

# St. Bede's Catholic College

Specialist Science and Sports College



T: 0117 377 2200

E: [contact@stbcc.org](mailto:contact@stbcc.org)

W: [www.stbedesccl.org](http://www.stbedesccl.org)

Tw: STB\_Bristol

## Newsletter

Issue 285 11th October 2019

### SACRAMENT OF CONFIRMATION

Congratulations to the following pupils who received the Sacrament of Confirmation from Bishop Declan at St Teresa's RC Church on Wednesday 25th September.

**Felix Anil, Aedan Bailey, Erin Buccat, Patrick Chandler, Melisha D'Costa, Louis De Pedro, Freya Fitzgerald, Gianfranco Gordon, Jacob Jallorina, Nathaniel Jallorina, Nikola Lulek, Toni Matitu, Kristine Matute, Jessica Mortell, Hanna Mulavarikkal, Roland Ngoumtsa, Sophia San Pedro and Floyd Veigas.**

*May the Holy Spirit be with you to renew and strengthen you in your commitment to follow Christ.*



### REFLECTION – On Sunday 13th October, Blessed Cardinal John Henry Newman will be Canonised (declared a Saint) by Pope Francis.

Cardinal Newman was born in 1801 and died in 1890. He was an Anglican priest who converted to Catholicism at the age of 44 and became a Cardinal at 46. He spent a great deal of his life living and working with the poor in Birmingham.

When Cardinal Newman died, an estimated 15,000 people lined the streets of Birmingham for his funeral. He was a relatively shy man, quite intellectually focussed. Despite this, he inspired a great many people with his work.

**Reflection:** "Heart speaks unto Heart" – motto of Cardinal Newman

**Prayer:** God knows me and calls me by my name. God has created me to do Him some definite service; He has committed some work to me which He has not committed to another. I have my mission—I never may know it in this life, but I shall be told it in the next.

Somehow I am necessary for His purposes. I have a part in this great work; I am a link in a chain, a bond of connection between persons. He has not created me for naught. I shall do good; I shall do His work; I shall be an angel of peace, a preacher of truth in my own place, while not intending it, if I do but keep His commandments and serve Him in my calling.



## DATES FOR YOUR DIARY

**12th October**

Year 9 Battlefields trip return

**14th October**

Week of Year 10 and 11 exams in English, Maths and Science

**15th October**

CAFOD 6th Form Young Leaders' session

**17th October**

Dry Ski Slope Session 1

**17th October**

Year 7 Tutor and E Safety Evening 5.00pm—7.30pm

**22nd October**

CAFOD Year 10 Young Volunteers Session 1

**22nd October**

Education Mass, Clifton Cathedral 7.00pm

**24th October**

Dry Ski Slope Session 2

**24th October**

**SIXTH FORM OPEN EVENING**  
6.30pm

**25th October**

'Wear it Pink' Charity Day

**25th October**

Sixth Form World School Conference

**25th October**

**END OF TERM 1**

## ARETÉ SIXTH FORM SENIOR STUDENTS

Congratulations to year 13 students **Shanaz Sharonsenthil** and **Daniel McTiernan** who were elected this week as **Senior Sixth Form Students** and, year 12 students **Kalina Emilian** and **Joss Carr** who were elected as **Deputy Senior Students**.

We look forward to sharing with you the good work they have pledged to do within Areté.



## WORLD MENTAL HEALTH DAY 10TH OCTOBER 2019

Mental health problems can affect anyone, any day of the year. In college we have the theme of wellness and looking after our own wellbeing running throughout the year through our PHSE programme, assemblies and tutor time.

In College we encourage students to talk about anything which is weighing them down and might be having an impact on their wellness. We have a number of opportunities for young people to be listened to and encourage them to speak to their Tutors, Heads of House or Year and Pupil Support staff including the 121 team who offer regular times to work through issues on wellbeing in confidence.

For parents and young people Happymaps.co.uk an online resource, has been added to the Emotional Wellbeing Contacts list on our college website. HappyMaps contains a wealth of information to support your children's well-being and signposts for accessing help and guidance when needed.

This week in the library, we have had a display of expert books about mental health and well-being and a selection of mood boosting books for all members of our school community. The college subscribe to TEEN BREATHE magazine which covers a range of topics to support looking after our mental and physical health. All of these can be borrowed throughout the year.



## YEAR 7 NEWS

Well done to year 7 who have been working incredibly hard both in lessons and at home. Our year group attendance is currently **97.6%** which is fantastic!

The Achievement points have been flooding in over the last few weeks and the **Achievement Point Champs** in each tutor group for September are as follows:

<b>7DFM</b>	<b>Joel Joemon, Juvel Jinoy and Oliver Thomas</b>
<b>7DHA</b>	<b>Warren Chickwere, Henry Cumberpatch, Destiny Shedov and Rory Hannath</b>
<b>7PBD</b>	<b>Annette Siby</b>
<b>7PRMS</b>	<b>Ruth Thomas</b>
<b>7SAMA</b>	<b>Daniel Gauza</b>
<b>7SDM</b>	<b>Rohan Joseph</b>
<b>7BMHA</b>	<b>Sylwia Wloczewska</b>
<b>7BAW</b>	<b>Miranda Carr</b>

Well done and keep up the great work!

## DUKE OF EDINBURGH AWARD

A proud moment in Bell Burnell House assembly this week as nine pupils were awarded their Bronze Duke of Edinburgh certificates. Congratulations!



## ARTS AWARD

Congratulations to year 11 pupil **Cecilia Romero** who undertook her work experience in July at the Bristol Old Vic Theatre Company where she clearly made an impression.

She has been awarded The Bronze Arts Award from Trinity College, London for her exceptional contribution during the week. She has also been invited back to take part in future projects based on the quality of her work. Well done Cecilia.



Thank you Cecilia for allowing us to publish your photograph

## WE THE CURIOUS—OPEN WEEKEND 12th and 13th October 2019

All students have been given a blue flyer which will allow families to visit **We The Curious** this weekend.

The open weekend is for residents of and those attending a school in Lawrence Weston and Avonmouth.

There are a number of spare flyers in reception for students to collect if they didn't get one.



## CAREERS FAIR

We welcomed representatives from colleges, universities and employers to St. Bede's this morning for our annual careers fair.

Year 11 pupils had the opportunity to discuss the next step in their education and employment and all embraced the experience with maturity. Thank you to all of our visitors for giving their time, knowledge and encouragement to our young people.



## EVENT FOR YOUNG PEOPLE IN CLEVEDON

There will be a gathering for Young People in Greyfriars Hall, Church of the Immaculate Conception, Clevedon on Thursday 17th October from 6.00pm until 7.30pm.

The parish would like to hear the views of the young parishioners. Fun and pizza provided!

## YEAR 11'S COME TOGETHER FOR JOINT RETREAT ON THE THEME OF 'RESILIENCE'

On Friday 27th September students from five Catholic Secondary schools in the Diocese came together for the first ever joint Year 11 weekend retreat organised by the chaplains of St Augustine's, St Bernadette's, St Bede's and St Gregory's.

As students prepare for the toughest year of their education so far, it was the perfect opportunity to show our young people they are not alone, they have the tools within themselves to succeed and a faith to lean on.

The centre we used for our retreat was a beautiful place called Woodcroft Christian Centre, nestled in a tiny village just outside of Chepstow with everything led and delivered by staff of the five schools.

Unfortunately, the weather was very unkind to us affecting our plans. However, we eventually found Clearwell Caves, who offered us the chance to go caving, over 100ft below the surface of the Forest of Dean in the old Iron Ore mines.

Fr Barnabas, who serves the Catholic parishes in the Forest of Dean, came and celebrated Mass with us on the Saturday evening. He spoke to us about "not seeing God as a policeman out to get us, but as a forgiving Father out to share his love. Continuously offering us forgiveness and not trying to catch us out

Whilst the weather did its best to dampen our spirits, it failed and we were all incredibly proud to see our young people coming together and flourishing.

A wonderful weekend.



## INTER-HOUSE CROSS COUNTRY COMPETITION

Congratulations to all pupils who participated in the inter house cross country event on Tuesday. In damp conditions, we were delighted that approximately **350 pupils** from years 7-11 took part to earn points for their house. The results are as follows:

		Year 7	Year 8	Year 9	Year 10	Year 11
<b>GIRLS</b>	1st	DESCARTES	DESCARTES	DESCARTES	BELL BURNELL	BELL BURNELL
	2nd	BELL BURNELL	BELL BURNELL	PASTEUR	DESCARTES	DESCARTES
	3rd	SEACOLE	PASTEUR	BELL BURNELL		
	4th	PASTEUR	SEACOLE			
<b>BOYS</b>	1st	DESCARTES	DESCARTES		BELL BURNELL	PASTEUR
	2nd	BELL BURNELL	BELL BURNELL		DESCARTES	BELL BURNELL
	3rd	PASTEUR	PASTEUR			DESCARTES
	4th	SEACOLE	SEACOLE			

### FOUR HOUSE CUP TOTAL TEAM SCORES AFTER THE FIRST EVENT

	PASTEUR	DESCARTES	BELL BURNELL	SEACOLE
<b>Cross Country</b>	<b>48</b>	<b>72</b>	<b>67</b>	<b>48</b>

These totals will be added to other inter house events coming up over the forthcoming months.

The [inter-house Spelling Bee](#) commenced this week and we look forward to sharing with you the results in the next issue of our college newsletter.



## LION KING

On Wednesday 9th October 50 students went on a trip to Bristol Hippodrome to see **The Lion King** live on stage. It was a fantastic show, the costumes, set, lighting and puppets really brought the show to life! The music was contagious and was thoroughly enjoyed by everyone.

Well done to the students who earned their place on the trip due to their commitment to music and drama, we can't wait to see some of you up on stage soon!



### SCHOOL MEALS INCREASE

College meals will increase to £2.35 from the start of Term 2.

For up to date news please join St. Bede's on Twitter



**stb\_bristol**

### ADMISSIONS 2020

If you wish to apply for a Year 7 place for September 2020, the Supplementary Information Forms should arrive in College by **31st October 2019**.

Parents must also have submitted the Common Application Form to their Local Authority by 31st October 2019.

## ARETÉ SIXTH FORM OPEN EVENING

**We welcome prospective students and parents to our**

**Sixth Form Open Evening  
on**

**Thursday, 24th October**

**6.30pm—8.30pm**

*"A climate where students discover a thirst for knowledge and a passion for learning."*



**OPEN EVENING  
Thursday, 24th October 2019  
6.30pm—8.30pm**



## RUGBY AT ST. BEDE'S

The rugby at St Bede's has come thick and fast this term as we try and take advantage of the enthusiasm brought about by the mild weather and the action in Japan!

Our Year 8 boys have been in action 4 times with wins coming over Orchard, Oasis Academy Brightstowe and Redland Green School. Their sole loss coming against a talented Castle side who played with real style and showed our young and fairly raw side what 'excellent' looks like close up!

Our Year 10s have also been in action this year as they prepare for their NatWest Vase National competition. They overcame strong Redland Green and Oasis Brightstowe sides after losing their first game to a talented group from Bristol Free School. This week sees them take on Ashton Park in the first round of the NatWest Vase.

The Year 11 boys enjoyed an early run out as they attended a well run festival at Redland Green School. They played some great rugby and picked up a good win over Oasis Academy Brightstowe and lost out narrowly to Redland Green.

Finally, our Year 7 girls are off the mark already! Attending a World Cup celebration event and playing their first games of Touch Rugby for the school. They did fantastically well and finished 2<sup>nd</sup> out of 9 teams that attended. They were also lucky enough to meet Women's World Cup winner Amber Reed. Needless to say, their appetites are now suitably whetted for when we start full contact rugby later this year.



## REVISION GUIDES

We are now taking orders for Revision Guides and workbooks for the GCSE and A level science courses.

Collect a form from your science teachers. They will be able to advise you which are the best to buy. Please remember – the order forms are returned to the Finance Office. Last date for orders is **Tuesday 5th November** for delivery after half term.

There will be another opportunity to order these books at Easter 2020.

## BOXING SUCCESS

Congratulations to year 8 pupil **Anthony Shedov** who competed in a Boxing competition in Florida, USA in September.

Anthony, who has been boxing at Cobra Gym in Kingswood for 5 years, trains 6 days per week.

He said: *'It was a an amazing experience. I really enjoyed it especially when I won. I would like to become a professional boxer one day and travel all the world'.*



Thank you Anthony for allowing us to publish your photograph

## SAFEGUARDING SPOTLIGHT

### Staying safe on foot and bike

Look out for yourself and your friends when out on foot and bike. Choose the safest routes you can (which are often nicer anyway), like quieter, slower roads, with pavements if you're walking or cycle paths if you're going by bike.



It's easy to get distracted by your phone or by friends, but you need to be alert to traffic. Put your phone away and take your earphones out when crossing the road. Don't trust that drivers will spot you and be able to stop in time – many drivers go too fast and don't pay enough attention, so anything you can do to protect yourself is a good thing.

### Young people accepting lifts from others

#### Advice for Parents and Carers

✓ Talk to your son or daughter about the dangers of accepting lifts from others driving cars or motorbikes. Young drivers, young males in particular, are the highest risk group of drivers due to their age and inexperience: this means they are particularly likely to take risks and less able to cope with hazards.

✓ It's safest to avoid lifts altogether with young drivers, or at least don't get a lift with someone you don't trust completely to drive under speed limits, completely sober, and focused on the road.



✓ Agree with your son or daughter that you will always pick them up if they are stuck and need you to, even if it's late at night. Make sure they're always able to get hold of you if they need to, and tell them they can call you any time, day or night. It might be an inconvenience, but better safe than sorry. If you don't drive, give your son or daughter emergency numbers and tell them you have cash in the house to pay for it in case they get stranded without a lift and need to get home.

For further information: [www.brake.org.uk](http://www.brake.org.uk)

### An Important note about Seat Belts

The rule is, if the vehicle is fitted with seatbelts, it is the responsibility of the passengers to use them.

**Please remind your son or daughter to wear the belt and remain seated at all times when travelling to and from college.**



## CITY OF BRISTOL TRANSITION AND PROGRESSION EVENT

Are you leaving school in 2020 and would like more information regarding transition from school to college? Young people and their parents/carers are invited to the City of Bristol's transition event on Tuesday 12th November at the Ashley Down Centre & Tuesday 19th November at South Bristol Skills Academy (SBSA) 3pm – 7.30pm.

The event will have a focus on supporting students with learning difficulties, disabilities and/or additional learning support needs. For more information call 0117 312 5021 or email: [helen.allen@cityofbristol.ac.uk](mailto:helen.allen@cityofbristol.ac.uk) or [sally.nuttall@cityofbristol.ac.uk](mailto:sally.nuttall@cityofbristol.ac.uk)