

# St. Bede's Catholic College

Specialist Science and Sports College  
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Principal: Mr J. G. Maher, M.A.



Dear Parent/Guardian,

As you are aware, we will be departing for the bronze expedition on Thursday 6<sup>th</sup> June. Below are a few key details regarding the expedition.

#### Timings:

- We will be aiming to depart from St Bede's College around 8:45am Thursday morning, from the sports entrance car park.
- We will arrive back to the same entrance on Friday 7<sup>th</sup> June around 3pm. If there is any delay in our expected arrival time, I will ask students to send messages home.

#### Equipment:

- Students have been briefed on the necessary equipment that is needed. Ultimately, waterproofs, rucksack, walking boots and warm clothing for the evening is vital. Please encourage your son/daughter not to over pack!
- The weather is likely to be warm, so sun cream and a hat is vital.
- If walking boots are new, **please ensure they are worn in before the walk to avoid blisters.**
- For more information on equipment, there are lists on the DofE website. However, there is far more equipment that is necessary for a bronze expedition, so please do not try to find everything on the list!

#### Location:

- Our first bronze expedition will take place in the Cotswold region. Beginning just outside of Hawkesbury Upton and completing at North Nibley.
- The campsite for Thursday night will be Ashen Plains camp site, south of Dursley. The campsite has good facilities for the students.

#### Communication:

- Part of the DofE challenge is to build team work, resilience and problem-solving skills, so mobile phones are not permitted for use.
- Each group will be allowed to have access to 2 phones per group. These will be for emergency use only. All groups will be issued with emergency contact numbers that will be linked to staff on the expedition.
- Please contact the school directly in case of an urgent message.

#### Medical information:

- A brief medical form is attached to this letter. If there have been any changes to medical information since registering for the DofE, please could this be updated.
- If any students are taking medication which is self-administered, please ensure this is clearly mentioned on the form.
- Students have been informed of what to do in case of a medical emergency. There are staff members on expedition who are first aid trained.

#### Other information:

- Students do not need any money on them for the expedition.
- Please check the weather forecast on Wednesday evening when packing, as this will influence clothing choices.

As always, thank you for your support with the award. If you have any questions, please contact me at [n.sutton@stbcc.org](mailto:n.sutton@stbcc.org).

Kind regards,

N. Sutton

