This week years 7, 8 and 9 enjoyed three days of enrichment. Year 7 chose from a variety of options including: Robotics, Dance, Food, Drama and Forensics, Year 8 visited the Big Pit in Wales and participated in sports and wellbeing activities and Year 9 competed to design a brand new 'vehicle for Bristol' pitching their ideas to their peers. The atmosphere around the college has been incredibly positive and was thoroughly enjoyed by all!

PARENT SURVEY

Thank you to all parents who took the time to complete the parent survey.

Thank you for your comments.

WORK EXPERIENCE

Year 10 and 12 pupils participated in work experience this week with a range of local and national employers. We received some excellent feedback. The quality of this year's placements has once again, been outstanding, and our students, who were supported to source their own placements, have been very grateful for the opportunities.

Work experience placements included: Rolls Royce, University of Bristol, GKN Aerospace, John Lewis, Avon Riding Centre, RNAS Yeovilton, Vets 4 Pets, St Peter's Hospice Shop, Avon and Somerset Constabulary, Bristol Beacon, Partner and Non Partner Primary Schools.

YEAR 13 PROM

On Friday 8th July, year 13 gathered at Bristol Hotel to celebrate the end of their A Levels and a final farewell to St. Bede's. It was a delightful evening of celebration, with staff and students dining together and enjoying each others company. We wish all of our students well as they move onto university, apprenticeships and employment.



CELEBRATING DIVERSITY

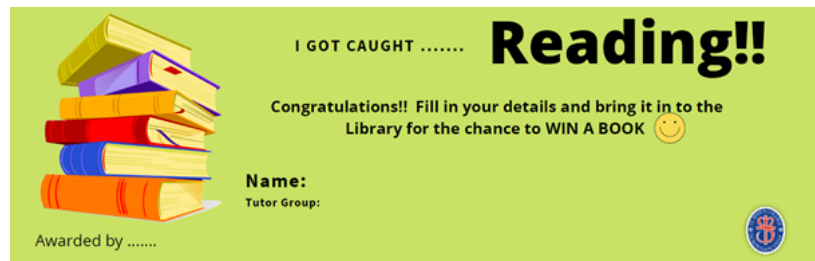
If you are from an ethnic background and want to join other young people in Bristol to share your experience and discuss matters that affect you, and question or challenge decision makers across the city, then join the Unity Forum.

<https://www.creativeyouthnetwork.org.uk/unity-youth-forum>

LIBRARY NEWS

The Library has been shut for stocktaking this week.

We look forward to reopening next week for everyone to choose their summer reading, and to announce the winners of Murder in the Library, this term's Get Caught Reading and announce our top borrowers of this year.



SAFEGUARDING SPOTLIGHT

SNAPCHAT 'MEET UP'

We have received a safeguarding alert regarding the popular app Snapchat.

Snapchat has a new feature, called 'Meet Up' which involves the ability to integrate Google Maps & Apple Maps into the Snapchat maps feature (Snap Map) to get precise directions to a friend's location without any warning or notification.

Further information to help you understand the risks of this feature and how to mitigate them can be found [here](#)

Source: ineqe safeguarding group

BREAKTIME SNACKS

Next week pupils are able purchase a variety of snacks from the canteen at break time.

As we are now a cashless school, money will need to be added to the pupils Scopay account beforehand.

CREATIVE ARTS EVENING

Last Wednesday - 6th July, the Creative Arts Faculty put on another evening where the work of students in years 7 to 9 was showcased to their families and friends.

A visually exciting art exhibition adorned the blue area in the College. Examples of work by the students included; paintings in response to the work of Sonia Delaunay and Henri Matisse, as well as wire and tissue paper butterfly wings made by year 8 students. Year 9 art and textiles students showed their creative flair with trashion outfits made from recycled materials and 3D Heads which greeted each viewer with a stare.

The music ranged from instrumental and vocal solos, including classical music, popular music and pieces from musicals and Disney films. The drama students performed thought provoking monologues from the plays; Goggle Eyes, The glass Menagerie and After Juliet. It's so lovely to see the range of talents our students have in the creative subjects.



ARETÉ TASTER DAY

We were delighted to welcome over 100 students to our Areté taster day on 5th July.

Students were able to try out different subject lessons to get an idea of what they may study over the next two years. The day culminated in a brilliant team building afternoon where students participated in a variety of activities and a quiz in the lecture theatre. All students enjoyed the friendly competitiveness and had a wonderful time. We look forward to seeing in September.

YEAR 12 TRIP TO CARDIFF UNIVERSITY

Year 12 students enjoyed a trip to Cardiff University during Enrichment Week. Students learnt about the benefits of Higher Education, university life and finances. They enjoyed a campus tour and had the opportunity to ask current university students any questions they had. It was an informative day which has sparked lots of questions about applying to university.



11-19 YEARS OLD?

We help young people
with all kinds of things like ...

Message us for confidential advice
and support and to chat with a School Nurse.

The service is open on Monday to Friday from 9am-5pm.

Send a message to:
07312 263093



For terms and conditions see <https://cchp.nhs.uk/chathealth>



Service provided by



STAYING MENTALLY HEALTHY

The summer holidays offer an opportunity to recharge, but some young people may find themselves struggling without the structure and support network of school. Exam results day can be challenging and we are also aware that some of our young people will be transitioning to university.



**Anna Freud
National Centre for
Children and Families**

The Anna Freud organisation have created a set of resources for young people and adults, including college staff to access. The packs feature a range of creative activities based on self-care strategies to help us all to stay mentally healthy.

They also signpost young people and their families to additional support, including the AFC crisis messenger text service.

If you are a young person looking for immediate support visit our Urgent Help page.
[\[https://www.annafreud.org/on-my-mind/urgent-help/\]](https://www.annafreud.org/on-my-mind/urgent-help/)

[Exam results webinar](#)

[Transitioning to university webinar](#)

In addition, please see the St. Bede's Catholic College website for further signposting to support with mental health - www.stbedescc.org - Key Information - Safeguarding

St. Bede's Catholic College
Term and Holiday Dates 2022/2023

Term	From	To
Term 1	Thursday 1 st September 2022	Friday 21 st October 2022
Thursday 1st and Friday 2nd September are in-service days. College re-opens to all pupils on Monday 5th September 2022		
Term 2	Monday 31 st October 2022	Friday 16 th December 2022
Term 3	Tuesday 3 rd January 2023	Friday 10 th February 2023
Term 4	Monday 20 th February 2023	Friday 31 st March 2023
Term 5	Monday 17 th April 2023	Friday 26 th May 2023
Term 6	Monday 5 th June 2023	Friday 21 st July 2023

Bank Holiday Monday 1st May 2023

Please note: There are 3 additional in-service days;

Monday 31 October 2022

Friday 10th February 2023

Friday 21st July 2023

The Governors have agreed to support the college's improvement agenda by increasing in-service training (INSET) in 2022/2023.

College will finish at 2:15pm on the following days for in-service training (bus departure will be adjusted accordingly);

Monday 10 October 2022

Thursday 23 February 2023

Monday 7 November 2022

Tuesday 7 March 2023

Friday 9 December 2022

Thursday 25 May 2023

Wednesday 4 January 2023

Friday 16 June 2023

Tuesday 24 January 2023

Wednesday 28 June 2023