

St. Bede's Catholic College

Specialist Science and Sports College
Long Cross, Lawrence Weston, Bristol, BS11 0SU

T: 0117 377 2200 E: contact@stbcc.org W: www.stbedesc.org

Principal: Mr J. G. Maher, M.A.



Wednesday 24th April

Dear Parent/Guardian,

As you are aware, we will be departing for the silver practice expedition On Friday 26th April. Below are a few key details regarding the expedition.

Timings:

- We will be aiming to depart from St Bede's College around 8:45am Friday morning, from the sports entrance car park.
- We will arrive back to the same entrance on Sunday 28th April around 2pm. If there is any delay in our expected arrival time, I will ask students to send messages home.

Equipment:

- Students have been briefed on the necessary equipment that is needed. Ultimately, waterproofs, rucksack, walking boots and warm clothing for the evening is vital. Please encourage your son/daughter not to over pack!
- If walking boots are new, please ensure they are worn in before the walk to avoid blisters.

Location:

- Both expeditions this year will take place in the Forest of Dean region. Beginning in woodland just north of Tintern, and ending at Tidenham Chase carpark, off the B4228.
- The campsite for Friday night will be Bracelands, near Symonds Yat.
- Saturday night we will be staying at Biblins youth campsite.

Communication:

- Garri (our DoE provider) and I will have mobile phones on us at all times. Students will be issued with these numbers in case of emergency.
- Please contact the school directly in case of an urgent message.
- For the assessed expedition, students will only be allowed a maximum of one phone per group, only to be used in an emergency. I can collect any phones in and keep them safe with staff valuables on the mini bus.

Medical information:

- A brief medical form is attached to this letter. If there have been any changes to medical information since registering for the DofE, please could this be updated.
- If any students are taking medication which is self-administered, please ensure this is clearly mentioned on the form.
- Students have been informed of what to do in case of a medical emergency. All staff on the expedition are outdoor first aid trained.



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Other information:

- Students do not need any money on them for the expedition.
- Please check the weather forecast on Thursday evening when packing, as this will influence clothing choices.
- If the forecast is warm and sunny, we would advise students to have at least one sunscreen per group.

As always, thank you for your support with the award. If you have any questions, please contact me at n.sutton@stbcc.org.

Kind regards,

N. Sutton

