

St. Bede's Catholic College

Specialist Science and Sports College



Issue 230 27th January 2017 T: 0117 377 2200 E: contact@stbedesc.org W: www.stbedesc.org

FITNESS SUITE

Last week saw the brand new St Bede's Catholic College Fitness Suite officially open for business. A full schedule of classes and different training zones were opened to both pupils and staff.

The gym is the latest addition to what are already outstanding sports facilities at the College and it shows further commitment to providing the best possible PE provision to our students.

The new facility will take its place within the curriculum offering the children of years 7, 8 and 9 opportunities to go through an extensive 'Movement Literacy' program. In the upper school, pupils will learn how to exercise safely and efficiently and set their own programs.

Three evenings a week members of Areté have the opportunity to use the Fitness Suite and the numbers showing up so far have been fantastic.

We are truly blessed to have such a high quality facility and we look forward to seeing the impact it will have on our student body.



CHRISTMAS LECTURES

This week St Bede's hosted the University of Bristol Christmas Lectures provided by *ChemLabs*. These lectures are modelled on the Christmas lectures held annually by the Royal Institution in London which are televised during the Christmas period. It is through events like this that St Bede's promotes its science specialism and helps make science more accessible to pupils.

Over the two days, six lectures were presented by Tim Harrison, Dr Alison Rivet and a PhD student from the University of Bristol. These lectures focussed on the topics of Gases in the Atmosphere and their Interactions. Many of the pupils took part in the experiments, causing loud explosions and rapid effervescing with gas and light emissions.

Matin Nassiri, a year 8 pupil said *"I found the lecture really exciting and very interactive. Tim showed us things that we hadn't been able to see before!"* Comments made by the primary children who also visited us for the Lectures, were ones of awe and amazement.

This was the ninth annual St Bede's Christmas Lecture series. These events have a truly inspirational effect on the children involved and allow them to see what could be involved in studying Science at university level.



DATES FOR YOUR DIARY

2nd FEBRUARY 2017
Year 11
Parents Evening
4.30pm—7.30pm

7th FEBRUARY 2017
UCAS Parents
Information Evening
6.30pm

10th FEBRUARY 2017
Ski Trip departs
INSET DAY
END OF TERM 3

20th FEBRUARY 2017
START OF TERM 4
WEEK A

GOLF

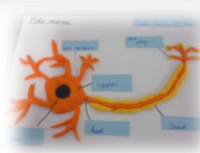
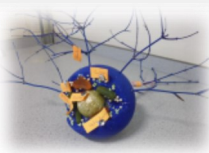
We are looking to enter the Avon Schools Golf Tournament. If you have a handicap of no higher than 28 for boys and 36 for girls please see Mr Barley.

CROSS COUNTRY

Congratulations to year 7 pupil **Séamus Robinson** who won the Avon Schools cross country last Saturday. Seamus will now represent Avon in the South West Schools Championships in Truro. Good luck Seamus!

YEAR 7 BIOLOGY

7T have been working hard over the last week to research and make model cells as part of their biology topic. The standard of work was very impressive and it was clear that time and effort went into making the models. Cells were made of cake, pasta, clay and even jelly. Well done 7T!



LONDON TRIP

Are you in Year 12? Do you want to go on an amazing trip to London?

On February 23rd, 30 Year 12 students will have the opportunity to visit the Houses of Parliament and the London Science Museum. You will have an exclusive tour around the parts of Parliament not normally on show to the general public as well as take part in an interactive workshop showing how laws are made. In the afternoon you will be able to explore the Science Museum with your friends – they have over 12 exhibition rooms including 'engineer your future' and 'your lives in data' for those of you interested in STEM subjects. The whole trip only costs £12 (you may wish to take money for snacks at the services or for any of the paid entry exhibitions and will need your own packed lunch). If you want a place, pick up a letter and consent form from Mrs Lindsay or Miss Smith and return it to them as soon as possible.



REFLECTION—Memorial of St. John Bosco



On the 31st January, we celebrate the feast of St. John Bosco, the 'Father and Teacher of youth'. Bosco dedicated his life to teaching, particularly to children who were disadvantaged.

Prayer: *God, you guided St. John Bosco to be a father and teacher of youth and willed that by his doing and the Virgin Mary's help new families should flourish in Your Church; grant that we may be ennobled to seek out souls and to serve only You.*

Reflection: *"Do not put off till tomorrow the good you can do today. You may not have a tomorrow."* —St. John Bosco

YEAR 7 BOYS 5 A SIDE FOOTBALL TEAM—SOUTH WEST FINALS

The year 7 boys 5 a side football team travelled down to Torquay as **Bristol Champions** on Wednesday, 25th January for the **South West Finals**. The boys played Torquay Grammar School in the first round. Torquay were strong and used the home advantage well, and ran out the 5 nil winners. The boys were disappointed but knew that it wasn't their best performance and they were determined to put it right in the next game against Mount Bay from Penzance.

They started the game brightly and found themselves 4 nil up before half time. The second half was a different story and they allowed Mount Bay back in the game 4-4 with 1 minute to go. St Bede's scored again making it 5-4, but then controversy struck when Mount Bay hit the post and the referee signalled a goal to make it 5-5. The boys could not believe it but handled the situation very well and accepted the referees decision. This meant they went into the next game needing to win against Holyheed, who had



won all their games. The boys were brilliant and played them off the pitch. St Bede's scored early and couldn't find the second goal that would have finished the game. Again, a last minute goal came against them and they ran out of play, leaving the boys out of the competition. With one game to play against Gyud St Bede's won 7-2. Although it wasn't meant to be this year, the talented year 7 team can be proud to have reached the finals. Captain, **Noah Higton** said: "It was an experience that we will never forget." Well done to **Noah** and the rest of the squad; **Alfie Cummings, Nate Fernandes, Jack Curnock, Pietro Di Lecce, Thomas Hicks** and **Eugene Taderera**.

Little Shop of Horrors Rehearsal Schedule – Term 3



All after school rehearsals are until 5:00pm



| Scene/Song | Skill | Lunch Time | After School | Cast members needed |
|---------------------------------------|--------------------------|---------------------------------------|---------------------------------------|---|
| Downtown | Singing/ Choreography | | Thursday 19 th January | Whole Cast |
| Act One Scene One (pg. 15 – 17) | Acting | Wednesday 25 th January | | Audrey, Mushnik, Seymour and Ronettes |
| Downtown | Choreography | | Thursday 26 th January | Whole Cast |
| Little Shop of Horrors | Singing | | Wednesday 1 st February | Whole Cast |
| Little Shop of Horrors | Choreography | Wednesday 8 th February | | Ronettes |
| Little Shop of Horrors | Choreography | | Thursday 9 th February | Whole Cast |

FEBRUARY HALF TERM SPORTS CAMP

St Bede's Catholic College community sports team will be running a week long multi-sports camp for 7-14 year olds from Monday 13th—Friday 17th February. The days will run from 9am-3pm at a cost of £12 per day or £50 for the full week with discounts available for siblings.

The week will involve various sports and activities such as basketball, netball, cricket, rounders, football, tennis, dodgeball and much more.

To book a place please contact Rob Allan, Sports Development Officer at r.allan@stbcc.org or call 07825 767582. Alternatively you can download the booking form at:

www.stbedescatholiccollegecommunitysport.org/registration-and-booking-form/

To stay up to date with all the latest sessions and clubs in the community then please follow us on Twitter using [@StBedesSport](https://twitter.com/StBedesSport) or like us on Facebook [@stbccsport](https://www.facebook.com/stbccsport).

Girls Basketball Results



A great effort by all the girls who took part, with some super results in these league fixtures. A special mention must go to the nominations for the '**Player of each Match**' as follows;

St Bede's Juniors v Fairfield 6 - 0
Player of the match: **Lexus Jeffery**

St Bede's Seniors v Colstons 21 - 8
Player of the match: **Lara Mae Asuncion**

St Bede's Juniors v Colstons 10 - 10
Player of the match: **Blanka Szantho**

St Bede's Seniors v Fairfield 26-16
Player of the match: **Lara Mae Asuncion**

BRISTOL SCHOOLS 7 A SIDE FINALS

Year 9 and 10 Girls played in the **Bristol Schools 7 a side finals** at the Filton Wise campus on Tuesday. Facing some tough competition, the girls played 4 games; winning against Patchway, drawing against Ashton Park, and losing against Mangotsfield and Bradley Stoke.

Well done to **Vitoria Mascarenhas De Macedo, Emily Curnock, Marielle Vasquez, Lara Mitchell, Abbie Mitchell, Aimee Bell, Arianna Turvey, Leah Haberfield, Lexus Jeffery, Niamh Fullerton and Emily Gunther.**

SAFEGUARDING SPOTLIGHT

Three Steps to follow if a Child is Unwell



This week, the children have been reminded about the procedures to follow if they are feeling unwell;

1. The child should Inform a member of staff immediately
2. If appropriate, the member of staff will direct the child to reception to be assessed by a trained first-aider
3. If it is deemed necessary, a member of the college administration team will contact home to arrange for the child to be collected

In order to safeguard our young people, under no circumstances will a child be expected to self-diagnose or contact home themselves to request collection.