



An overview of the Relationship, Sex and Health Education programme at St Bede's Catholic College

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| <p>Year 7 Religious Understanding - Who Am I? My Body - changing bodies Emotional Well-being – healthy inside and out Life Cycles – Where we come from Personal Relationships – Family and Friends Keeping Safe – My life on Screen Wider world – Living responsibly</p> <p>Topics include the family, healthy relationships and how to be safe online.</p> | <p>Year 8 Religious Understanding – Created and Chosen My Body - Deepest identity Emotional Well-being – What do I do with these feelings? Life Cycles – Before I was born Personal Relationships – When relationships get tough Keeping Safe – Think before you share Wider world – Living in an unjust world.</p> <p>Topics include the gender and sexuality, media portrayals of the human body and sexual attraction.</p> |
| <p>Year 9 Religious Understanding – The Search for Love My Body - Love people, use things. Emotional Well-being – In control of my choices Life Cycles – Fertility and contraception Personal Relationships – Marriage Keeping Safe – Consent Wider world – Knowing my rights and responsibilities.</p> <p>Topics include contraception, committed relationships and consent</p> | <p>Year 10 Religious Understanding – Authentic Freedom My Body - Body image Emotional Well-being – Values, attitudes and beliefs Life Cycles – Pregnancy and abortion Personal Relationships – Parenthood: Ready or not? Keeping Safe – Exploitation Wider world – Moral Questions.</p> <p>Topics include Abortion and the Church's teaching, inappropriate online content and FGM.</p> |

From September 2020, all pupils will follow the statutory curriculum in Relationship, Sex and Health Education. This programme is currently in development and will fulfil the requirements of the Department of Education (DfE) and the Catholic Education Service (CES). Our schemes of work will be based on TenTen and the 'Life to the full programme' and will be enhanced with our resources. Further information will be made available in due course. These topics will be taught in Religious Formation, PSHE or Science.

The online parent Portal for this programme by accessing the following site www.tentenresources.co.uk/parent-portal

Username: **opp-st-bede-bs11**

Password: **rse-parent-red**

Year 11

Religious Understanding – Respect

My Body - Keeping well on the outside

Emotional Well-being – Keeping well on the inside

Life Cycles – Family time

Personal Relationships – Healthy relationships

Keeping Safe – Sexual Health

Wider world – Personhood and dignity

Topics include factual information about testicular and breast-self examination, anxiety, depression and self-harm, contraception, STI's, HIV and AIDS and how it can be transmitted and how to seek advice.

Sixth Form

Religious Understanding – Respect

My Body - Keeping well on the outside

Emotional Well-being – Keeping well on the inside

Life Cycles – Family time

Personal Relationships – Healthy relationships

Keeping Safe – Sexual Health

Wider world – Personhood and dignity