

SEND Parental Support

SEND & You (formerly known as Supportive Parents)

An independent organisation offering a free confidential and impartial service to any parent who has a concern about their child's education. Their service offers:

- Information & Support Line on 01179 897725 open 10am – 2pm, Monday, Wednesday and Friday during term time only (answerphone at all other times)
- Help with paperwork and preparation for meetings
- Monthly support group meetings and termly newsletter
- Free parent courses designed to give an overview of relevant Education policies and specific information relating to SEN provision
- Courses aimed at SENCOs, school governors and trainee Educational Psychologists

Telephone: 01179 897725

Email: support@sendandyou.org

Sense

Supports children, young people and adults with sensory impairment, and their families. The people we support are deafblind, or sometimes have single sensory impairment with additional needs and/or multi sensory impairment.

<https://www.sense.org.uk/>

Ups and Downs South West

Local charity that deals with the health and education of children and young people who have Down Syndrome. They offer support to children and young people, their parents/carers and all linked professionals.

<https://www.upsanddowns.net/>

The Family Centre (Deaf Children)

Supports families with a deaf child or a deaf parent. They run a range of activities, including family sessions, a kids club, a youth club, family sign language tuition.

<https://fcdc.org.uk/>

Off The Record Parental Support

Mental health support. Find a downloadable parents' pack, local parent carer support group and helpline.

<https://www.otrbristol.org.uk/whats-going-on-for-you/parents-and-professionals/>

Tourettes Action

A leading support and research charity for people with Tourette Syndrome and their families.

<https://www.tourettes-action.org.uk/>

Sibs

Provides support to people who grow up with, or have grown up with, a disabled brother or sister.

<https://www.sibs.org.uk/>

Autism Parental Support

Bristol Autism Team

The Bristol Autism Team (BAT) support children and young people who have a formal diagnosis of autism and those on the pathway to diagnosis.

<https://www.bristol.gov.uk/web/bristol-local-offer/autism-support>

<https://www.bristol.gov.uk/web/bristol-local-offer/family-learning-courses-and-seminars-for-parents-and-carers>

Email: Bristol.Autism.HotLine@bristol.gov.uk

Autism Toolkits

Bristol's Local Offer website has several toolkits for school-age autistic children in the city.

<https://www.bristol.gov.uk/web/bristol-local-offer/professionals/send-autism-support-documents>

Bristol Autism Support Service

<https://www.bristolautismsupport.org/>

Bristol Autism Support (BAS) is a registered charity, number 1186287, that provides desperately needed support and information to parents and carers of autistic children. Parents do not need their child to have obtained a diagnosis to access our service- it could be that they are on the path to a diagnosis. We primarily support parents and carers prior to their child's autism assessment and for some time after they have achieved a diagnosis for their child.

Having a child with autism can be very isolating. Friends and family may not understand, or want to understand the condition and may abandon the parent / carer. Due to the nature of the condition, their child, and thus their family, may not fit in with traditional society and this may lead to isolation and even mental health issues for the parent / carer.

Our goal is to improve outcomes for autistic children by providing their parent / carer with information, support, signposting to other organisations and connecting them with other parents / carers. By supporting parents / carers, we help them to become better at supporting their autistic children.

They also offer a phone/email support service for parents and carers:

<https://www.bristolautismsupport.org/phonesupport/>

National Autistic Society

<https://www.autism.org.uk/what-we-do/help-and-support>

FACE- Bristol Autism Project

http://facefilton.org.uk/?page_id=650

Bristol Autism Project provides family holiday activities for autistic children and young people aged 4-18 years or similar Social & Communication Interaction Needs (SCIN) and their siblings who live in Bristol.

Families must live in an address in the Bristol Local Authority area to access this service OR they may have a child that attends a special school in Bristol OR be under the care of Bristol Social Care team but live outside Bristol. BAP runs free activities Mondays-Fridays in the school holidays, excluding Bank Holidays, with some activities targeted at different age groups (e.g. under/over 11 years).

FACE hosts free coffee mornings or zoom gatherings for parents or carers of autistic children (or similar Social Communication and Interaction Needs) who would like to attend Bristol Autism Project in the school holidays – or just want to find out more.