St. Bede's Catholic College

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EOIN CONDRON AWARDED MUSIC DIPLOMA

Areté student **Eoin Condron** has seen his hard work richly rewarded by achieving a **Diploma** in **Musical Theatre Singing** from the **London College of Music**.

The exam, which consisted of performing four separate pieces and an interview with the examiner, was challenging and his singing teacher Ruth Malangwa, took delight in



letting him know his effort had paid off and he had achieved his Diploma.

Eoin said: "I would not have been so successful without the support and guidance of Ruth my singing teacher, and the music department at St Bede's."

Whilst in year 11, Eoin achieved a Grade 8 and is the first student at St. Bede's to complete the Diploma.

Eoin, we are so delighted with your achievement. Congratulations.

REFLECTION 17th January Memorial of St Anthony the Abbot

Anthony lived in complete solitude in a deserted fort for 20 years, where he suffered many temptations, both physical and spiritual. Disciples gathered around him, attracted by his holiness and wisdom.

Anthony believed that whilst the Greek philosophers arguments were complex and well-founded, they would never be as strong as faith. He died when he was 105, after a life of fasting and manual labour in the service of God, always challenging himself to go one step beyond.

Reflection: "I was watching your struggle but because you didn't give in, I will stay with you and protect you forever."

Prayer: Lord, Anthony was not known for his writings or teachings but his reverence towards you. May we learn from him the importance of perseverance in our faith and practice. Help us to be inspired each day to accept challenges instead of sitting still. Amen.



DATES FOR YOUR DIARY

18th January Final of the ESU Speaking competition

Year 11 Kintbury trip depart

21st January Year 11 Kintbury trip return

25th January Year 8 Curriculum Evening 6.30pm—8.30pm

26th January Year 8 'Play your Part' workshops



Our twitter account is updated regularly so that we can celebrate the skills, talents and successes of our students at St. Bede's.

Please follow us: @STB_Bristol

LIBRARY NOTICE

Please could you ensure all overdue library books are returned. Thank you.

OXFORD OFFER FOR ARETÉ STUDENT

Congratulations to year 13 Areté student **Brooke Bindon** who has this week, received a conditional offer to study **Law** at **The Queen's College**, **Oxford**.

Brooke, you have every right to be proud of your achievement and we wish you every success in your forthcoming examinations.

Brooke will be our second Areté student to study Law at the university.



CAMBRIDGE TRIP

On Monday 8th January, 20 year 10 and 11 pupils travelled to Cambridge to visit Trinity Hall College. Pupils lived the life of a Cambridge student for 24 hours, staying in halls and undertaking lectures in Philosophy and Zoology.

The trip is part of our **Areté Oxbridge preparation programme**. There will be additional outreach opportunities for students in years 10-12 later in the year.



YEAR 11 POETRY LIVE TRIP- FRIDAY 26TH JANUARY

There are still spaces available on this trip; it is an excellent opportunity for Year 11 pupils preparing for their English GCSE exams. The cost of the trip is $\pounds 15$. Please see Mrs De Hondt or Miss Murray for a letter or, download one from our website <u>www.stbedescc.org</u>

OPEN WEEKEND AT WE THE CURIOUS

We The Curious (formerly At Bristol) are opening their doors free to families who reside or attend schools in Lawrence Weston or Avonmouth.

We have been issued with tickets for all of our families and these will come home with pupils next week. The tickets are valid for Saturday 27th January and Sunday 28th January 2018.

FLYING START CHALLENGE

This week 24 students from Year 8 enjoyed a day off timetable to work with Airbus engineers on the 'Flying Start Challenge'. The day gave the girls and boys a chance to gain some insight into the aviation industry by building a glider. The Challenge aims to enthuse and inspire young people to consider a career in the engineering industry; whilst teaching them about basic engineering concepts. Success is down to the pupils' design and build skills and to the engineering knowledge they have acquired during the Challenge.

Over the course of the day the students worked in teams to design and build a glider. The activity helped them to develop their communication and teamwork skills in an educational (and fun!) setting. It was a vital requirement that the glider they produced could carry a weight of 50g. Beyond this points were awarded for distance and accuracy - the highest scoring gliders were those which could fly the furthest in a straight line.



The pupils were taught about the theory of lift, and about how symmetry, and balance of weight and lift, lends to a successful glider. They also had to consider their materials budget, a financial skill which is vital for future careers. The Challenge continues with a regional final, in which pupils have to complete a poster presentation and a quiz to illustrate their knowledge of gliders, and will culminate in the grand final at Fleet Air Museum where the teams will also take part in engineering activities.

UPPER SCHOOL CURRICULUM EVENING Our Year 9 Upper School Curriculum evening was held on Tuesday evening and attracted large numbers of pupils and parents. Mr Maher spoke about the choices for pupils entering Key Stage Four in September and the GCSE grading system.	RIP Mrs Jessie Mort Mrs Jessie Mort was Head of Home Economics at St. Bede's for many years in the 1970's and 80's. She was a thoroughly dedicated teacher and tutor who was highly respected by pupils and staff alike. Her funeral took place on 4th January at All Saints Church in Sandford. We offer our condolences to her son and daughter and their respective families.
Year 9 Parents Evening is on 22nd March when	VACANCIES
parents will get the opportunity to discuss their	We are looking to recruit a number of
child's progress with teachers and ask any	Invigilators to provide support in supervising
questions relating to option choices.	examinations within the College. The
Option forms must be returned by Tuesday,	hourly rate of pay is £9. For further information
10th April 2018.	please contact the college.

SPORTS NEWS

Congratulations to the year 9 netball team who will play Oldfield School in Bath in the County quarter finals. Good luck girls!

SPORT HIGHLIGHT

This week we hear of the accomplishments of year 8 pupil **Kasia Wozniak**.

Kasia, has been swimming for a number of years and competes for **Bristol Penguins Olympic Swimming Club**, training six days per week. Kasia is a County level swimmer and is hoping to qualify for Regionals in the near future.

We were delighted to hear that she was awarded **Female Swimmer of the Year** by her Swimming Club at their Annual awards ceremony in December.



Kasia, an amazing achievement, well done.

SAFEGUARDING SPOTLIGHT

A New Year is a great time to take a fresh look at on-line activity. Here are some things to consider in 2018:

Keeping Safe

- How safe is our personal information?
 - Do we have strong passwords? Eg capital letters, symbols etc
 - Do we all have usernames that don't reveal our full names?
 - Have we considered parental controls which would be right for our family?
- Have we discussed online friendships and whether we can trust them?
- Do we need a family email address?
- Who will we talk to if we feel uncomfortable about anything we have seen or heard online or on a mobile phone or gaming device?
- When is it okay to download files, games or apps?
- Have we checked the reviews and ratings for apps and games?
- Which websites are okay for us to use?
- Should we open links from people we don't know?

Social Networking

- Do we know the age requirements to be on social networks?
- Who can I post photos of online?
- Do I know why it is important for my accounts to be private?

Gaming

- Which age rated games can I play?
- Am I aware of why PEGI is important?
- Can I play online with people I don't know?

Positive online behaviour

- How can I be a good friend on the internet?
- What will I do if I receive frightening or bullying messages?

Healthy Lifestyle

- How long can we spend online?
- Do we spend the same amount of time enjoying our offline activities?
- Where can we use our devices around the house?

Further information can be found at : <u>https://www.saferinternet.org.uk/blog/setting-online-safety-</u> resolutions-your-family