



St Bede's Catholic College

PSHCE Overview

PSHCE Team:

SLT Lead: MCS – Marina Smith

Teachers: KM - Karen Milton
AW - Ashling Walsh
SW - Stephen Wagstaff
DOR - Derek O'Rourke
JLS - James Lewis
DNL - Damaris Leach
BS - Beverley Sharp
JMH - Jack Hibbs
DJ - Dave Johnson

Teaching times:

Year 7: WedA1
Year 8: MonA5
Year 9: TueA2
Year 10: MonA4
Year 11: MonB4

PSHCE PROGRAMME: YEAR 7 2021-22 (Wednesday A1)

TERM1		Term 3		Term 5	
8 Sept	What is PSHCE education? / How will we work together? (Purple Book Lesson 1 & 2)	5 Jan	Rotation 4 Lesson 1	4 May	Rotation 7 Lesson 2
22 Sept	Rotation 1 Lesson 1	19 Jan	Rotation 4 Lesson 2	18 May	Rotation 8 Lesson 1
6 Oct	Rotation 1 Lesson 2	2 Feb	Rotation 5 Lesson 1		
20 Oct	Rotation 2 Lesson 1	16 Feb	Rotation 5 Lesson 2		
Term 2		Term 4		Term 6	
10 Nov	Rotation 2 Lesson 2	9 Mar	Rotation 6 Lesson 1	8 June	Rotation 8 Lesson 2
24 Nov	Rotation 3 Lesson 1	23 Mar	Rotation 6 Lesson 2	22 June	Enrichment Week 1
8 Dec	Rotation 3 Lesson 2	6 Apr	Rotation 7 Lesson 1	6 July	Enrichment Week 2
				20 July	PSHCE Evaluation / Pastoral Survey (Rotation 8 Class)

	Rotation 1	Rotation 2	Rotation 3	Rotation 4	Rotation 5	Rotation 6	Rotation 7	Rotation 8
KM	7PJS A3	7BHJS A19	7SJMHA20	7PAD A21	7SAMO A11	7DDNL A15	7DEBL A14	7BJC A6
AW	7BJC A6	7PJS A3	7BHJS A19	7SJMHA20	7PAD A21	7SAMO A11	7DDNL A15	7DEBL A14
DOR	7DEBL A14	7BJC A6	7PJS A3	7BHJS A19	7SJMHA20	7PAD A21	7SAMO A11	7DDNL A15
SW	7DDNL A15	7DEBL A14	7BJC A6	7PJS A3	7BHJS A19	7SJMHA20	7PAD A21	7SAMO A11
DNL	7SAMO A11	7DDNL A15	7DEBL A14	7BJC A6	7PJS A3	7BHJS A19	7SJMHA20	7PAD A21
BS	7PAD A21	7SAMO A11	7DDNL A15	7DEBL A14	7BJC A6	7PJS A3	7BHJS A19	7SJMHA20
JMH	7SJMHA20	7PAD A21	7SAMO A11	7DDNL A15	7DEBL A14	7BJC A6	7PJS A3	7BHJS A19
DJ	7BHJS A19	7SJMHA20	7PAD A21	7SAMO A11	7DDNL A15	7DEBL A14	7BJC A6	7PJS A3

PSHCE Programme Overview Year 7

Teacher	Topic	Students To Learn
KM	Living in the Wider World A Developing Skills and Aspirations. Careers, teamwork and enterprise skills, and raising aspirations	<ul style="list-style-type: none"> ● How to identify personal strengths and areas for development ● How to improve study skills ● About a broad range of careers and the abilities and qualities required for different careers
AW	Living in the Wider World B Developing Skills and Aspirations. Careers, teamwork and enterprise skills, and raising aspirations	<ul style="list-style-type: none"> ● How to be enterprising, including skills of problem-solving, communication, teamwork, leadership, risk-management, and creativity ● About equality of opportunity ● How to challenge stereotypes, broaden their horizons and how to identify future career aspirations ● About the link between values and career choices
DNL	Health & Well Being A Healthy routines, influences on health,	<ul style="list-style-type: none"> ● How to make healthy lifestyle choices including diet, dental health, physical activity and sleep ● How to manage influences relating to caffeine, smoking and alcohol ● About personal hygiene
DOR	Health & Well Being B Transition to Secondary School / Health & Puberty Risk	<ul style="list-style-type: none"> ● How to establish and manage friendships ● How to identify, express and manage their emotions in a constructive way ● How to manage physical and emotional changes during puberty ● How to recognise and respond to inappropriate and unwanted contact ● About FGM and how to access help and support
SW	Living in the Wider World C Financial decision making, Saving, borrowing, budgeting and making financial choices	<ul style="list-style-type: none"> ● How to make safe financial choices about ethical and unethical business practices and consumerism ● About saving, spending and budgeting ● How to manage risk-taking behaviour
BS	Relationships A Building relationships, Self-worth, romance and friendships (including online) and relationship boundaries	<ul style="list-style-type: none"> ● How to develop self-worth and self-efficacy ● About qualities and behaviours relating to different types of positive relationships ● How to recognise unhealthy relationships ● How to recognise and challenge media stereotypes ● How to evaluate expectations for romantic relationships
DJ	Health & Well Being C Personal Safety in and outside school,	<ul style="list-style-type: none"> ● Personal safety strategies and travel safety, e.g. road, rail and water ● How to respond in an emergency situation

	including first aid	<ul style="list-style-type: none"> ● Basic first aid
JMH	Relationships B Diversity, Prejudice & Bullying	<ul style="list-style-type: none"> ● About identity, rights and responsibilities ● About living in a diverse society ● How to challenge prejudice, stereotypes and discrimination ● The signs and effects of all types of bullying, including online ● How to respond to bullying of any kind, including online

PSHCE PROGRAMME: YEAR 8 2021-22 (Monday A5)

TERM1		Term 3		Term 5	
20 Sept	How will we work together? Rotation 1 Lesson 1	17 Jan	Rotation 4 Lesson 1	16 May	Rotation 7 Lesson 1
4 Oct	Rotation 1 Lesson 2	31 Jan	Rotation 4 Lesson 2		
18 Oct	Rotation 2 Lesson 1	14 Feb	Rotation 5 Lesson 1		
Term 2		Term 4		Term 6	
8 Nov	Rotation 2 Lesson 2	7 Mar	Rotation 5 Lesson 2	6 June	Rotation 7 Lesson 2
22 Nov	Rotation 3 Lesson 1	21 Mar	Rotation 6 Lesson 1	20 June	Rotation 8 Lesson 1
6 Dec	Rotation 3 Lesson 2	4 Apr	Rotation 6 Lesson 2	4 July	Rotation 8 Lesson 2
				18 July	PSHCE Evaluation / Pastoral Survey (Rotation 8 Class)

	Rotation 1	Rotation 2	Rotation 3	Rotation 4	Rotation 5	Rotation 6	Rotation 7	Rotation 8
KM	8BZW A3	8SEP A19	8BJAH A20	8DADA A21	8PCCH D13	8PGM D6	8DELS C18	8SJOW A6
AW	8SJOW A6	8BZW A3	8SEP A19	8BJAH A20	8DADA A21	8PCCH D13	8PGM D6	8DELS C18
DOR	8DELS C18	8SJOW A6	8BZW A3	8SEP A19	8BJAH A20	8DADA A21	8PCCH D13	8PGM D6
SW	8PGM D6	8DELS C18	8SJOW A6	8BZW A3	8SEP A19	8BJAH A20	8DADA A21	8PCCH D13
DNL	8PCCH D13	8PGM D6	8DELS C18	8SJOW A6	8BZW A3	8SEP A19	8BJAH A20	8DADA A21
BS	8DADA A21	8PCCH D13	8PGM D6	8DELS C18	8SJOW A6	8BZW A3	8SEP A19	8BJAH A20
JMH	8BJAH A20	8DADA A21	8PCCH D13	8PGM D6	8DELS C18	8SJOW A6	8BZW A3	8SEP A19
DJ	8SEP A19	8BJAH A20	8DADA A21	8PCCH D13	8PGM D6	8DELS C18	8SJOW A6	8BZW A3

PSHCE Programme Overview Year 8

Teacher	Topic	Students To Learn
KM	Living in the Wider World A Online safety, digital literacy	<ul style="list-style-type: none"> ● How to recognise biased or misleading information online ● How to critically assess different media sources ● How to distinguish between content which is publicly and privately shared
AW	Living in the Wider World B Online safety, digital literacy, 'sexting'	<ul style="list-style-type: none"> ● About online communication ● How to use social networking sites safely ● About the risks of 'sexting' and how to manage requests or pressure to send an image ● How to recognise online grooming in different forms, e.g. in relation to sexual or financial exploitation, extremism and radicalisation ● How to respond and seek support in cases of online grooming
DOR	Health & Well Being A Alcohol and drug misuse and pressures relating to drug use	<ul style="list-style-type: none"> ● About medicinal and recreational drugs ● About the over-consumption of energy drinks ● About the relationship between habit and dependence ● How to use over the counter and prescription medications safely ● How to assess the risks of alcohol, tobacco, nicotine and e-cigarettes ● How to manage influences in relation to substance use ● How to recognise and promote positive social norms and attitudes
SW	Living in the Wider World C Online safety, digital literacy	<ul style="list-style-type: none"> ● How to protect financial security online ● How to assess and manage risks in relation to gambling and chance-based transactions ● How to develop digital resilience ● About age restrictions when accessing different forms of media and how to make responsible decisions
DNL	Living in the Wider World D Community and Careers Equality of opportunity in careers and life choices, and different types and patterns of work	<ul style="list-style-type: none"> ● About equality of opportunity in life and work ● How to challenge stereotypes and discrimination in relation to work and pay ● About employment, self-employment and voluntary work ● How to set aspirational goals for future careers and challenge expectations that limit choices
BS	Relationships A Discrimination in all its forms, including: Disability and sexism	<ul style="list-style-type: none"> ● How to manage influences on beliefs and decisions ● About group-think and persuasion ● How to develop self-worth and confidence

		<ul style="list-style-type: none"> • How to recognise and challenge sexism and disability discrimination
DJ	<p>Health & Well Being B</p> <p>Mental health and emotional wellbeing, including body image and coping strategies</p>	<ul style="list-style-type: none"> • About attitudes towards mental health • How to challenge myths and stigma • About daily wellbeing • How to manage emotions • About unhealthy coping strategies (e.g. self-harm and eating disorders) • About healthy coping strategies
JMH	<p>Relationships B</p> <p>Discrimination in all its forms, including: racism, religious discrimination, homophobia, biphobia and transphobia</p>	<ul style="list-style-type: none"> • About gender identity, transphobia and gender-based discrimination • How to recognise and challenge homophobia and biphobia • How to recognise and challenge racism and religious discrimination

PSHCE PROGRAMME: YEAR 9 2021-22 (Tuesday A2)

TERM 1		TERM 3		TERM 5	
21 Sept	Is anybody perfect? (Red Book Lesson 19)	4 Jan	Rotation 3 Lesson 2	3 May	Rotation 7 Lesson 1
5 Oct	Rotation 1 Lesson 1	18 Jan	Rotation 4 Lesson 1	17 May	Rotation 7 Lesson 2
19 Oct	Rotation 1 Lesson 2	1 Feb	Rotation 4 Lesson 2		
		15 Feb	Rotation 5 Lesson 1		

TERM 2		TERM 4		TERM 6	
9 Nov	Rotation 2 Lesson 1	8 Mar	Rotation 5 Lesson 2	7 June	Rotation 8 Lesson 1
23 Nov	Rotation 2 Lesson 2	22 Mar	Rotation 6 Lesson 1	21 June	Rotation 8 Lesson 2
7 Dec	Rotation 3 Lesson 1	5 Apr	Rotation 6 Lesson 2	5 July	Enrichment Week
				19 July	Year 9 Pupil Survey / PSHCE Evaluation / Pastoral Survey (Rotation 8 Class)

	Rotation 1	Rotation 2	Rotation 3	Rotation 4	Rotation 5	Rotation 6	Rotation 7	Rotation 8
KM	9DFM A3	9BJMB A6	9DHA A20	9TPHP A21	9SAMA A18	9BAW A7	9PBD A14	9SPB A4
AW	9SPB A4	9DFM A3	9BJMB A6	9DHA A20	9TPHP A21	9SAMA A18	9BAW A7	9PBD A14
DOR	9PBD A14	9SPB A4	9DFM A3	9BJMB A6	9DHA A20	9TPHP A21	9SAMA A18	9BAW A7
SW	9BAW A7	9PBD A14	9SPB A4	9DFM A3	9BJMB A6	9DHA A20	9TPHP A21	9SAMA A18
JLS	9SAMA A18	9BAW A7	9PBD A14	9SPB A4	9DFM A3	9BJMB A6	9DHA A20	9TPHP A21
BS	9TPHP A21	9SAMA A18	9BAW A7	9PBD A14	9SPB A4	9DFM A3	9BJMB A6	9DHA A20
JMH	9DHA A20	9TPHP A21	9SAMA A18	9BAW A7	9PBD A14	9SPB A4	9DFM A3	9BJMB A6
DJ	9BJMB A6	9DHA A20	9TPHP A21	9SAMA A18	9BAW A7	9PBD A14	9SPB A4	9DFM A3

PSHCE Programme Overview Year 9

Teacher	Topic	Students To Learn
KM	Health & Well Being A Peer influence, Healthy and unhealthy friendships, assertiveness,	<ul style="list-style-type: none"> ● How to distinguish between healthy and unhealthy friendships ● How to assess risk and manage influences, including online ● About 'group think' and how it affects behaviour ● How to recognise passive, aggressive and assertive behaviour and how to communicate assertively
AW	Health & Well Being B Substance use and gangs, substance misuse, and gang exploitation	<ul style="list-style-type: none"> ● To manage risk in relation to gangs ● About the legal and physical risks of carrying a knife ● About positive social norms in relation to drug and alcohol use ● About legal and health risks in relation to drug and alcohol use, including addiction and dependence
JLS	Citizenship Laws & The Justice System, Parliamentary Democracy	<ul style="list-style-type: none"> ● A History of Crime & Punishment within the UK ● How the law affects young people ● About youth crime ● About rights and the Police ● What happens to young offenders ● How does the system of Parliamentary Democracy fit together ● Political parties in the UK ● How do you become an MP / What does an MP do
DOR	Health & Well Being C Healthy lifestyle Diet, exercise, lifestyle balance and healthy choices, and first aid	<ul style="list-style-type: none"> ● About the relationship between physical and mental health ● About balancing work, leisure, exercise and sleep ● How to make informed healthy eating choices ● How to manage influences on body image ● To make independent health choices ● To take increased responsibility for physical health, including testicular & breast self-examination
SW	Living in the Wider World Employability skills, Employability and online presence	<ul style="list-style-type: none"> ● About young people's employment rights and responsibilities ● Skills for enterprise and employability ● How to give and act upon constructive feedback ● How to manage their 'personal brand' online ● Habits and strategies to support progress ● How to identify and access support for concerns relating to life online

<p>BS</p>	<p>Relationships A Families and parenting, healthy relationships, conflict resolution, and relationship changes</p>	<ul style="list-style-type: none"> ● About different types of families and parenting, including single parents, same sex parents, blended families, adoption and fostering ● About positive relationships in the home and ways to reduce homelessness amongst young people About conflict and its causes in different contexts, e.g. with family and friends ● Conflict resolution strategies ● How to manage relationship and family changes, including relationship breakdown, separation and divorce ● How to access support services
<p>DJ</p>	<p>Health & Well Being D First Aid</p>	<ul style="list-style-type: none"> ● How to deal with basic first aid injuries – to include bleeding, burns and fractures How to use a defibrillator ● CPR / Recovery position recap
<p>JMH</p>	<p>Relationships B Gender identity, sexual orientation,</p>	<ul style="list-style-type: none"> ● The qualities of positive, healthy relationships ● How to demonstrate positive behaviours in healthy relationships ● About gender identity and sexual orientation ● About forming new partnerships and developing relationships ● About the law in relation to consent ● That the legal and moral duty is with the seeker of consent ● How to effectively communicate about consent in relationships ● About basic forms of contraception, e.g. condom and pill

PSHCE PROGRAMME: YEAR 10 2021-22 (Monday A4)

Term 1		Term 3		Term 5	
6 Sept	CV Writing	17 Jan	Rotation 4 Lesson 1	16 May	Rotation 7 Lesson 1
20 Sept	Rotation 1 Lesson 1	31 Jan	Rotation 4 Lesson 2		
4 Oct	Rotation 1 Lesson 2	14 Feb	Rotation 5 Lesson 1		
18 Oct	Rotation 2 Lesson 1				
Term 2		Term 4		Term 6	
8 Nov	Rotation 2 Lesson 2	7 Mar	Rotation 5 Lesson 2	6 June	Rotation 7 Lesson 2
22 Nov	Rotation 3 Lesson 1	21 Mar	Rotation 6 Lesson 1	20 June	Revision Guidance
6 Dec	Rotation 3 Lesson 2	4 Apr	Rotation 6 Lesson 2	4 July	Exams / Private Study
				18 July	Pastoral Survey / PSHCE Evaluation (Computer Rooms)

	ROTATION 1	ROTATION 2	ROTATION 3	ROTATION 4	ROTATION 5	ROTATION 6	ROTATION 7	ROTATION 8
KM	10BJP A3	10DZT A19	10BJLS A20	10PCLH A21	10SDEW A18	10DASC A15	10PCBA A14	10SDJS A4
AW	10SDJS A4	10BJP A3	10DZT A19	10BJLS A20	10PCLH A21	10SDEW A18	10DASC A15	10PCBA A14
DOR	10PCBA A14	10SDJS A4	10BJP A3	10DZT A19	10BJLS A20	10PCLH A21	10SDEW A18	10DASC A15
SW	10DASC A15	10PCBA A14	10SDJS A4	10BJP A3	10DZT A19	10BJLS A20	10PCLH A21	10SDEW A18
JLS	10SDEW A18	10DASC A15	10PCBA A14	10SDJS A4	10BJP A3	10DZT A19	10BJLS A20	10PCLH A21
BS	10PCLH A21	10SDEW A18	10DASC A15	10PCBA A14	10SDJS A4	10BJP A3	10DZT A19	10BJLS A20
JMH	10BJLS A20	10PCLH A21	10SDEW A18	10DASC A15	10PCBA A14	10SDJS A4	10BJP A3	10DZT A19
DJ	10DZT A19	10BJLS A20	10PCLH A21	10SDEW A18	10DASC A15	10PCBA A14	10SDJS A4	10BJP A3

PSHCE Programme Overview Year 10

Teacher	Topic	Students To Learn
KM	<p>Living in the Wider World A Financial Decision Making - The impact of financial decisions, debt, gambling and the impact of advertising on financial choices</p>	<ul style="list-style-type: none"> ● Dangers of Gambling & Addiction ● How thinking errors, e.g. gambler's fallacy, can increase susceptibility to gambling ● Strategies for managing influences related to gambling, including online ● About the relationship between gambling and debt ● About the law and illegal financial activities, including fraud and cybercrime
AW	<p>Health & Well Being A Exploring influence - The influence and impact of drugs, gangs, role models and the media</p>	<ul style="list-style-type: none"> ● About positive and negative role models ● How to evaluate the influence of role models and become a positive role model for peers ● About the media's impact on perceptions of gang culture ● How to manage peer influence in increasingly independent scenarios, in relation to substances, gangs and crime ● Exit strategies for pressurised or dangerous situations
SW	<p>Health & Well Being B Exploring influence - The influence and impact of drugs, gangs, role models and the media</p>	<ul style="list-style-type: none"> ● About the impact of drugs and alcohol on individuals, personal safety, families and wider communities ● How drugs and alcohol affect decision making ● How to keep self and others safe in situations that involve substance use ● How to seek help for substance use and addiction
DOR	<p>Addressing Extremism and Radicalisation Community cohesion and challenging extremism</p>	<ul style="list-style-type: none"> ● About communities, inclusion, respect and belonging ● About the Equality Act, diversity and values ● About how social media may distort, mis-represent or target information in order to influence beliefs and opinions ● How to manage conflicting views and misleading information ● How to safely challenge discrimination, including online ● How to recognise and respond to extremism and radicalisation
JMH	<p>Living in the Wider World B Work Experience - Preparation for and evaluation of work experience and readiness for work</p>	<ul style="list-style-type: none"> ● How to evaluate strengths and interests in relation to career development ● About opportunities in learning and work ● Strategies for overcoming challenges or adversity ● About responsibilities in the workplace ● How to manage practical problems and health and safety

		<ul style="list-style-type: none"> ● How to maintain a positive personal presence online ● How to evaluate and build on the learning from work experience
JLS	<p><i>Living in the Wider World C</i> Financial Decision Making - The impact of financial decisions, debt, gambling and the impact of advertising on financial choices</p>	<ul style="list-style-type: none"> ● How to effectively budget and evaluate savings options ● How to prevent and manage debt, including understanding credit rating and pay day lending ● How data is generated, collected and shared, and the influence of targeted advertising ● How to manage risk in relation to financial activities
BS	<p><i>Relationships</i> Relationships and sex expectations, myths and challenges</p>	<ul style="list-style-type: none"> ● About the ethical and legal implications in relation to consent, including manipulation, coercion, and capacity to consent ● How to recognise and respond to pressure, coercion and exploitation, including reporting and accessing appropriate support ● How to recognise and challenge victim blaming ● About asexuality, abstinence and celibacy
DJ	<p><i>Health & Well Being C</i> Mental health - Mental health and ill health, stigma, safeguarding health including during periods of transition or change</p>	<ul style="list-style-type: none"> ● How to manage challenges during adolescence ● How to reframe negative thinking ● Strategies to promote mental health and emotional wellbeing ● About the signs of emotional or mental ill-health ● How to access support and treatment ● About the portrayal of mental health in the media ● How to challenge stigma, stereotypes and misinformation

PSHCE PROGRAMME: YEAR 11 2021-22 (Monday B4)

Term 1		Term 3		Term 5	
13 Sept	Careers Update Rotation 1 Lesson 1	10 Jan	Rotation 4 Lesson 1	25 April	Year 11 Pupil Survey
27 Sept	Rotation 1 Lesson 2	24 Jan	Rotation 4 Lesson 2	9 May	Rotation 7 Lesson 1
11 Oct	Rotation 2 Lesson 1	7 Feb	Rotation 5 Lesson 1	23 May	Rotation 7 Lesson 2
Term 2		Term 4			
15 Nov	Rotation 2 Lesson 2	28 Feb	Rotation 5 Lesson 2		
29 Nov	Rotation 3 Lesson 1	14 Mar	Rotation 6 Lesson 1		
13 Dec	Rotation 3 Lesson 2	28 Mar	Rotation 6 Lesson 2		

	Rotation 1	Rotation 2	Rotation 3	Rotation 4	Rotation 5	Rotation 6	Rotation 7
KM	11PJMS A19	11BSGJ A20	11PKM A21	11DEH C15	11DMC A7	11PMW C18	11BLB A8
AW	11BLB A8	11PJMS A19	11BSGJ A20	11PKM A21	11DEH C15	11DMC A7	11PMW C18
DOR	11PMW C18	11BLB A8	11PJMS A19	11BSGJ A20	11PKM A21	11DEH C15	11DMC A7
SW	11DMC A7	11PMW C18	11BLB A8	11PJMS A19	11BSGJ A20	11PKM A21	11DEH C15
JLS	11DEH C15	11DMC A7	11PMW C18	11BLB A8	11PJMS A19	11BSGJ A20	11PKM A21
BS	11PKM A21	11DEH C15	11DMC A7	11PMW C18	11BLB A8	11PJMS A19	11BSGJ A20
JMH	11BSGJ A20	11PKM A21	11DEH C15	11DMC A7	11PMW C18	11BLB A8	11PJMS A19

PSHCE Programme Overview Year 11

Teacher	Topic	Students To Learn
KM	Health & Well Being A Building for the future - Self-efficacy, stress management, and future opportunities	<ul style="list-style-type: none"> ● How to manage the judgement of others and challenge stereotyping ● How to balance ambition and unrealistic expectations ● How to develop self-efficacy, including motivation, perseverance and resilience ● How to maintain a healthy self-concept ● About the nature, causes and effects of stress ● Stress management strategies, including maintaining healthy sleep habits ● About positive and safe ways to create content online and the opportunities this offers ● How to balance time online
AW	Living in the Wider World A Next Steps - Life at University and readiness for work	<ul style="list-style-type: none"> ● What is life at University like ● Student Finance / Student Loans ● How to evaluate strengths and interests in relation to career development ● About opportunities in learning and work ● About responsibilities in the workplace ● How to manage practical problems and health and safety ● How to evaluate and build on the learning from work experience
JMH	Living in the Wider World B Next Steps - Application processes	<ul style="list-style-type: none"> ● About application processes, including writing CVs, personal statements and interview technique
DOR	Health & Well Being B Independence - responsible health choices,	<ul style="list-style-type: none"> ● About the links between lifestyle and some cancers ● About the importance of screening and how to perform self-examination ● About vaccinations and immunisations ● About registering with and accessing doctors, sexual health clinics, opticians and other health services ● How to manage influences and risks relating to cosmetic and aesthetic body alterations ● About blood, organ and stem cell donation
JLS	Living in the Wider World C Skills for further education, employment and career progression	<ul style="list-style-type: none"> ● How to use feedback constructively when planning for the future ● How to set and achieve SMART targets ● How to maximise employability, including managing online presence and taking opportunities to broaden experience

		<ul style="list-style-type: none"> ● About rights, responsibilities and challenges in relation to working part time whilst studying ● How to manage work/life balance
BS	<p>Healthy Relationships The impact of the media and pornography</p> <p>Communication in Relationships Relationship challenges and abuse</p>	<ul style="list-style-type: none"> ● How to manage the impact of the media and pornography on sexual attitudes, expectations and behaviours ● How to handle unwanted attention, including online ● How to challenge harassment and stalking, including online ● About various forms of relationship abuse ● About unhealthy, exploitative and abusive relationships ● How to access support in abusive relationships and how to overcome challenges in seeking support
SW	<p>Health & Well Being C Independence - safety in independent contexts</p>	<ul style="list-style-type: none"> ● How to assess and manage risk and safety in new independent situations (e.g. personal safety in social situations and on the roads) ● Emergency first aid skills ● How to assess emergency and non-emergency situations and contact appropriate services

06/09/2020