

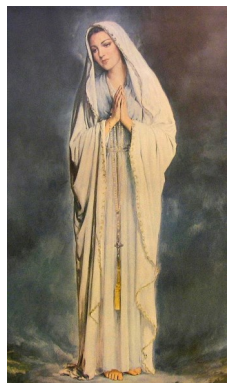
St. Bede's Catholic College

Specialist Science and Sports College



Issue 231 10th February 2017 T: 0117 377 2200 E: contact@stbedesc.org W: www.stbedesc.org

REFLECTION—11th February - Our Lady of Lourdes



After making several apparitions to Bernadette in Lourdes, Mary was given the title 'Our Lady of Lourdes'. During these apparitions, Mary prayed the rosary with Bernadette and showed her where to dig for water, a spring that is still flowing today in the Grotto of Lourdes.

Prayer: *Blessed, most pure Virgin, you chose to manifest yourself shining with life, sweetness and beauty, in the Grotto of Lourdes. Immaculate Virgin, Mother of Mercy, Healer of the Sick, you know my wants, my troubles, my sufferings. Look upon me with mercy. Amen*

Reflection: *"The water that I shall give you will become, in you, a spring welling up to eternal life"*

YEAR 8 BOYS RETAIN COUNTY SPORTSHALL ATHLETICS TITLE

Congratulations to the **Year 8 Boys Sportshall Athletics team** who competed at UWE last week and **retained their County Sportshall Athletics title by a massive 18 points.**

After **winning the Bristol title** in early January the boys faced strong opposition from the top two schools from each of the four unitary authorities of BANES, South Gloucestershire, North Somerset and Bristol.

The boys performed well in the field events and were a class apart on the track **winning 5 of the 8** running events with a totally dominant performance. Individual victories went to **Dylan Kadji** (2Laps), **Filip Derewonko** (4Laps), **Jason Soodeen** (6Laps), **Dylan Kadji** and **Lucki Berondo** (8Lap Paarlauf) and **Louie Francisco, Jason Soodeen, Lucki Berondo** and **Filip Derewonko** (4x1 Lap relay). **Well done to Dylan Kadji, Jason Soodeen, Lucki Berondo, Filip Derewonko, Louie Francisco and Alex Heale.**



REVISION SESSIONS DURING HALF TERM

We are offering revision sessions for Year 11 , 12 and 13 students over the February half term break. These are listed below:

Monday 13 th February	Tuesday 14 th February	Thursday 16 th February
Year 11 Biology 09.00 – 13.00 Mrs Carmichael	Year 11 Chemistry 10.00 – 14.00 Miss Rafee	Year 11 English 10.00 – 14.00 Mr McNamara
		Post 16 Maths 10.00 – 14.00 Miss Weston

DATES FOR YOUR DIARY

20th FEBRUARY 2017
START OF TERM 4
WEEK A

23rd FEBRUARY 2017
Year 12 & 13
Trip to Parliament

1st MARCH 2017
Ash Wednesday
Lenten Services for all
pupils

2nd MARCH 2017
World Book Day

Year 11 Parents'
Information Evening
Meet the Professionals
and English, Maths
and Science Exam
Preparation
6.15pm—7.45pm

PLEASE LABEL PE KIT

A polite reminder to label all PE kit to avoid items being misplaced. Thank you.

LIBRARY EVENT

Over the last three weeks, pupils have been playing detective in order to solve a 'murder' which occurred in our Library. Each week, a series of clues have been released to help solve the mystery. It was discovered last week that the victim was Miss Calcaterra, the murder weapon was a saucepan and the crime was committed by Mr McNamara. (Please rest assured that this is not based on a true story!) The children were really involved and enthused in using their library skills to solve the clues. Well done to all who participated.



UCAS PARENTS EVENING

On Tuesday evening Parents of Year 12 students were invited to attend a UCAS information evening hosted by Miss Kirkbright and Mr Colebourne in the lecture theatre. Mr Colebourne shared details about the UCAS applications process and the financial support available to students whilst studying. The presentation from the evening is available here: goo.gl/19q1cb and a wealth of information is also available at ucas.com/parents.

PARENT EMAIL

As you are aware the college often communicates with parents via email. If you have not provided the college with an email address or your email address has changed, please do let us know via contact@stbedesc.org to ensure our records for you are up to date. Thank you.

BRISTOL CITY VISIT

Year 10, 11 and 12 pupils spent an evening at Bristol City FC last week to attend a careers information event based on the opportunities available at post 16 at Bristol City Community Trust. BCCT offers unique sporting academic programmes for young people interested in a variety of sports. It was an informative evening for our students. Pupils were taken on a tour of the new £45 million stadium and discovered how the stadium is managed and the positive impact that it has had on the community. They then watched the match Bristol City v Sheffield Wednesday which was full of excitement and saw City draw.

The evening was a great success.



FEBRUARY HALF TERM SPORTS CAMP

St Bede's Catholic College community sports team will be running a week long multi-sports camp for 7 to 14 year olds from Monday 13th—Friday 17th February. The days will run from 9am-3pm at a cost of £12 per day or £50 for the full week with discounts available for siblings.

The week will involve various sports and activities such as basketball, netball, cricket, rounders, football, tennis, dodgeball and much more.

To book a place please contact Rob Allan, Sports Development Officer at r.allan@stbcc.org or call 07825 767582. Alternatively you can download the booking form at:

www.stbedescatholiccollegecommunitysport.org/registration-and-booking-form/

To stay up to date with all the latest sessions and clubs in the community then please follow us on Twitter using [@StBedesSport](https://twitter.com/StBedesSport) or like us on Facebook [@stbccsport](https://www.facebook.com/stbccsport).

David Pitts Scratch Orchestra and Chorus Event in aid of Cancer Research UK

On Sunday 29th January, fourteen pupils from St. Bede's joined forces with over 500 other musicians to take part in a one-day Scratch Orchestra and Chorus event at the Colston Hall. Pupils spent the day rehearsing a number of challenging pieces of music in preparation for a public performance at the end of the afternoon. Pupils worked incredibly hard throughout the day and were a credit to themselves and the College.

VACANCY

St Bede's Catholic College has a vacancy for **Librarian**. This is a 25 hours per week position, term time only plus 5 in-service days. Remuneration for this post is St Bede's Grade 8, range 22 to 25 and the actual salary is £11,784 - £12,923 per annum. Details of this post, including job description and application form can be downloaded from our website www.stbedesc.org

Closing date for receipt of completed application forms is noon on **Wednesday, 1st March 2016**.

SAFEGUARDING SPOTLIGHT

How to support our children's well-being

Connect

One of the hardest things to do as an adult is to slow down and find the time to talk with and listen to children, no matter what their age. Shared mealtimes, fewer hours in front of the TV and finding activities that the family can enjoy together will all help to support children's well-being. Young people's friendships are vital. Seeing friends is much better for children than speaking to them either by phone or online. So helping young people to see their friends outside of school, if possible, can make a real difference.

Be active

Young people need a range of opportunities to be active, both in and outdoors. These can be as straightforward as walking, running, skipping, cycling or swimming, all of which are great at improving strength, balance, fitness and concentration. Group sports are also good for enhancing self-confidence and cooperation and can help support new friendships outside of school.

Be creative and play

As children get older, it's easy for them to lose their creativity. This is why it's vital that they're encouraged to continue with some form of activity. Acting, music and crafts, storytelling and visiting some of the wonderful museums and galleries in the UK that offer free entry, are all brilliant ways to get their creative juices flowing.

Learning

Learning outside of school is just as important as at school. It's crucial that we try to keep as many learning avenues open for our young people as possible. This could include simply passing on the skills we may have, such as cooking, carpentry, DIY, model making, sewing or photography.

Take notice

Our young people's surroundings have a real impact on well-being. So while we'd all like to go on holiday more often, day trips to different types of places can help too. These could include local forests, the coast, even different parts of town can all help them to 'spread out' and enjoy a more varied environment.

Source: The Children's Society

Next term we will be exploring with the children how they can 'help themselves' towards developing well-being.



Little Shop of Horrors Rehearsal Schedule – Term 4

All after school rehearsals are until 5:00pm



Scene/Song	Skill	Lunch Time	After School	Cast members needed
Act One Scene One (pg. 21 -25)	Acting	Tuesday 28th February		Audrey Seymour Mushnik Customer 1, 2 and 3
Da-Doo	Singing	Tuesday 28th March		Ronettes
Da-Doo	Choreography	Wednesday 1st March		Ronettes
Da-Doo	Choreography/Singing		Thursday 2nd March	Whole Cast
Act One Scene One (pg. 25 -26)	Acting	Tuesday 7th March		Seymour Mushnik
Grow For Me	Singing/Choreography		Thursday 9th March	Seymour
Act One Scene Two (pg. 28 – 29 and 30 - 31)	Acting	Monday 13th March		Seymour Mushnik Interviewers Ronettes
Ya Never Know	Singing	Tuesday 14th March		Ronettes Mushnik
Ya Never Know	Singing/Choreography		Thursday 16th March	Whole Cast
Ya Never Know	Singing/Choreography		Thursday 23rd March	Whole Cast
Act One Scene Two	Acting	Tuesday 28th March		Ronettes Audrey
Somewhere That's Green	Singing/Choreography		Thursday 30th March	Ronettes Audrey
Closed for Renovation	Singing/Choreography	Tuesday 4th April		Mushnik Seymour Audrey
Act One Scene Three (pg. 38 – 40 before Orin enters)	Acting	Wednesday 5th April		Mushnik Seymour Audrey
Closed for Renovation	Singing/Choreography		Thursday 6th April	Mushnik Seymour Audrey