

# St. Bede's Catholic College

*Specialist Science and Sports College*



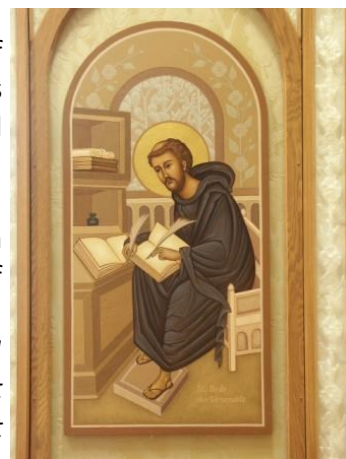
Issue 237 26th May 2017 T: 0117 377 2200 E: [contact@stbedesccl.org](mailto:contact@stbedesccl.org) W: [www.stbedesccl.org](http://www.stbedesccl.org)

## REFLECTION—Saint Bede: The patron saint of scholars

Saint Bede was an extraordinary scholar, perhaps the most outstanding one of his day. He was deeply versed in all the sciences and from the time of his ordination to the priesthood at the early age of 30, Bede was ever occupied with learning, writing, and teaching.

Yesterday we celebrated the Feast of St. Bede with a whole college mass. Each student was given a small chocolate gift as we celebrated the Patron saint of scholars.

**Prayer:** *Lord, we thank you for enabling us all with different talents, gifts and skills. As we celebrate the contribution St. Bede made to the world we ask that you give us strength, courage and wisdom, qualities shared with St. Bede to let our own lights shine.*



## COMMISSIONING OF EUCHARISTIC MINISTERS

Thirteen of our pupils were commissioned as Extraordinary Ministers of the Eucharist yesterday.

Congratulations to:

**Bethany Bacasnot, Ancy Bazil, Hannah Davies, Susan John, Oliwia Kowalska, Vitoria Mascarenhas De Macedo, Josephine Morgan, Robyn Obee, Janina Parry, Shanaz Sharonsenthil, Laura Turpin, Anaxia Uthayakumar and Marielle Vasquez.**

## SHAMAS FOUNDATION

In the last issue of our newsletter we shared that Mr Slocombe and Mr Luke had recently raised money running the Bristol 10K for Filex and Isaac, the two Kenyan Boys we are sponsoring from the Shamas Foundation.

Filex and Isaac visited our college last year along with 20 of their friends.

Earlier this week we received a photograph of the boys in their new school uniform.



**We return to college on Monday, 5th June 2017 WEEK A**

### RETIREMENT MASS FOR MS HUGHES

We will be celebrating the Retirement of Ms Hughes after 22 years of service, with a Mass at the college on Monday, 19th June at 6.00pm. If you would like to attend you are more than welcome. Please contact the college via [contact@stbedesc.org](mailto:contact@stbedesc.org) by **Monday, 5th June 2017**.

A book will be available in Term 6 at Reception for any parent wishing to leave a message for Ms Hughes on her retirement.

### PASTEUR QUIZ NIGHT

On Friday, 19th May Pasteur House held a fun evening in college. One hundred and sixty people including pupils, parents and staff made up twenty-two teams to battle it out for the £50 Jackpot - which was kindly donated to the fundraising by the worthy winners "Philpotts". The tension and excitement was palpable as our amazing Quizmaster Mr Colebourne, had everyone with their fingers on their buzzers through four competitive rounds. Pupils from Pasteur House entertained with wonderful music and song, accompanied by some refreshments. Popcorn was made and provided by **Declan Smith** and his co-sixth form students. We are delighted with the support and managed to raise **£1000** for our House charities **Young Minds** and **Alzheimer's Society** as well as for our own **Michael Jones** who is very poorly and in our thoughts and prayers. Everyone left buzzing with the laughter and happy atmosphere and looking forward to the next one! Thank you all for your kind and generous support!



### MAY HALF TERM SPORTS CAMPS

The St Bede's Community sport team will be running a 4 day sports camp for 7-14 year olds during the May half term. The multi-sports camp will run from Tuesday 30th May to Friday 2nd June from 9am-3pm at a cost of £12 per day or £40 for all four days. The camp will include sports such as basketball, football, dodgeball, netball, cricket, tennis and more. For more information and to book a place on the camp please contact **Rob Allan, Sports Development Officer**, on **07825 767582** or email [r.allan@stbcc.org](mailto:r.allan@stbcc.org).

### KEY STAGE 3 NUMERACY DAY—OLD NEWSPAPERS WANTED!

Please could you send in any old newspapers to use for our Key Stage 3 Numeracy Day on Wednesday 28th June. Students can bring them to A11 or A20. Thank you.

## SAFEGUARDING SPOTLIGHT

**Instagram** is the social media platform most likely to have a negative affect on young people's health and wellbeing, a report has found. The Royal Society for Public Health (RSPH) and Young Health Movement (YHM) questioned close to 1,500 people aged between 14 and 24-years old in the UK about five of the biggest social media platforms: Facebook, Instagram, Twitter, Snapchat and youtube. Instagram was ranked as the platform most likely to have a negative affect on their health and wellbeing.

While Instagram, which is used to share photos and video clips, scored highly in terms of promoting self-expression and self-identity, it is also perceived to have negative implications such as anxiety, depression and the fear of missing out (**FOMO**). Researchers have drawn links between young people's heavy use of social media (defined as spending more than two hours a day on it) and poor mental health, suggesting they were more likely to report feeling psychologic distress including anxiety and depression.

Extract : 19/05/17 inews.co.uk



**Social media:** Instagram most likely to negatively affect young people's mental health

**Read more at:** <https://inews.co.uk/essentials/news/technology/social-media-instagram-likely-negatively-affect-youngs-mental-health/>

## YOUTH POLL

***"By listening to young people, the Church will once again hear the Lord speaking in today's world."***

**-Pope Francis**

In October 2018, the Synod of Bishops will gather in Rome to consider the issue of 'Young People, Faith, and Vocational Discernment.'

You now have an opportunity to make your voice heard!

This online survey enables you to share your thoughts on the future of the Church and to express your views on life, faith and vocation discernment without fear of criticism.

As we have witnessed across the world, young people have the power to generate change. If we take the opportunities presented to us and share our views, we can make a real difference to the world around us.

The survey will take 5-10 minutes to complete and can be found below:

<https://www.surveymonkey.co.uk/r/schools-youth-poll>

## HALF TERM REVISION SESSIONS

We are offering numerous revision sessions for Year 11, 12 and 13 students over the forthcoming weeks.

<b>Tuesday 30th May</b>	<b>Year 11</b>	<b>English Language Mr McNamara</b>	<b>10.00am—2.00pm</b>
	<b>Year 13</b>	<b>Religious Studies Mr McCarthy</b>	<b>10.00am— 2.00pm</b>
	<b>Year 13</b>	<b>Psychology Miss Hector</b>	<b>9.00am—1.00pm</b>
	<b>Year 13</b>	<b>Mathematics M1 and S1 Miss Weston and Mr Colebourne</b>	<b>9.00am—1.00pm</b>
<b>Thursday 1st June 2017</b>	<b>Year 11</b>	<b>Mathematics Targeting 4/5 Mrs Hathaway</b>	<b>10.00am—2.00pm</b>
	<b>Year 11</b>	<b>Mathematics Targeting 7/8/9 Mrs Turri</b>	<b>10.00am—2.00pm</b>
	<b>Year 13</b>	<b>Religious Studies Mr McCarthy</b>	<b>10.00am—2.00pm</b>
<b>Friday 2nd June 2017</b>	<b>Year 11</b>	<b>Music Listening Mr Lewis</b>	<b>10.00am—2.00pm</b>
	<b>Year 11</b>	<b>Chemistry Miss Rafee</b>	<b>10.00am—2.00pm</b>
	<b>Year 13</b>	<b>Mathematics C3 and C4 Mr Colebourne</b>	<b>9.00am—1.00pm</b>
<b>Sunday 4th June 2017</b>	<b>Year 11</b>	<b>History Paper 1 Mrs Lewis</b>	<b>9.00am – 1.00pm</b>
	<b>Year 11</b>	<b>Geography Mr Osborne</b>	<b>9.00am—1.00pm</b>
<b>Sunday 11th June 2017</b>	<b>Year 11</b>	<b>History Paper 2 Mrs Lewis</b>	<b>9.00am—1.00pm</b>