

# St. Bede's Catholic College

Specialist Science and Sports College

Issue 272 15th February 2019



T: 0117 377 2200

E: [contact@stbcc.org](mailto:contact@stbcc.org)

W: [www.stbedesccl.org](http://www.stbedesccl.org)

Tw: STB\_Bristol

## ARETÉ STUDENT ELECTED AS YOUTH MEMBER OF PARLIAMENT



Congratulations to Year 12 student **Daniel McTiernan** who has been elected as a **Youth Member of Parliament**. The announcement was made at City Hall on Friday 8th February following the counting process.

Daniel campaigned against 17 other candidates from across Bristol, with young people aged between 11-18 voting in the election. Daniel focussed his campaign on the impact of academic and social pressures on mental health.

He said: *I am keen to be the voice of students at St. Bede's and students in Bristol. I wish to thank all those who voted for me to represent them over the last few weeks and promise I will do everything in my power to try and promote change.*

We look forward to hearing of the good work you will do on behalf of the young people in our City.

We are grateful to Daniel for allowing us to use his photograph in this edition of the newsletter.

## REFLECTION—14th February

### Memorial of St Cyril and St Methodius

St Cyril and his brother, St Methodius, travelled to Moravia (part of modern day Czech Republic) to preach the Gospel, translating the liturgy into a Slavonic alphabet. They later came to Rome, where they were met by the Papal Court and reported their labours to which there was some opposition. Soon after, Cyril died and was buried in St Peter's, although he was later transferred to San Clemente. Methodius returned to Moravia, continuing to labour as a missionary.

**Reflection:** "Go and make disciples of all nations, baptising them in the name of the Father and of the Son and of the Holy Spirit..."

**Prayer:** Lord, we pray that we may be inspired by Saints Cyril and Methodius who preached to many who refused to listen, and continue to spread God's word. May we be witnesses to Your goodness and bring others to know you. Amen.



## DATES FOR YOUR DIARY

**15th February**

INSET DAY  
END OF TERM 3

**25th February**

START OF TERM 4  
WEEK B

Year 8 Exams begin

**28th February**

Year 13  
Parents' Evening  
4.30pm—7.30pm

**7th March**

World Book Day

**Follow us on  
Twitter!**

**Please follow us:  
@STB\_Bristol**



### ADVICE AND SUPPORT

Supportive Parents provide information and support for families of children with Special Educational Needs (SEND) across Bristol, North Somerset and South Gloucestershire and hold regular support group meetings.

For more information visit <http://www.supportiveparents.org.uk/support-groups/>

## YEAR 7 MOTTE AND BAILEY COMPETITION

Congratulations to year 7 for their tremendous efforts in making their Motte and Bailey castles. The standard this year was exceptionally high and 22 pupils received a Certificate of Excellence.

Well done to: **Gabriela Mazur, Ezekiel Do Rozario, Adam Preisner, Zach Axel-Ponce** and **Robert Korejwo** who were selected as **runners up** and to **Morella Wallis** who received 1st Prize.



## DUKE OF EDINBURGH

Congratulations to those who completed their Duke of Edinburgh award this term. Our success with the Duke of Edinburgh programme has continued to grow, with a further 15 students achieving their award.

Since September, 63 students have completed their Bronze or Silver award, with a further 110 students working towards their Bronze, Silver or Gold award.

If pupils need help in collecting assessor reports, particularly from the 2018 expedition season, please see Mr Sutton during Wednesday lunch times.





## ARETÉ STUDENTS TRIP TO LONDON

On Thursday 7th February, 30 Sixth Form students visited the Houses of Parliament. When we arrived students had a brief tour of the Supreme Court of Justice. Then students were taken on a guided tour around the Palace of Westminster including watching a live debate in the House of Commons and House of Lords. You may have seen the Commons on TV as this is where the Prime Minister takes part in Question Time each week. They also visited Westminster Hall (which is 1000 years old and also where Guy Fawkes was put on trial). Students then took part in a workshop on how laws are made and had to follow the protocols that MPs and Peers use when in debates in each house.

In the afternoon students went on a guided tour around London learning about the life of Karl Marx. This is particularly useful for students studying sociology, law, religious studies or politics. Students commented that the trip helped them to consider careers in politics, the civil service and law as well as possibly studying at university in London. If you want to find out more about how laws are made, voting or careers in Parliament, visit <http://www.parliament.uk/education/>



## FLYING START COMPETITION REGIONAL FINALS

Two teams from St. Bede's attended the **Flying Start Competition Regional Finals** on Monday 11th February. The Regional Finals took place at Aerospace Bristol, a new industrial heritage museum and learning centre at Filton.

Prior to the Regional Finals, the teams had to build a glider to a budget and create a poster about their design process and the physics of flight.

Each team presented their glider and poster to a judging panel of professional engineers. Then the gliders took part in a 'fly-off' where teams scored more points if their glider went straight and far, finishing with a quiz about flight and engineering. Both St. Bede's teams performed brilliantly. We are awaiting to hear if our teams have gained a place at the National Finals which is held in March at the Fleet Air Arm Museum in Yeovilton.

Thank you to our Airbus mentor engineers and all the Flying Start sponsors for a great competition so far.

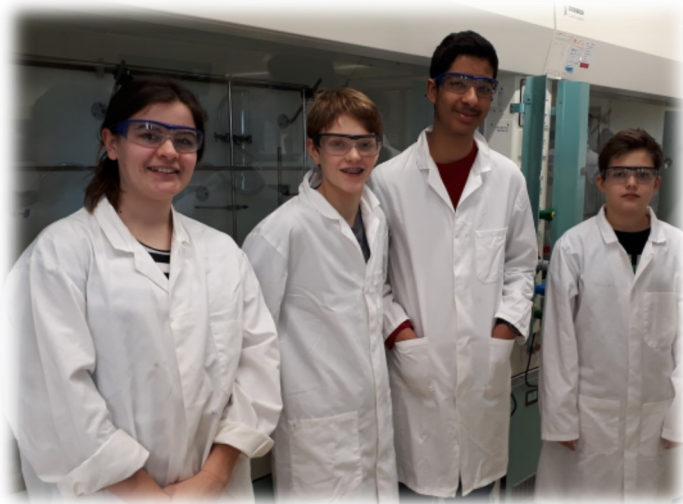


## ROYAL SOCIETY OF CHEMISTRY'S 'TOP OF THE BENCH' COMPETITION

Congratulations to **David-Phillip Gherman, Seamus Robinson, Floyd Veigas** and **Rachel O'Hagan** who took part in the Royal Society Of Chemistry's 'Top of the Bench' competition on Wednesday 13th February.

The national competition involved a whole day of challenging tasks at the University of Bristol's School of Chemistry. Our students were put through their paces having to undertake a test of their factual chemical knowledge, as well as two practical chemical problems requiring expert investigative skill and teamwork.

After lunch they attended a 'flash-bang' lecture exploring atmospheric chemistry. The students enjoyed the day and narrowly missed out on a top 3 place. Well done!



## ARETÉ ART RESIDENTIAL TRIP TO ST. IVES

Last weekend, as part of the A Level Art course, 12 of our Art Students were given the opportunity to visit the 'home' of Art - St. Ives in Cornwall where they visited the Barbara Hepworth Museum and Tate St. Ives. They will be using the work exhibited, as stimulus for projects to be developed, back in college.

Pupils painted, sketched and photographed the exhibits as well as the local environment. They made sand sculptures, in response to the work, under the instruction of their teachers and a local professional artist Greg Humphries. Despite the blustery conditions, they had a fantastic time and produced super art work which they can develop into their own personal outcomes back in the studio.



A Level Art students can be seen here sporting their St. Bede's Catholic College Bobble Hats.

## ALUMNI NEWS

We were delighted to hear that past pupil **Iwan Hughes** has been selected for the Under 20 Ireland Rugby team.

Iwan, who was a pupil at St. Bede's from 2010-2015 now plays for Ulster and is currently participating in the Under 20 6 Nations Championship which kicked off at the beginning of February.

We love to hear news from our St. Bede's Alumni. Please do keep us informed via [contact@stbcc.org](mailto:contact@stbcc.org).



## "ON SITE, OUT OF SIGHT"

We are updating the college policy on mobile phones, as we recognise the safeguarding benefits of young people having mobile phones for the journey to and from college.

The new policy is "on site, out of sight", meaning students can bring mobile phones to college but they must be kept out of sight when in college – either in their bag or in their locker, switched off.

Bringing a mobile phone will be at the student's own risk and the college will not accept responsibility for damage or loss of any such item. A failure to keep mobile phones "out of sight" will result in them being confiscated.

Collection of confiscated items by parents from the college reception can be arranged by appointment.



## THANK YOU MRS TURRI

Mrs Carmichael, Head of Year 7 returns back to St. Bede's today following her maternity leave. A huge thank you to Mrs Turri who has been fantastic in her role as Acting Head of Year 7, helping the year 7 transition so well into life at St. Bede's.

Any year 7 queries should now be directed to Mrs Carmichael. She can be contacted via email on [r.carmichael@stbcc.org](mailto:r.carmichael@stbcc.org)

## ART HALF TERM SESSION

The college is open on Tuesday 19th February from 10.00am - 2.00pm for all GCSE and A Level Art students.

Parents have been informed via email of the importance of this session.





## STAFF VACANCIES

Governors at St. Bede's Catholic College wish to appoint the following:

- **School Meals Supervisory Assistant (SMSA)** The post is 7.5 hours per week and £8.00 per hour (this will increase to £9.00 in April 2019)
- **Cleaner** This will be a permanent contract of 16 hours per week for which the hours of work are 3.00pm to 6.15pm Monday to Thursday and 3.00pm – 6.00pm on Friday. The hourly rate is £8.00 (increasing to £9.00 per hour in April 2019)
- **Invigilators** to provide support to the examination process within the College.

Employment is offered on a casual, sessional basis and the hours of work would be between 8.30 am to 4.30 pm. The main external examinations take place in May/June each year but internal examinations can take place throughout the year.

The hourly rate of pay is £9.00 which includes payment for a proportion of accrued holiday entitlement.

For further information, please see the vacancy section of our website.

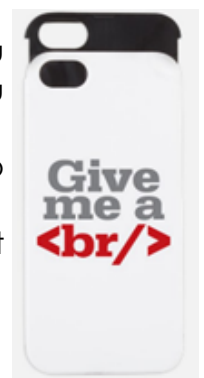
## SAFEGUARDING SPOTLIGHT

**Almost half (45%) of young people are checking their mobile phones after they have gone to bed, a Digital Awareness UK poll suggests.**

A survey of 2,750 11 to 18 year-olds found one in 10 admitted checking their mobile phones for notifications at least 10 times a night.

### How to Cut down on screen-time

- **Refrain** from using screens 90 minutes before bedtime
- **Turn off notifications**, or activate "do not disturb", "aeroplane mode" or mute settings.
- **Turn the phone off** altogether if you can
- **Reduce blue light exposure**, which can disrupt sleep. For example, many devices have the "night shift mode", which changes the colour temperature of your device to reduce exposure
- **Try and break the habit** of constant, unprompted device checking
- **Consider using a screen time** tracker apps, such as RealizD and Moment, that can showcase the amount of time you are spending on your device. Some of these apps allow you to set usage restrictions
- **Digital detox** - take a break from devices altogether or set times that you will turn your phone off. Keep your phone in a location that prevents you from seeing, hearing or even reaching for it (in a drawer or box)
- **Switch the habit** - in the 90 minutes running up to bedtime, get stuck into a good book, perhaps try headspace, meditation, or a relaxing bath !
- **Think.** If we think about the reasons why we are using mobile devices at night time, we would often think twice



# SIMS PARENT APP

We are introducing a new way to share information with you regarding your child's student life. You can access the system from a smartphone, tablet or PC.

## What will you find in the SIMS Parent app?

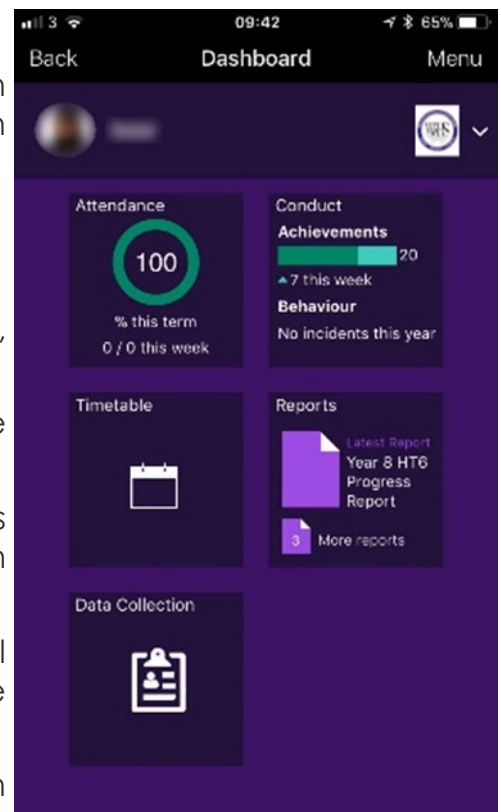
Important information such as, your child's timetable, attendance, achievement and reports.

Notifications to remind you about important college information.

Ability to update your contact details, so we always have the most up-to-date information in case of an emergency.

If you have more than one child at the college, you will have access to information for all your children on the same app.

We aim to add college diary information to the app in the near future.



## Getting started with the SIMS Parent app

We will send you an activation email within the next few weeks. Simply click on the link from your tablet, PC or smartphone to activate your account. *If you are a year 9 parent/carer you will need to use the same login that you were sent for Options Online.*

After clicking the link you will then be able to login using your Facebook, Twitter, Google or Microsoft username and password.

You will be asked the date of birth for one of your children at the school.

## Next you just need to download the app

From your smartphone or tablet, download the app from the Google Play or Apple App store - search for SIMS Parent.

Alternatively, you can login via the website at

The email will be from [noreply@sims.co.uk](mailto:noreply@sims.co.uk) so please check your SPAM or Junk folder if you cannot find it.

Please note that your activation email is unique to you and should not be used by anyone else. Your activation email will expire after 14 days if it is not used, please email the college on [simsparent@stbcc.org](mailto:simsparent@stbcc.org) if you require a replacement after this date.

## TIME TO DE-CLUTTER THOSE CUPBOARDS?

If you have any unwanted board games, Lego or similar items that you no longer need please do let the SEN department take them off your hands. Any donated items gratefully received at reception.  
Thank you!

## PRICE INCREASE

From Term 4 there will be an increase of between 5p—10p on some sundry items sold from the canteen at lunchtime.

## WELL DONE MARTHA!

A huge well done to Areté student **Martha Wynn** who has raised nearly £1000 for Macmillan. Martha shares her story with us:

Macmillan is a charity supporting people with cancer and their families, with 1 in 2 people getting some form of cancer in their life - they provide physical, emotional and financial support. They give support and advice about areas such as diagnosis, with many resources available to families who have lost someone. In 2018, they raised just under £27,000,000.

Last summer, I decided I wanted to shave my head for Macmillan. I did this in memory of my two Grandfather's who lost their fight to cancer, as well as approximately 10 million people who lose their fight annually. On 22nd December, surrounded by most of my friends and my friends mum I shaved all 13 inches of my hair off. In the last 4 months, I have raised nearly £1,000. To find out more, please click on the link below:

<https://bravetheshave.macmillan.org.uk/shavers/martha-wynn>

*St Bede's Catholic College Presents...*

**Pink Ladies**

**12th  
13th  
&  
14th  
March  
2019**

**7pm start**

*For more information see Miss Adams,  
Mr Lewis or Mrs Shaddick*

**"T" BIRDS**

**Ticket Prices**

**Adults:  
£5**

**Students:  
£3.50**

**Family Ticket:  
2 Adults &  
2 Children  
£15**

*Tickets on sale in the Drama Studio at  
break and lunch from 4th Feb*



 Grease is presented through special arrangement with and all authorised performance materials are supplied by Theatrical Rights Worldwide (TRW), 122-124 Regent Street, 3rd floor, London W1B 5SA. [www.theatricalrights.co.uk](http://www.theatricalrights.co.uk)