

St. Bede's Catholic College

Specialist Science and Sports College

Issue 252 2nd March 2018



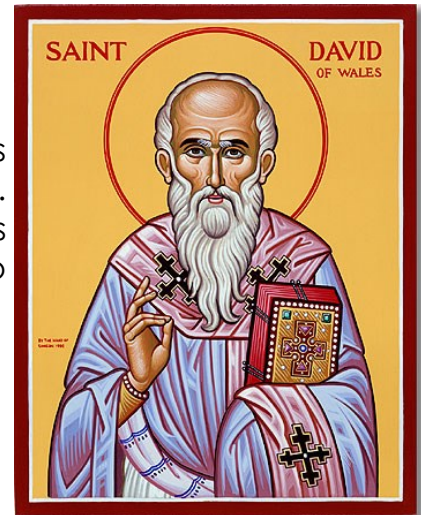
T: 0117 377 2200 E: contact@stbedesccl.org W: www.stbedesccl.org Tw: @STB_Bristol

REFLECTION —1st March **Feast of St David, Patron Saint of Wales**

St David was a Welsh bishop during the 6th Century and is the only Welsh saint to be canonised in the Western Church. He founded around 10 monasteries and was known for his simple way of life and asceticism; he taught his followers to refrain from eating meat and drinking anything but water.

The miracle most commonly associated with St David is said to have taken place whilst he was preaching to a large crowd at the Synod of Brefi. It is said that the ground on which he was stood rose up to form a small hill, in order for everyone to see him.

Dydd Gŵyl Dewi Hapus!



Prayer: God, on this day, we remember Saint David, your servant. Grant that we may learn from him and respond to the words that are thought to be his last: 'Be steadfast, and do the little things'. Amen.

Reflection: "Brothers and sisters, be joyful, and keep your faith and your creed, and do the little things that you have seen me do and heard about."

DUKE OF EDINBURGH

Mr Maher met HRH The Earl of Wessex last week as part of a campaign to generate support for The Duke of Edinburgh's Award (DofE) Charity.

St. Bede's currently have over 150 students undertake a Duke of Edinburgh's Award programme. Participating in this programme offers a unique opportunity to grow as young adults and gain valuable life experience whilst developing essential employability skills such as confidence, resilience and drive.



If any of our pupils are interested in this programme, please see Mr Sutton or Miss Bassett.

DATES FOR YOUR DIARY

7th March
Year 12
Ambitions Trip

8th March
Year 13
Parents Evening
4.30pm—7.30pm

11th March
Duke of Edinburgh
Silver Award
training

12th March
Year 12 & 13
Examinations

Year 8
Examinations

14th March
Year 8 and 9 Girls
HPV vaccinations

14th March
Rearranged
Year 7 Parents'
Evening

15th March
Cluster Primary
Choir Event
6.00pm

**FOLLOW US
ON TWITTER!**



Our twitter account is updated regularly so that we can celebrate the skills, talents and successes of our students at St. Bede's.

Please follow us:
@STB_Bristol

ANNUAL SKI TRIP

The annual ski trip departed for Spain during the February holiday. It was the first time St Bede's have visited the Pyrenees and the snow was fantastic! 43 pupils from year 8 - 11 made excellent progress and our instructors were surprised to hear that two thirds of the group had only had a handful of lessons on the dry slopes.

By the end of the week every pupil was skiing from the top of the mountain and the intermediate group were even tackling a steep black run! After a day on the slopes, pupils enjoyed a varied evening entertainment programme which included a tree adventure park and bowling.

Thank you to all the staff and pupils for making the trip so successful and an experience which will remain with us for a long time. There is one remaining place on the 2019 trip. If you would like further details, please contact Mr Johnson.

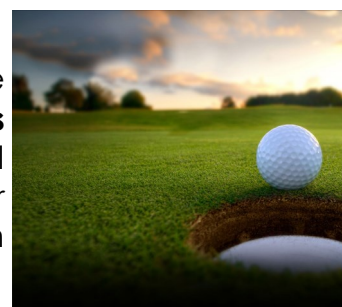


ROAD SAFETY CONFERENCE

Sixth form students at St Bede's participated in a road safety conference on 21st January which has been developed by teachers at St Bede's and members of the Bristol and Avon Fire Service. The session was developed to target young people as they are statistically one of the most at risk groups when it comes to road traffic collisions. The final speaker was Greg Sumner who was involved in a fatal collision during 2012 and became paralyzed from the neck down as a consequence. Students were able to witness and understand the true impact of drink driving and the effect it has on all those involved.

CALLING ALL GOLFERS!

If you have a Golf handicap and would like to represent the school in the **Avon Schools Championship** at The Kendleshire, Bristol please bring your unique handicap number to the PE Department by Friday 9th March 2018.



NATIONAL MATHS CHALLENGE

On Thursday 1st February, thirty Year 10 mathematicians sat the Intermediate Maths Challenge paper. The top 40% of the students entered nationally receive either a Bronze, Silver or Gold certificate.

We would like to congratulate:

SILVER AWARD

Anjaly Binu, Sarah Cooper, John Gompels, Connal Heath, Rohit John, Anna-Claire Lux, Aaron Mathew, Noel Stephen, Arianna Turvey and Joseph Whitfield.

BRONZE AWARD

Oscar Banim, Liyana George, Joe Holloway, Steven Jangcan, Ben Papworth, Ana Parish, Annie Rogers, Blanka Szantho and Matthew Wood.

Congratulations to **John Gompels** and **Connal Heath** who were awarded the "Best in school"

REGIONAL TAEKWONDO MEDALLIST

Congratulations to year 7 pupil **Nathan Wong** who competed in the TAGB **South West Championships** on the 11th February and won a Bronze Medal in Sparring in Blue and Red Belt Boys category.

Nathan, a wonderful achievement, well done!

*We always enjoy hearing of the success and achievements of our pupils outside of college, please do share with us via contact@stbedescc.org



GCSE FOOD AND NUTRITION PRACTICAL EXAMINATION

Congratulations to our Year 11 GCSE Food and Nutrition pupils who last week, completed the practical element of their exam. The standard of work was excellent and dishes included; Beef Wellington, Roasted Lobster Tails, Mango Meringue Bites, Cheese Soufflé and Mexican Tacos.



CALENDAR UPDATE—YEAR 7 PARENTS' EVENING

Year 7 Parents' Evening will now take place on **Wednesday, 14th March 2018.**

Appointment times will remain the same. We look forward to meeting with you and apologise for any inconvenience this may have caused you.

MEET THE PROFESSIONALS AND INFORMATION EVENING

The event held last week, proved to be a worthy evening. Pupils were given the opportunity to 'Meet the Professionals,' who are predominantly parents of ours, and gained a first-hand insight into the breadth of the employment market, its recruitment demands, and the opportunities on offer.

Pupils and parents were then provided with invaluable guidance when revising for GCSEs in English, Maths and Science. Our thanks to; Mrs Fernandes, Mr Papworth, Mr Preisner, Mrs Moss, Ms Driver, Ms Mullan, Ms Dovey, Ms Young, Ms Sherratt, Mrs McManamon and Mr Bufton for their support with this event.

SAFEGUARDING SPOTLIGHT



Street Smart ?

Being street smart means knowing how to keep yourself safe when you're alone or with friends. Being street smart helps you to stay safe.

Here are some top tips

- Plan ahead. Before you go out, think about how you are going to get home, e.g. Can you travel home with a friend? What time does the last bus or train leave?
- Try to use well-lit, busy streets and use the route you know best. Walk down the middle of the pavement if the street is deserted.
- If you are at all worried, try and stay near a group of people or head to a shop or a garage.
- Avoid passing stationary cars with their engines running and people sitting in them.
- Try to keep both hands free and don't walk with your hands in your pockets.
- Whenever possible, walk facing oncoming traffic to avoid kerb-crawlers.
- Keep your mind on your surroundings – remember if you are chatting on your mobile phone or wearing earphones, you will not hear potential trouble approaching.
- Never accept a lift from a stranger or someone you do not know very well
- Keep valuables out of sight – especially phone, wallet or purse.

If you think you are being followed, trust your instincts and take action. As confidently as you can, cross the road, turning to see who is behind you. If you are still being followed, keep moving. Make for a busy area and tell people what is happening. If necessary, call the police.

Always tell a parent or carer where you are, where you are going and when you will be returning home.

Extract from Suzy Lamplugh Trust : <https://www.suzylamplugh.org>